# On the boundaries of highly connected, almost closed manifolds 

by

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## 1. Introduction

For each integer $m \geqslant 5$, the Kervaire-Milnor [50] group of homotopy spheres $\Theta_{m}$ is the group under connected sum of $h$-cobordism classes of closed, smooth, oriented manifolds $\Sigma$ that are homotopy equivalent to the $m$-sphere $S^{m}$. The Kervaire-Milnor exact sequence

$$
0 \longrightarrow \mathrm{bP}_{m+1} \longrightarrow \Theta_{m} \longrightarrow \operatorname{coker}(J)_{m}
$$

expresses $\Theta_{m}$ in terms of the finite cyclic group $\mathrm{bP}_{m+1}$ and the mysterious, but amenable to methods of homotopy theory, finite group $\operatorname{coker}(J)_{m}$. The subgroup $\mathrm{bP}_{m+1} \subset \Theta_{m}$ consists of all homotopy spheres that are the boundaries of parallelizable ( $m+1$ )-manifolds. When $m$ is even, $\mathrm{bP}_{m+1}$ is trivial [50, Theorem 5.1].

A not-necessarily parallelizable, compact, oriented, smooth manifold $M$ is said to be almost closed if its boundary $\partial M$ is a homotopy sphere. The main theorem of our work is as follows.

Theorem 1.1. Let $k>232$ and $0 \leqslant d \leqslant 3$ be integers. Suppose that $M$ is a $(k-1)$ connected, almost closed $(2 k+d)$-manifold. Then, the boundary $\partial M \in \Theta_{2 k+d-1}$ has trivial image

$$
0=[\partial M] \in \operatorname{coker}(J)_{2 k+d-1}
$$

In particular, $\partial M$ bounds a parallelizable manifold.
Remark 1.2. The bounds $k>232$ and $d \leqslant 3$ can likely be improved (cf. $\S 7.1$ and Remark 8.9). However, there are examples (due to Frank [33, Example 1] and Stolz [90, Satz 12.1], respectively) of

- a 3-connected, almost closed 9-manifold with boundary non-trivial in coker $(J)_{8}$,
- a 7 -connected, almost closed 17 -manifold with boundary non-trivial in $\operatorname{coker}(J)_{16}$.

By Theorem 1.1, these examples exhibit fundamentally low-dimensional phenomena.
Remark 1.3. Many special cases of Theorem 1.1 were known antecedent to this work. Theorem B of [90] summarizes the prior state of the art, and our work can be viewed as the completion of a program by Stolz to answer questions raised by Wall in [93], [94]. Our theorem is new when $d=0$ and $k \equiv 0 \bmod 4$, when $d=1$ and $k \equiv 1 \bmod 8$, when $d=2$ and $k \equiv 3 \bmod 4$, and when $d=3$ and $k \equiv 0 \bmod 4$.

Theorem 1.1 is most interesting in the case $d=0$, where it was previously unknown for $k \equiv 0 \bmod 4$. Work of Stolz [90, Lemma 12.5] reduces this case of our main theorem to the following result.

Theorem 1.4. (Conjecture of Galatius and Randal-Williams) Let $\mathrm{MO}\langle 4 n\rangle$ denote the Thom spectrum of the canonical map

$$
\tau_{\geqslant 4 n} \mathrm{BO} \longrightarrow \mathrm{BO}
$$

where $\tau_{\geqslant 4 n}$ BO denotes the (4n-1)-connected cover of BO. For all $n>31$, the unit map

$$
\pi_{8 n-1} \mathbb{S} \longrightarrow \pi_{8 n-1} \mathrm{MO}\langle 4 n\rangle
$$

is surjective, with kernel exactly the image of the J-homomorphism

$$
\pi_{8 n-1} \mathrm{O} \longrightarrow \pi_{8 n-1} \mathbb{S}
$$

We label Theorem 1.4 a conjecture of Galatius and Randal-Williams since it is, when $n>31$, equivalent to Conjectures A and B of their work [35]. Theorem 1.4 allows us to improve the bound $k>232$ in the $d=0$ case of Theorem 1.1. For details, see Theorem 8.6.

Remark 1.5. Much of Theorem 1.4 is classical: the surjectivity statement follows from surgery as in [50, Theorem 6.6], while the Pontryagin-Thom correspondence guarantees that the image of the $J$-homomorphism is contained in the kernel of the unit map $\pi_{8 n-1} \mathbb{S} \rightarrow \pi_{8 n-1} \mathrm{MO}\langle 4 n\rangle$. The difficult point is to prove that the kernel of this unit map contains only the image of $J$.

