# LATTICES AND CODES WITH LONG SHADOWS

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#### 1. Introduction

By a characteristic vector of an integral unimodular lattice  $L \subset \mathbf{R}^n$  we mean a vector  $w \in L$  such that  $(v, w) \equiv (v, v) \mod 2$  for all  $v \in L$ . Such vectors are known to constitute a coset of 2L in L whose norms are congruent to  $n \mod 8$  (see, e.g., [Se, Ch.V]); dividing this coset by 2 yields a translate of L called the shadow of L in [CS2]. If  $L = \mathbf{Z}^n$  then  $w \in L$  is characteristic if and only if all its coordinates are odd, so every characteristic vector of  $\mathbf{Z}^n$  has norm at least n. In [EI] we proved that if  $L \not\cong \mathbf{Z}^n$  then L has characteristic vectors of norm  $\leq n-8$ , and described without proof all lattices for which n-8 is the minimum. Here we prove this result; along the way, we also obtain congruences and a lower bound on the kissing number of unimodular lattices with minimal norm 2. We then state and prove analogues of these results for self-dual codes, and relate them directly to the lattice problems via Construction A.

### 2. Estimates for unimodular lattices

Any integral lattice L decomposes as the direct sum  $\mathbf{Z}^r \oplus L_0$  where the  $\mathbf{Z}^r$  is generated by the vectors of norm 1 and  $L_0$  is a lattice of minimal norm  $\geqslant 2$ . (This  $L_0$  is called the "reduced form" or "initial lattice" of L in [CS1, p.414], the latter terminology suggesting the infinite family of lattices  $L_0$ ,  $L_0 \oplus \mathbf{Z}$ ,  $L_0 \oplus \mathbf{Z}^2$ , etc., of which  $L_0$  is the initial member.) If L (and thus also  $L_0$ ) is unimodular then the shadow of L is the orthogonal sum of the shadows of  $\mathbf{Z}^r$  and  $L_0$ . Replacing L by  $L_0$  thus reduces both the rank of the lattice and the norm of its shortest characteristic vector by r, and does not change the difference between these two integers. We may thus restrict attention to lattices with no vectors of norm 1 for which that difference is 8, and at the end recover all such lattices by adding arbitrarily many  $\mathbf{Z}$ 's.

Received July 13, 1995.

Partially supported by the NSF and the Packard Foundation.

**Theorem 1.** Let L be an integral unimodular lattice in  $\mathbb{R}^n$  with no vectors of norm 1. Then:

- i) L has at least 2n(23-n) vectors of norm 2.
- ii) Equality holds if and only if L has no characteristic vectors of norm < n 8.
- iii) In that case the number of characteristic vectors of norm exactly n-8 is  $2^{n-11}n$ .

*Proof.* We use theta series as in [El], though here we freely invoke modular forms. For t in the upper half-plane H define

(1) 
$$\theta_L(t) := \sum_{v \in L} e^{\pi i |v|^2 t} = \sum_{k=0}^{\infty} N_k e^{\pi i kt},$$

where  $N_k$  is the number of lattice vectors of norm k, and

(2) 
$$\theta'_L(t) := \sum_{v \in L + \frac{w}{2}} e^{\pi i |v|^2 t} = \sum_{k=0}^{\infty} N'_k e^{\pi i k t/4},$$

where  $w \in L$  is any characteristic vector and  $N'_k$  is the number of characteristic vectors of norm k, or equivalently the number of shadow vectors of norm k/4. In [El] we noted the identity

(3) 
$$\theta_L(\frac{-1}{t} + 1) = (t/i)^{n/2}\theta_L'(t).$$

By a theorem of Hecke (see, e.g., [CS1, Ch.7, Thm.7]),  $\theta_L$  is a modular form of weight n/2 and can be written as a weighted-homogeneous polynomial  $P_L(\theta_{\mathbf{Z}}, \theta_{E_s})$  in the modular forms