A priori, there could be additional elements in this kernel, and the concern has a geometric interpretation. Let $\Sigma_{Q} \in \Theta_{8 n-1}$ denote the boundary of the manifold obtained by plumbing together two copies of the $4 n$-dimensional linear disk bundle over $S^{4 n}$ that generates the image of $\pi_{4 n} \mathrm{BSO}(4 n-1)$ in $\pi_{4 n} \mathrm{BSO}(4 n)$. Theorem 1.4 is equivalent to the claim that, for $n>31$, the class [ $\left.\Sigma_{Q}\right] \in \operatorname{coker}(J)_{8 n-1}$ is trivial [90, Lemma 10.3].

Our proof of Theorem 1.4 follows a general strategy due to Stolz [90], which he applied to prove some cases of Theorem 1.1. For each prime number $p$ we compute a lower bound on the $\mathrm{HF}_{p}$-Adams filtrations of classes in the kernel of the unit map

$$
\pi_{8 n-1} \mathbb{S} \longrightarrow \pi_{8 n-1} \mathrm{MO}\langle 4 n\rangle
$$

Our lower bound is given in Theorem 10.8, and it is one of the main technical achievements of this paper. It is approximately double the bound obtained by Stolz in [90, Satz 12.7], and we devote $\S \S 4-6$ and $\S \S 9-10$ to its proof.

Remark 1.6. A key portion of the argument for Theorem 10.8 takes place in Pstrągowski's category of synthetic spectra [77] (cf. [37] for an alternative construction of BP-synthetic spectra). Other users of this category may be interested in our omnibus Theorem 9.19, which relates Adams spectral sequences to synthetic homotopy groups.

Let us comment briefly on how synthetic technology allows us to prove stronger results than we could otherwise. Many of our results, such as Theorem 10.8 and Proposition 13.11, can be stated without reference to synthetic language. While it should in principle be possible to prove such statements without synthetic technology, in practice we suspect such proofs would be technically demanding, difficult to verify, and vastly expand the length of the paper.

The most delicate point in the paper is Construction 10.6, which bounds the Adams filtration of the class $w$ constructed in Lemma 6.9. To make this construction requires a simultaneous solution to two difficulties. The first is that we must choose a certain nullhomotopy to be of sufficiently high Adams filtration. In the synthetic category it is both simple and natural to maintain control over the Adams filtration of a homotopy. The second is that we must reason about how $\mathbb{E}_{\infty}$ ring structures interact with Adams filtration, which we cleanly accomplish using the symmetric monoidal structure on Pstrągowski's category. The authors found it challenging to rigorously address both of these points, and their interaction, without the synthetic category.

To make effective use of Theorem 10.8, and also to prove the remaining cases of Theorem 1.1, we need to explicitly understand all elements of $\pi_{*}\left(\mathbb{S}_{p}^{\wedge}\right)$ of large $\mathrm{HF}_{p}$-Adams filtration. This is a problem of significant independent interest in pure homotopy theory, so we summarize our new results as Theorems 1.7 and 1.9 below. For the definition of the $\mu$-family, see [2], and note that we write $\mathbb{S}_{p}^{\wedge}$ to denote the $p$-completion of the sphere spectrum.

Theorem 1.7. (Burklund, proved as Theorem B.7) For each prime number $p>2$ and each integer $k>0$, let $\Gamma_{p}(k)$ denote the largest Adams filtration attained by a class in $\pi_{k} \mathbb{S}_{p}^{\wedge}$ that is not in the image of $J$. Similarly, let $\Gamma_{2}(k)$ denote the largest Adams filtration attained by a class in $\pi_{k} \mathbb{S}_{2}^{\wedge}$ that is not in the subgroup generated by the image of $J$ and the $\mu$-family.
(1) For any prime $p$,

$$
\Gamma_{p}(k) \leqslant \frac{(2 p-1) k}{(2 p-2)\left(2 p^{2}-2\right)}+o(k)
$$

where $o(k)$ denotes a sublinear error term.
(2) If $k>0$ is any integer, then

$$
\Gamma_{3}(k) \leqslant \frac{25}{184} k+20+\ell(k)
$$

where

$$
\ell(k)= \begin{cases}0, & \text { if } k+2 \equiv 1,2,3 \bmod 4, \\ 3 \text {-adic valuation of } k+2, & \text { if } k+2 \equiv 0 \bmod 4\end{cases}
$$

This theorem is due solely to the first author, and is proved in Appendix B at the end of the work. Part (2) of Burklund's theorem, at the prime $p=3$, is essential to our proof of Theorem 1.4. $\S 11$ and $\S 12$ of the main paper develop the tools necessary to deduce part (2) of the theorem from a more precise version of part (1). Experts in Adams spectral sequences will want to examine the introduction to Appendix B for additional and more precise results, including a solution to a question of Mathew about vanishing curves in $\mathrm{BP}\langle n\rangle$-based Adams spectral sequences.