(4) 
$$\theta_{\mathbf{Z}}(t) := 1 + 2\left(e^{\pi i t} + e^{4\pi i t} + e^{9\pi i t} + \cdots\right)$$

of weight 1/2 and

(5) 
$$\theta_{E_8}(t) = 1 + 240 \sum_{m=1}^{\infty} \frac{m^3 e^{2\pi i m t}}{1 - e^{2\pi i m t}} = 1 + 240 e^{2\pi i t} + 2160 e^{4\pi i t} + \cdots$$

of weight 4. From (3) it follows that  $\theta'_L$  is given by

(6) 
$$\theta_L' = P_L(\theta_{\mathbf{Z}}', \theta_{E_8}),$$

where

$$\theta_{\mathbf{Z}}'(t) = 2\sum_{m=0}^{\infty} e^{\pi i (m + \frac{1}{2})^2 t} = 2e^{\pi i t/4} \left( 1 + e^{2\pi i t} + e^{6\pi i t} + e^{12\pi i t} + \cdots \right) .$$

We used the fact that  $\theta'_{E_8} = \theta_{E_8}$ , because  $E_8$  is an even lattice. Since  $\theta'_{\mathbf{Z}}(t) \sim 2e^{\pi it/4}$  as  $t \to i\infty$ , while  $E_4(i\infty) = 1$  is nonzero, we see from (6) that the norm of the shortest characteristic vectors is simply the exponent of X in the factorization of  $P_L(X,Y)$ .

In our setting  $N_0 = 1$  and  $N_1 = 0$ . We first prove part (ii) of our theorem. If L has no characteristic vectors of norm < n-8 then  $P_L(X,Y)$  is a linear combination of  $X^n$  and  $X^{n-8}Y$ . The known values of  $N_0, N_1$  determine this combination uniquely: we find that

(8) 
$$\theta_L = \theta_{\mathbf{Z}}^n - \frac{n}{8} \theta_{\mathbf{Z}}^{n-8} \left( \theta_{\mathbf{Z}}^8 - \theta_{E_8} \right) = 1 + 0 e^{\pi i t} + 2n(23 - n)e^{2\pi i t} + \cdots$$

Thus L indeed has 2n(23-n) vectors of norm 2. Conversely if L is an integral unimodular lattice with  $N_1=0$  and  $N_2 \leq 2n(23-n)$  then n<24 and  $P_L$  has at most 3 terms, whose coefficients are determined uniquely by  $N_0, N_1, N_2$ :

(9)

$$\theta_L = \theta_{\mathbf{Z}}^n - \frac{n}{8} \theta_{\mathbf{Z}}^{n-8} \left( \theta_{\mathbf{Z}}^8 - \theta_{E_8} \right) + \frac{N_2 - (2n(23-n))}{16^2} \theta_{\mathbf{Z}}^{n-16} \left( \theta_{\mathbf{Z}}^8 - \theta_{E_8} \right)^2.$$

But then by (6) we have

(10) 
$$N'_{n-16} = 2^{n-24} [N_2 - (2n(23-n))].$$

Since  $N_{n-16} \ge 0$  we conclude that  $N_2 \ge 2n(23-n)$  even for n < 24, as claimed in part (i) of the theorem; and equality occurs if and only if  $N'_{n-16}$  vanishes, whence the reverse implication in part (ii) follows. Finally to prove part (iii) we use (6.8) to compute

(11) 
$$\theta_L' = \theta_{\mathbf{Z}}^{\prime n} - \frac{n}{8} \theta_{\mathbf{Z}}^{\prime n-8} \left( \theta_{\mathbf{Z}}^{\prime 8} - \theta_{E_8} \right) = 2^{n-11} n \, e^{(n-8)\pi i t} + \cdots,$$

so 
$$N'_{n-8} = 2^{n-11}n$$
 as claimed.  $\square$ 

Fortunately the integral unimodular lattices of rank n < 24 are completely known, and those with  $N_1 = 0$  are conveniently listed with their  $N_2$  values in the table of [CS1, pp. 416–7]. For n < 16 the shortest characteristic vector must have norm at least n-8, so any unimodular lattice of minimal norm > 1 must have 2n(23-n) vectors of norm 2; this is confirmed by the table. When  $16 \le n \le 23$  some lattices can have more than 2n(23-n) such vectors, but it turns out there is always at least one lattice with  $N_2 = 2n(23-n)$ . (Can this be proved a priori?) Thus, as

<sup>&</sup>lt;sup>1</sup>We could now recover our theorem from [El] by observing that this exponent is at most n, with equality if and only if  $\theta_L$  is proportional to  $\theta_{\mathbf{Z}}^n$ , etc.; but this is really the same proof because the crucial fact that  $\theta_{\mathbf{Z}}$  vanishes at one cusp and nowhere else is also an essential ingredient of Hecke's theorem.

observed by J. H. Conway, the lattices of parts (ii), (iii) of our theorem are precisely the integral unimodular lattices of rank n < 24 with  $N_1 = 0$  that minimize  $N_2$  given n. As noted in [El], there are fourteen such lattices; in the following list, adapted from [El], we label them as in the table of [CS1] by the root system of norm-2 vectors:

	n	8	12	14	15	16	17	
	$N_2$	240	264	252	240	224	204	
		$E_8$	$D_{12}$	$E_{7}^{2}$	$A_{15}$	$D_{8}^{2}$	$A_{11}E_6$	
n	ĺ	18	19		20	21	22	23
$N_2$		180	152		120	84	44	0
	$D_{i}$	$^{3}_{6}, A^{2}_{9}$	$A_7^2D$	$_5$ $D$	$O_4^5, A_5^4$	$A_3^7$	$A_1^{22}$	$O_{23}$

We noted in [El] that from our characterization of  $\mathbf{Z}^n$  we could also recover the fact that  $\mathbf{Z}^n$  is the only integral unimodular lattice of rank n for n < 8. Likewise from part (iii) of Theorem 1 we can recover the fact that every integral unimodular lattice of rank n < 12 is either  $\mathbf{Z}^n$  or  $\mathbf{Z}^{n-8} \oplus E_8$ . Indeed there would otherwise be such a lattice of rank 9, 10, or 11 with no vector of norm 1, but then by (iii) the lattice would have  $N'_{n-8} = 2^{n-11}n$ , which is impossible because  $N'_{n-8}$  is an even integer for any lattice of rank  $n \neq 8$ .

Having obtained (10), we used  $N'_{n-16} \geq 0$  to prove  $N_2 \geqslant 2n(23-n)$ . Since  $N'_{n-16}$  is always an even integer unless n=16 and  $\mathbf{0}$  is a characteristic vector ( $\iff L$  is its own shadow  $\iff L$  is an even lattice), it follows that in fact

(12) 
$$N_2 \equiv 2n(23 - n) \bmod 2^{25 - n}$$

for any even unimodular lattice with no vectors of norm 1, with the exception of the two even lattices  $E_8^2$ ,  $D_{16}^+$  of rank 16, which have  $N_2=480$ . (This is similar to the argument used in [CS1, Ch.19, p.440] to prove that there are no "extremal Type I lattices" with  $16 \le n \le 22$ , a fact which now also follows from part (i) of our Theorem.) The congruence (12) is confirmed by the table of [CS1], which also reveals that  $N_2 - 2n(23 - n)$  is always a multiple of  $2^4$  even for n=22 and n=23; a "conceptual" (but far from easy) proof of this is found in [Bo, Thm. 4.4.2(3)]. Note that even though we have only proved (12) for n<24, it in fact holds for all n, since  $N_2$  is always an even integer.