Remark 1.8. Previous upper bounds for $\Gamma_{p}(k)$ were proved by Davis and Mahowald when $p=2$ [29], and by González [41] for $p>3$. We make much use of their bounds in this paper, which complement our own. In particular, while Burklund proves better asymptotic behavior of $\Gamma_{p}(k)$ than implied by any previous work, the explicit constants of Davis, Mahowald and González are more useful for our geometric applications. At $p=3$, the best prior known bound for $\Gamma_{3}(k)$ is due to Andrews [5], who in his thesis computed the entire 3 -primary Adams spectral sequence above a line of slope $\frac{1}{5}$. Part (2) of Burklund's theorem contains stronger information about the 3 -primary $\mathrm{E}_{\infty}$-page, at the cost of having nothing to say about earlier pages.

Our other major result, Theorem 1.9 below, applies only to 8 -torsion classes in $\pi_{*}(\mathbb{S})$. When it applies, it is stronger than Theorem 1.7.

Theorem 1.9. (Proved as Theorem 15.1 in the main text) Let $C(8)$ denote the mod-8 Moore spectrum, and let $F^{s} \pi_{k}(C(8)) \subseteq \pi_{k}(C(8))$ denote the subgroup of elements of $\mathrm{HF}_{2}$-Adams filtration at least s. Then, for $k \geqslant 126$, the image of the Bockstein map

$$
F^{k / 5+15} \pi_{k}(C(8)) \longrightarrow \pi_{k-1}(\mathbb{S})
$$

is contained in the subgroup of $\pi_{k-1}(\mathbb{S})$ generated by the image of $J$ and the $\mu$-family.
We devote $\S \S 13-15$ to the proof of Theorem 1.9.
Remark 1.10. At key points in the arguments for [90, Theorems B and D], Stolz applies an analog, for the mod-2 Moore spectrum, of our Theorem 1.9. This analog is due to Mahowald. While Mahowald announced the result in [64], and it is also claimed in [65] and [29, p. 41], to the best of our knowledge no proof has appeared in print. In §15 we prove a version of Mahowald's result in order to close this gap in the literature. We then study in turn the mod-4 and mod-8 Moore spectra in order to prove Theorem 1.9, the full strength of which is necessary to conclude Theorem 1.1.

These Moore spectra results are closely related to Mahowald and Miller's proofs [72], [66] of the height 1 telescope conjecture, and we record a quick proof of the height 1 telescope conjecture at $p=2$ as Corollary 14.26.

Before launching into our arguments, we use $\S \S 2-3$ to give four applications of the above theorems. We briefly describe these applications below.
(1) For $n>31$, a classification of smooth, $(4 n-1)$-connected, closed $8 n$-manifolds, up to diffeomorphism. This completes, away from finitely many exceptional dimensions, the classification of ( $n-1$ )-connected $2 n$-manifolds sought after in Wall's 1962 paper [93].
(2) In dimensions larger than 247, a classification of all Stein fillable homotopy spheres. Away from finitely many exceptional dimensions, this answers a question raised by Eliashberg [32, §3.8] and proves a conjecture of Bowden, Crowley, and Stipsicz [18, Conjecture 5.9].
(3) For $\ell>31$ and $g \geqslant 1$, a computation of the mapping class group of the manifold

$$
\sharp^{g}\left(S^{4 \ell-1} \times S^{4 \ell-1}\right) .
$$

The computation follows from inputting our result into theorems of Kreck and Krannich [55], [52]. With additional input, due to Galatius-Randal-Williams and KrannichReinhold [35], [53], we make further comments about the classifying space

$$
\operatorname{BDiff}^{+}\left(\not \sharp^{g}\left(S^{4 \ell-1} \times S^{4 \ell-1}\right)\right) .
$$

(4) The best known upper bounds for the exponents of the stable stems $\pi_{*}\left(\mathbb{S}_{(p)}\right)$.

### 1.1. An outline of the paper

The proofs of our main theorems begin in $\S 4$. We outline our strategy below.
$\S \S 4-6$. For $n \geqslant 3$ an integer, we begin our analysis of $\pi_{8 n-1}(\mathrm{MO}\langle 4 n\rangle)$. Our main tool in these sections is the relative bar construction

$$
\mathrm{MO}\langle 4 n\rangle \simeq \mathbb{S} \otimes_{\Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle} \mathbb{S} .
$$