### 3. Estimates for self-dual binary codes

We recall some basic facts about binary linear codes; see for instance [CS1, Ch.3, §2.2]. Let  $F = \mathbf{Z}/2\mathbf{Z}$  be the two-element field. We work in the

vector space  $F^n$ , whose elements we regard as "words" of length n whose "letters" are taken from the "alphabet" F. The (Hamming) "weight"  $\operatorname{wt}(w)$  of a word  $w=(w_1,w_2,\ldots,w_n)\in F^n$  is  $\#\{j:w_j=1\}$  of nonzero coordinates of w. A "binary linear code" of length n is a subspace  $C\subset F^n$ . A binary self-dual code is a linear code which is its own annihilator under the nondegenerate pairing  $(\cdot,\cdot):C\times C\to F$ , defined by  $(v,w)=\sum_{j=1}^n v_jw_j$ . Such a code must have dimension n/2, and thus can only exist if n is even, which we henceforth assume. Note that under our pairing we have

$$(13) (w,w) = (w,1^n) \equiv \operatorname{wt}(w) \bmod 2$$

for all  $w \in F^n$ , where  $1^n$  is the all-ones vector in  $F^n$ . Thus if C is a self-dual code then  $C \ni 1^n$  and all the words in C have even weight.

The "weight enumerator"  $W_C$  of C is a generating function for the weight distribution of C:

(14) 
$$W_C(x,y) := \sum_{c \in C} x^{n-\operatorname{wt}(c)} y^{\operatorname{wt}(c)}.$$

For a binary self-dual code, a theorem of Gleason (Thm.6 of [CS1, Ch.7]), analogous to Hecke's theorem for theta series of lattices, states that  $W_C$  is a weighted-homogeneous polynomial  $P_W(x^2+y^2,x^8+14x^4y^4+y^8)$  in the weight enumerators of the double repetition code  $\mathbf{z} := \{(0,0),(1,1)\} \subset F^2$  and the extended Hamming code in  $F^8$  respectively.

Analogous to the homomorphism  $v \mapsto |v|^2 \mod 2$  from an integral lattice to  $\mathbb{Z}/2$ , we have for any self-dual code  $C \subset F^n$  a linear map from C to F taking any  $c \in C$  to  $\frac{1}{2}$  wt(c) mod 2. We can use the pairing on  $F^n$  to represent any linear functional on a self-dual code by a unique coset of the code; thus we find a coset C' of C consisting of all  $c' \in F^n$  such that

(15) 
$$\frac{1}{2}\operatorname{wt}(c) \equiv (c, c') \bmod 2$$

for all  $c \in C$ . As in [CS2] we call C' the shadow of C, in analogy with the shadow of an integral unimodular lattice. Let

(16) 
$$W_C'(x,y) := \sum_{c \in C'} x^{n-\operatorname{wt}(c)} y^{\operatorname{wt}(c)}$$

be the generating function for the weight distribution of C'. Using discrete Poisson inversion as in the proof of the MacWilliams identity, and the

characterization (15) of C', we find as in [CS2] that

(17) 
$$W'_{C}(x,y) = 2^{-n/2} \sum_{c \in C} (-1)^{\operatorname{wt}(c)/2} (x+y)^{n-\operatorname{wt}(c)} (x-y)^{\operatorname{wt}(c)}$$
$$= 2^{-n/2} W_{C}(x+y, i(x-y)).$$

Thus from  $W_C(x,y) = P_W(x^2 + y^2, x^8 + 14x^4y^4 + y^8)$  we obtain

(18) 
$$W'_C(x,y) = P_W(2xy, x^8 + 14x^4y^4 + y^8).$$

Note that all the words in the shadow thus have weight congruent to n/2 mod 4. We could have also obtained this directly from the MacWilliams identity

(19) 
$$W_C(x,y) = 2^{-n/2}W_C(x+y,x-y)$$

(which also underlies Gleason's theorem); this would more closely parallel the analytic proof of  $|w|^2 \equiv n \mod 8$  in [El].

If  $c \in C$  has weight 2 then every codeword either contains or is disjoint from c. Thus C decomposes as a direct sum of a double repetition code  $\mathbf{z}$  generated by c and the self-dual code of length n-2 consisting of codewords disjoint from c. Iterating this we decompose C as  $C_0 \oplus \mathbf{z}^r$ , where r is the number of weight-2 words in C, and  $C_0$  is a self-dual code of length n-2r with no words of weight 2. Now for any self-dual codes  $C_1, C_2$ , their direct sum  $C_1 \oplus C_2$  has shadow

$$(C_1 \oplus C_2)' = C_1' \oplus C_2'.$$

Since the shadow of  $\mathbf{z}$  is  $\{(0,1),(1,0)\}$ , it follows that the shadow of  $\mathbf{z}^r$  consists entirely of words of weight r, and if  $C = C_0 \oplus \mathbf{z}^r$  then the minimal weight of  $C'_0$  is r less than that of C'.

Since C' contains  $w+1^n$  whenever it contains w, it is clear that the minimal weight of C' cannot exceed the value n/2 attained by  $\mathbf{z}^{n/2}$ . This is much easier than proving the corresponding fact for characteristic vectors of unimodular lattices, but it does not show that  $\mathbf{z}^{n/2}$  is the only self-dual code whose shadow has minimal weight n/2. We prove this, as we did for lattices, by noting that such a code C must have  $W'_C(x,y)=(2xy)^{n/2}$ , whence  $W_C(x,y)=(x^2+y^2)^{n/2}$ . Since C contains n/2 words of weight 2, then, it can only be  $\mathbf{z}^{n/2}$ .

We have shown that the shadow of a binary self-dual code C other than  $\mathbf{z}^{n/2}$  contains some words of weight < n/2. Thus C' has minimal weight at most (n-8)/2. We next characterize all C attaining this bound. If  $C = C_0 \oplus \mathbf{z}^r$  then C attains the bound if and only if  $C_0$  does, so we need only consider codes without weight-2 words.

**Theorem 1A.** Let C be a binary self-dual code of length n with no codewords of weight 2. Then:

- i) C has at least n(22-n)/8 codewords of weight 4.
- ii) Equality holds if and only if the shadow of C contains no codewords of weight < (n-8)/2.
- iii) In that case the number of codewords of weight exactly (n-8)/2 in the shadow is  $2^{(n-14)/2}n$ .

*Proof.* We can mimic the proof of Theorem 1. If the minimal weight of C' is at least (n-8)/2 then  $W'_C$  is a linear combination of  $(xy)^{n/2}$  and  $(xy)^{(n-8)/2}(x^8+14x^4y^4+y^8)$ , and thus  $W_C(x,y)$  is a linear combination of  $(x^2+y^2)^{n/2}$  and  $(x^2+y^2)^{(n-8)/2}(x^8+14x^4y^4+y^8)$ . The condition that C have no weight-2 codewords then forces

$$W_C(x,y) = (x^2 + y^2)^{n/2} - \frac{n}{8} (x^2 + y^2)^{(n-8)/2} \left( (x^2 + y^2)^4 - (x^8 + 14x^4y^4 + y^8) \right)$$

$$= x^n + 0 x^{n-2} y^2 + \frac{n(22 - n)}{8} x^{n-4} y^4 + \cdots$$
(21)

and

$$W_C(x,y) = (2xy)^{n/2} - \frac{n}{8}(2xy)^{(n-8)/2} \left[ (2xy)^4 - (x^8 + 14x^4y^4 + y^8) \right]$$

$$= 2^{(n-14)/2} (xy)^{(n-8)/2} \left[ nx^8 + (128 - 2n)x^4y^4 + ny^8 \right].$$

If n < 24 and C is any binary self-dual code of length n containing no words of weight 2 and n(22 - n)/8 + d words of weight 4 then its weight enumerator exceeds (21) by