The bar construction allows us to reduce our study of the Thom spectrum $\mathrm{MO}\langle 4 n\rangle$ to a study of the suspension spectrum $\Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle$. In $\S 4$, we study $\Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle$ by means of the Goodwillie tower of the identity in augmented $\mathbb{E}_{\infty}$-algebras. The idea of applying the Goodwillie calculus is due to Tyler Lawson, and it neatly resolves the 'Problem' that Stolz identifies in [90, p. XIII]. In $\S 5$ we describe a variant of the bar construction that is equivalent in the metastable range. Finally, in $\S 6$, we reduce the calculation of the unit map $\pi_{8 n-1} \mathbb{S} \rightarrow \pi_{8 n-1}(\mathrm{MO}\langle 4 n\rangle)$ to the calculation of a certain Toda bracket $w$. We postpone further analysis of this Toda bracket to $\S 10$.
$\S \S 7-8$. We prove Theorems 1.1 and 1.4 in these two sections, using three results from later in the paper as black boxes. In $\S 7$, we prove Theorem 1.4 using Theorems 1.7
and 10.8. Theorem 10.8 is the main result of $\S 10$, and it consists of a lower bound on the $\mathrm{HF}_{p}$-Adams filtrations of the Toda bracket $w$. In $\S 8$, we give the proof of Theorem 1.1 assuming Theorem 1.9, as well as some results from Stolz's book [90]. The arguments in both $\S 7$ and $\S 8$ are straightforward analogs of arguments from Stolz's book, and we are able to go farther than Stolz only because our three black box theorems are stronger than the results he references.
$\S \S 9-10$. In these sections we undertake an analysis of the Toda bracket $w$. The definition of $w$ critically hinges on the following fact: given an element $x \in \pi_{4 n-1} \mathbb{S}$, there is a canonical nullhomotopy of $2 x^{2}$ (since $\mathbb{S}$ is $\mathbb{E}_{\infty}$ there is a canonical witness to the Koszul sign rule, or a homotopy between $x^{2}$ and $-x^{2}$, or a nullhomotopy of $2 x^{2}$ ). The interaction of this nullhomotopy with Adams spectral sequences has some history, going back to work of Kahn, Milgram, Mäkinen, and Bruner [22, Chapter VI] on $\cup_{1}$ operations in the Adams spectral sequence. We do not know how to apply Bruner's work directly to our (somewhat more complicated) situation, but it is morally related. Instead of relying on results of Bruner, we analyze the situation from scratch: here enters for the first time a major tool in our work, the recently developed category of synthetic spectra.

Synthetic spectra were developed by Piotr Pstrągowski in [77]. They constitute a homotopy theory, or symmetric monoidal stable $\infty$-category, of formal Adams spectral sequences. Lax symmetric monoidal functors $\nu$ and $\tau^{-1}$ to and from the $\infty$-category Sp of spectra allow for a particularly clear analysis of the interaction between Adams spectral sequences and $\mathbb{E}_{\infty}$-ring structures.

In $\S 9$ we recall Pstragowski's work and develop a few additional properties of synthetic spectra that we require. In $\S 10$ we apply all of the theory thus far to bound the $\mathrm{HF} \mathbb{F}_{p}$-Adams filtrations of $w$ for all primes $p$.
$\S \S 11-12$. We begin the latter half of the paper, which aims to prove Theorems 1.7 and 1.9. In $\S 11$, we give a general discussion of vanishing lines in $E$-based Adams spectral sequences. We study the behavior of vanishing lines under extensions, and recover results of Hopkins-Palmieri-Smith [47] in the language of synthetic spectra. In §12, we combine the general theory of $\S 11$ with concrete computations of Belmont [14] and Ravenel [80] to deduce vanishing lines in Adams-Novikov spectral sequences.
$\S \S 13-15$. In $\S 13$, we introduce the notion of a $v_{1}$-banded vanishing line. While Adams spectral sequences are not zero above $v_{1}$-banded vanishing lines, elements above such lines are essentially $K(1)$-local and hence related to the image of $J$. We show variants of the results of $\S 11$, in particular demonstrating that $v_{1}$-banded vanishing lines are preserved under extensions and cofibers of synthetic spectra. In $\S 14$, we apply machinery of Haynes Miller [72] to prove a $v_{1}$-banded vanishing line in the $\mathrm{HF}_{2}$-based Adams spectral sequence
for the spectrum $Y=C(2) \otimes C(\eta)$. In more classical language this result is known to experts, and follows from combining Miller's tools with computational results of Davis and Mahowald [28]. In $\S 15$, we establish a $v_{1}$-banded vanishing line in the modified $\mathrm{HF}_{2}$-Adams spectral sequence for the Moore spectrum $C(8)$ and conclude, in particular, Theorem 1.9.

Appendix A. The first part of this appendix is devoted to a technical proof of Theorem 9.19. The theorem provides the means to translate statements about $E$-based Adams spectral sequences into statements about $E$-based synthetic spectra, and vice-versa. The proofs in this section are mostly a matter of careful book-keeping.

The second part of the appendix contains a computation of the $\mathrm{HF}_{2}$-synthetic homotopy groups of the 2 -complete sphere through the Toda range. We find that this computation illustrates many of the subtleties of Theorem 9.19 and effectively demonstrates the process of moving between Adams spectral sequence information and synthetic information.

Appendix B. This appendix, due solely to the first author, proves Theorem 1.7 and settles Question 3.33 of [69]. Classically, results similar to Theorem 1.7 are proved in two independent steps via the study of bo-resolutions [29], [41]. The first step establishes vanishing curves in bo-based Adams spectral sequences. The second (and more technically difficult) step relates the canonical bo- and $\mathrm{HF}_{p}$-resolutions of the sphere. This appendix provides an improvement on the vanishing curve of the first step.