(23) 
$$\frac{d}{16}(x^2+y^2)^{(n-16)/2} \left[ x^8 + 14x^4y^4 + y^8 - (x^2+y^2)^4 \right]^2,$$

so the weight enumerator of the shadow C' exceeds (22) by

(24) 
$$\frac{d}{16}(2xy)^{(n-16)/2}(x^8 - 2x^4y^4 + y^8)^2.$$

Thus C' contains  $2^{(n-24)/2}d$  words of weight (n-16)/2, from which we find that d is a nonnegative multiple of  $2^{(24-n)/2}$ .

Alternatively we could deduce Theorem 1A from Theorem 1 via Construction A [CS1, Ch.7, §2]. Recall that this construction associates to a self-dual code  $C \subset F^n$  the unimodular integral lattice

(25) 
$$L_C := \{2^{-1/2}v \mid v \in \mathbf{Z}^n, v \bmod 2 \in C\}.$$

The theta series of this lattice is given by

(26) 
$$\theta_L(t) = W_C(\theta_{\mathbf{Z}}(2t), \theta_{\mathbf{Z}}'(2t)).$$

In particular,  $L_C$  has no vectors of norm 1 if and only if C has no codewords of weight 2 (NB  $L_z \cong \mathbb{Z}^2$ ), and the  $N_2(L_C) - 2n$  is  $2^4$  times the number of weight-4 codewords in C. Moreover the set of characteristic vectors of  $L_C$  is

(27) 
$$\{2^{1/2}v \mid v \in \mathbf{Z}^n, v \bmod 2 \in C'\}$$

(in effect the shadow of  $L_C$  is obtained by applying Construction A to the shadow of C), so the norm of the shortest characteristic vectors is half the minimal weight of C'. Thus applying Theorem 1 to  $L_C$  yields Theorem 1A immediately.  $\square$ 

The codes C of parts (ii), (iii) of Theorem 1A are precisely those for which  $L_C$  is one of the 14 lattices listed in connection with Theorem 1. Of course, not every such lattice arises, because n must be even. Moreover, the root system can only involve  $A_1$ ,  $D_{2m}$ ,  $E_7$  and  $E_8$  if the lattice arises from construction A. This leaves only the seven lattices with root systems  $E_8$ ,  $D_{12}$ ,  $E_7^2$ ,  $D_8^2$ ,  $D_6^3$ ,  $D_4^5$ ,  $A_1^{22}$  of rank 8, 12, 14, 16, 18, 20, 22 respectively. It turns out that each of those lattices arises as  $L_C$  for a unique code C [Pl, PS]. For instance, the first of these arises from the extended Hamming code, and the last from what might be called the shorter binary Golay code; these are the shortest self-dual binary codes having minimal weight 4 and 6 respectively. Again it so happens that whenever there is a self-dual code of length n < 24 with minimal weight at least 4, there is such a code (this time unique) with only n(22-n)/8 words of weight 4, so Conway's description of our fourteen lattices also applies mutatis mutandis to our seven codes.

## 4. Can we go past n-8?

Our results suggest the following questions:

For any k > 0, is there  $N_k$  such that every integral unimodular lattice all of whose characteristic vectors have norm  $\geq n-8k$  is of the form  $L_0 \oplus \mathbf{Z}^r$  for some lattice  $L_0$  of rank at most  $N_k$ ?

For any k > 0, is there  $n_k$  such that every binary self-dual code of whose shadow has minimal norm  $\geq (n - 8k)/2$  is of the form  $C_0 \oplus \mathbf{z}^r$  for some code  $C_0$  of length at most  $n_k$ ?

Of course, a positive answer for lattices would imply one for codes, and vice versa for a negative answer, via Construction A, with  $n_k \leq N_k$  in the former case. Even k=2 seems difficult.

# Acknowledgement

Thanks to John H. Conway for helpful correspondence.

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