The main idea is a new, and surprisingly elementary, method of analyzing vanishing curves in $\mathrm{BP}\langle 1\rangle$-based Adams spectral sequences. More generally, using only the fact that

$$
\tau_{<\left|v_{n+1}\right|} \mathrm{BP}\langle n\rangle \simeq \tau_{<\left|v_{n+1}\right|} \mathrm{BP}
$$

Burklund relates $\mathrm{BP}\langle n\rangle$-based Adams spectral sequences to BP-based Adams spectral sequences. Vanishing curves in BP-based Adams spectral sequences are understood through a strong form of the nilpotence theorem of Devinatz, Hopkins, and Smith [30], which provides the key input necessary to prove Theorem 1.7 (1). At the prime 3, the main result of $\S 12$ provides the precise numerical control needed to deduce Theorem 1.7 (2).

### 1.2. Conventions

Beginning in $\S 5$, we fix an integer $n \geqslant 3$. We use $\mathbb{S}$ to denote the sphere spectrum, $\mathbb{S}^{n}$ to denote the stable $n$-sphere, and $S^{n}$ to denote the unstable $n$-sphere. For integers $k>0$, we use $\mathcal{J}_{k}$ to denote the image of $J$ subgroup of $\pi_{k} \mathbb{S}$. All manifolds are smooth and oriented, and all diffeomorphisms are orientation-preserving. Throughout the work, we
freely use the language of $\infty$-categories as set out in [61], [62]. In particular, all limits and colimits are taken in the homotopy invariant sense of [61].

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## 2. The classification of $(n-1)$-connected $2 n$-manifolds

Recall our convention that all manifolds are smooth and oriented, and all diffeomorphisms are orientation-preserving. Interest in the boundaries of highly connected manifolds may be traced back to the late 1950s and early 1960s, due to relations with the following question.

Question 2.1. Let $n \geqslant 3$ be an integer. Is it possible to classify, or roster, all ( $n-1$ )connected, closed $2 n$-manifolds, up to diffeomorphism?

In [74], Milnor explains how his study of Question 2.1 led to the discovery of exotic spheres. Major strides toward the classification were provided by C. T. C. Wall in [93], who used Smale's $h$-cobordism theorem to classify $(n-1)$-connected, almost closed $2 n$ manifolds. We recall some of that work below.

Recollection 2.2. Suppose that $M$ is an ( $n-1$ )-connected, closed $2 n$-manifold. By Poincaré duality, the middle homology group

$$
H=H_{n}(M ; \mathbb{Z})
$$

must be free abelian of finite rank. Associated to this middle homology group is a canonical bilinear, unimodular form, the intersection pairing

$$
H \otimes H \longrightarrow \mathbb{Z}
$$

The pairing is symmetric if $n$ is even and skew-symmetric if $n$ is odd-in general, one says that the pairing is $n$-symmetric.

A slightly more delicate invariant, which depends on the smooth structure of $M$, is the normal bundle data

$$
\alpha: H \longrightarrow \pi_{n-1} \mathrm{SO}(n)
$$

Following Wall [93], we define this function $\alpha$ via a theorem of Haefliger [43]. If $n=3$, then $\pi_{2} \mathrm{SO}(3)$ is trivial, so there is nothing to define. In general, the Hurewicz theorem gives a canonical isomorphism $H \cong \pi_{n}(M)$. For $n \geqslant 4$, Haefliger's theorem implies that an element $x \in \pi_{n}(M)$ may be represented, uniquely up to isotopy, by an embedded sphere $x: S^{n} \rightarrow M$. The normal bundle of this embedding is then $n$-dimensional, and so classified by an element $\alpha(x): S^{n} \rightarrow \mathrm{BSO}(n)$.

Recollection 2.3. Wall proved universal relationships between the intersection pairing $H \otimes H \rightarrow \mathbb{Z}$ and the function $\alpha$. To describe them, let

$$
H J: \pi_{n-1} \mathrm{SO}(n) \longrightarrow \mathbb{Z}
$$

denote the composite of the unstable $J$-homomorphism $\pi_{n-1} \mathrm{SO}(n) \rightarrow \pi_{2 n-1} S^{n}$ and the Hopf invariant $\pi_{2 n-1} S^{n} \rightarrow \mathbb{Z}$ (this composite may alternatively be described as $\pi_{n-1}$ applied to the projection $\left.\mathrm{SO}(n) \rightarrow S^{n-1}\right)$. Furthermore, let $\tau_{S^{n}} \in \pi_{n-1} \mathrm{SO}(n) \cong \pi_{n} \mathrm{BSO}(n)$ denote the map classifying the tangent bundle to the $n$-sphere. Finally, for $x, y \in H$, let $x y$ denote the intersection pairing of $x$ with $y$, and let $x^{2}$ denote the intersection pairing of $x$ with itself.

For all $x, y \in H$, Wall proved [93, Lemma 2] the following relations:

$$
\begin{align*}
x^{2} & =H J(\alpha(x))  \tag{2.1}\\
\alpha(x+y) & =\alpha(x)+\alpha(y)+(x y)\left(\tau_{S^{n}}\right) \tag{2.2}
\end{align*}
$$

Definition 2.4. Following [93, p. 169], we call a triple

$$
I=(H, H \otimes H \rightarrow \mathbb{Z}, \alpha)
$$

an $n$-space whenever $H$ is a free, finite-rank abelian group, $H \otimes H \rightarrow \mathbb{Z}$ is a unimodular, $n$-symmetric bilinear form, $\alpha$ is a map of pointed sets, and the triple $I$ satisfies the relations (2.1) and (2.2) of Recollection 2.3.

Definition 2.5. Recollections 2.2 and 2.3 allow us to define a map of sets

$$
\left\{\begin{array}{c}
(n-1) \text {-connected, } \\
\text { closed } 2 n \text {-manifolds }
\end{array}\right\} / \text { diffeomorphism } \xrightarrow{\Psi}\{n \text {-spaces }\} / \text { isomorphism. }
$$

An isomorphism of $n$-spaces is just an isomorphism of the underlying abelian group $H$ that respects both the bilinear form $H \otimes H \rightarrow \mathbb{Z}$ and the function $\alpha$.

The theorem below was first proved in [93, p. 170].
Theorem 2.6. (Wall) Suppose that $M$ and $N$ are two ( $n-1$ )-connected, closed $2 n$ manifolds such that $\Psi(M)=\Psi(N)$. Then, there exists a homotopy sphere $\Sigma \in \Theta_{2 n}$ such that $M \sharp \Sigma$ is diffeomorphic to $N$.

Remark 2.7. Suppose that $M$ is an $(n-1)$-connected $2 n$-manifold and that $\Sigma \in \Theta_{2 n}$ is a homotopy sphere not diffeomorphic to $S^{2 n}$. One may ask whether the diffeomorphism types of $M$ and $M \nVdash \Sigma$ differ. Wall proved this to be the case whenever $n \not \equiv 0,1,4$ $\bmod 8[94$, p. 289] (in other words, when $n \neq 0,1,4 \bmod 8$, Wall proved that the inertia group of $M$ is trivial). Building on work of Kosiński [51], Stolz expanded this to show that, if $n \geqslant 106$ and $n \equiv 0 \bmod 4$, then the diffeomorphism types of $M$ and $M \sharp \Sigma$ differ [90, Theorem D].

Our theorems settle, at least in large dimensions, the remaining case $n \equiv 1 \bmod 8$. Indeed, work of Wall [94, Theorem 10] proves that, if $M$ and $M \sharp \Sigma$ have the same diffeomorphism type, then $\Sigma$ is the boundary of an ( $n-1$ )-connected ( $2 n+1$ )-manifold. Using Theorem 1.1, we may conclude in dimensions $2 n+1>465$ that $\Sigma$ bounds a parallelizable manifold. However, any $\Sigma \in \Theta_{2 n}$ that bounds a parallelizable manifold must be standard, by [50, Theorem 5.1]. In sufficiently large dimensions, it follows that the preimage under $\Psi$ of any triple is either empty, or consists of exactly $\left|\Theta_{2 n}\right|$ different diffeomorphism types.

In light of the above theorem and remark, the complete enumeration of $(n-1)$ connected $2 n$-manifolds is reduced, in sufficiently large dimensions, to the following question.

Question 2.8. What is the image of the map $\Psi$ ? In other words, what combinations of middle homology group, intersection pairing, and normal bundle data arise from ( $n-1$ )-connected, closed $2 n$-manifolds?

Remark 2.9. Wall solved Question 2.8 for all $n \equiv 6 \bmod 8$ [93, Case 4]. More specifically, the solution may be read off from [93, Proposition 5] together with the fact that $\pi_{n-1} \mathrm{SO}=0$ for $n \equiv 6 \bmod 8$ (so $\chi=0$, always). Schultz [84, Corollary 3.2] solved Question 2.8 in the case $n \equiv 2 \bmod 8$ (cf. the discussion immediately subsequent to [84, Corollary 3.2], about the work of Frank). Stolz [90, Theorems B \& C] settled the case $n \equiv 1$ $\bmod 8$ when $n \geqslant 113$.

Example 2.10. Suppose that $n>7$ is $\equiv 3,5,7 \bmod 8$. In these cases, the function

$$
\alpha: H \longrightarrow \pi_{n-1} \mathrm{SO}(n) \cong \mathbb{Z} / 2 \mathbb{Z}
$$

satisfies the formula

$$
\alpha(x+y)=\alpha(x)+\alpha(y)+(x y \bmod 2) .
$$

In other words, $\alpha$ is a quadratic refinement of the intersection pairing, and so one can associate an Arf-Kervaire invariant

$$
\Phi(\alpha) \in \mathbb{Z} / 2 \mathbb{Z}
$$

Thus, if one is able to settle Question 2.8, then one is in particular able to answer the following question.

Question 2.11. Suppose $n \equiv 3,5,7 \bmod 8$. Does there exist an $(n-1)$-connected, closed $2 n$-manifold of Kervaire invariant 1 ?

Remark 2.12. Barratt, Jones, and Mahowald constructed a 62 -dimensional manifold of Kervaire invariant 1 [10] (cf. [95]). Such manifolds are also known to exist in dimensions $2,6,14$, and 30. On the other hand, deep work of Hill-Hopkins-Ravenel [45] proves that there is no manifold of Kervaire invariant 1 of dimension larger than 126.

Remark 2.13. When $n \equiv 3,5,7 \bmod 8$, Wall completely reduced [93, Lemma 5] Question 2.8 to Question 2.11. Question 2.11 was settled by Brown and Peterson for $n \equiv 5$ $\bmod 8[20]$, by Browder for $n \equiv 3 \bmod 8$ [19], and by Hill-Hopkins-Ravenel for $n \equiv 7 \bmod 8$ and $n>63$ [45].

For $n \geqslant 113$, the above work leaves Question 2.8 open only when $n \equiv 0 \bmod 4$, and so we focus on this case now.

Recollection 2.14. Suppose $n \geqslant 12, n \equiv 0 \bmod 4$, and let $M$ be an $(n-1)$-connected, closed $2 n$-manifold with middle homology group $H$ (the case $n=8$ has slightly different features, because of the existence of Hopf invariant 1 elements and the octonionic projective plane). Since the intersection pairing

$$
H \otimes H \longrightarrow \mathbb{Z}
$$

is unimodular, it provides a canonical isomorphism between $H$ and its dual $\operatorname{Hom}(H, \mathbb{Z})$. Wall notes [93, Case 1] that the composite

$$
H \xrightarrow{\alpha} \pi_{n-1} \mathrm{SO}(n) \longrightarrow \pi_{n-1} \mathrm{SO} \cong \mathbb{Z}
$$

is a homomorphism of abelian groups (by relation (2) in Recollection 2.3 together with the fact that spheres are stably parallelizable), and so via the intersection pairing determines a class $\chi(\alpha) \in H$. In fact, the function $\alpha$ is entirely determined by the relations (2.1) and (2.2) and the class $\chi(\alpha)$ [93, p. 174].

Construction 2.15. ([93]) Let $n \geqslant 3$ denote any integer, and let

$$
I=(H, H \otimes H \rightarrow \mathbb{Z}, \alpha)
$$

denote an $n$-space. From this data, Wall constructs an $(n-1)$-connected, almost closed $2 n$-manifold $N_{I}$ [93, p. 170]. Wall further notes that there is an $(n-1)$-connected, closed $2 n$-manifold $M$, with $\Psi(M)=I$, if and only if $\partial N_{I}$ is diffeomorphic to $S^{2 n-1}$ [93, p. 177].

Suppose now that $n \geqslant 12$ is a multiple of 4 . Given an $n$-space $I$, it remains to understand the boundary $\partial N_{I} \in \Theta_{2 n-1}$.

By work of Brumfiel [21], when $n \equiv 0 \bmod 4$ the Kervaire-Milnor exact sequence splits to give a direct sum decomposition

$$
\Theta_{2 n-1} \cong \mathrm{bP}_{2 n} \oplus \operatorname{coker}(J)_{2 n-1}
$$

It thus suffices to analyze separately the images of $\partial N_{I}$ within $\mathrm{bP}_{2 n}$ and $\operatorname{coker}(J)_{2 n-1}$. By applying a formula of Stolz [91] and elaborating on work of Lampe [59], Krannich and Reinhold [53, Lemma 2.7] determined when the image of $\partial N_{I}$ vanishes in $\mathrm{bP}_{2 n}$.

Definition 2.16. Let $m>2$ denote a positive integer. Following [53], we let

- $B_{2 m}$ denote the $2 m$-th Bernoulli number;
- $j_{m}$ denote

$$
j_{m}=\operatorname{denom}\left(\frac{\left|B_{2 m}\right|}{4 m}\right)
$$

the denominator of the absolute value of $B_{2 m} /(4 m)$ when written in lowest terms;

- $a_{m}$ denote 1 if $m$ is even and 2 if $m$ is odd;
- $\sigma_{m}$ denote the integer

$$
\sigma_{m}=a_{m} 2^{2 m+1}\left(2^{2 m-1}-1\right) \operatorname{num}\left(\frac{\left|B_{2 m}\right|}{4 m}\right)
$$

- $c_{m}$ and $d_{m}$ denote integers such that

$$
c_{m} \operatorname{num}\left(\frac{\left|B_{2 m}\right|}{4 m}\right)+d_{m} \operatorname{denom}\left(\frac{\left|B_{2 m}\right|}{4 m}\right)=1 .
$$

If $m=2 k>4$ is an even integer, we additionally follow [53, Lemma 2.7] and let $s(Q)_{2 k}$ denote the integer

$$
s(Q)_{2 k}=-\frac{1}{8 j_{k}^{2}}\left(\sigma_{k}^{2}+a_{k}^{2} \sigma_{2 k} \operatorname{num}\left(\frac{\left|B_{2 k}\right|}{4 k}\right)\right)\left(c_{2 k} \operatorname{num}\left(\frac{\left|B_{2 k}\right|}{4 k}\right)+2(-1)^{k} d_{2 k} j_{k}\right)
$$

ThEOREM 2.17. (Lampe, Krannich-Reinhold) Suppose $n \geqslant 12$ is a multiple of 4, and let $I$ denote an $n$-space. Then, the boundary $\partial N_{I}$ has trivial image in $\mathrm{bP}_{2 n}$ if and only if

$$
\frac{\operatorname{sig}}{8}+\frac{\chi(\alpha)^{2}}{2} s(Q)_{n / 2} \equiv 0 \quad \bmod \frac{\sigma_{n / 2}}{8}
$$

Here, sig denotes the signature of the intersection form, and $\chi(\alpha)^{2}$ refers to the product of $\chi(\alpha)$ with itself via the intersection form.

Proof. See [53, §2] and [52, §3.2.2].
We thus obtain, as a consequence of our work in this paper, the following result:
ThEOREM 2.18. Let $n>124$ be a multiple of 4. Then, there is an ( $n-1$ )-connected, closed $2 n$-manifold with middle homology group $H$, intersection pairing $H \otimes H \rightarrow \mathbb{Z}$, and normal bundle data $\alpha: H \rightarrow \pi_{n-1} \mathrm{SO}(n)$ if and only if both the following conditions hold:
(1) the collection $(H, H \otimes H \rightarrow \mathbb{Z}, \alpha)$ forms an n-space in the sense of Definition 2.4;
(2) the relation

$$
\frac{\operatorname{sig}}{8}+\frac{\chi(\alpha)^{2}}{2} s(Q)_{n / 2} \equiv 0 \quad \bmod \frac{\sigma_{n / 2}}{8}
$$

is satisfied, where sig denotes the signature of the intersection pairing and $\chi(\alpha)$ is defined as in Recollection 2.14.

If the conditions hold, so that a manifold exists, then the number of choices of such a manifold, up to diffeomorphism, is exactly $\left|\Theta_{2 n}\right|=\left|\operatorname{coker}(J)_{2 n}\right|$, and they form a free orbit under the $\Theta_{2 n}$ action by connected sum.

Proof. The last sentence of the theorem follows, as in Remark 2.7, from Stolz's theorem [90, Theorem D]. The remainder of the result follows by combining the above discussion with Theorem 8.6.

Remark 2.19. Our results also have implications for the classification of $(n-1)$ connected, closed ( $2 n+1$ )-manifolds. For $n \geqslant 8$, Wall classified all $(n-1)$-connected, almost closed (2n+1)-manifolds [94]. Since $b P_{2 n+1}$ is trivial, our Theorem 1.1 proves that the boundaries of Wall's almost closed manifolds are diffeomorphic to $S^{2 n}$ whenever $n>232$. This was previously unknown for $n \equiv 1 \bmod 8[90$, Theorem B]. There follows a classification of $(n-1)$-connected, closed $(2 n+1)$-manifolds up to connected sum with a homotopy sphere.

The problem of determining the inertia groups is somewhat subtle, but tractable [90, Theorem D]. In later work which builds on the methods developed in this paper the authors have analyzed boundary spheres and inertia groups substantially deeper into the metastable range [23].

## 3. Additional applications

### 3.1. The classification of Stein fillable homotopy spheres

Recall that a Stein domain is a compact, complex manifold with boundary, such that the boundary is a regular level set of a strictly plurisubharmonic function (see, e.g., [18, pp. 1-3] or [25]). The boundaries of Stein domains are naturally equipped with contact structures. A contact $(2 q+1)$-manifold $M$ is Stein fillable if it may be realized as the boundary of a Stein domain.

Eliashberg has raised the question [32, §3.8] of which homotopy spheres $\Sigma \in \Theta_{2 q+1}$ admit Stein fillable contact structures. Eliashberg explicitly noted in [32, §3.8] that such $\Sigma$ necessarily bound $q$-connected, almost closed ( $2 q+2$ )-manifolds, and that this might already be restrictive. For the proof that such $\Sigma$ must bound $q$-connected, almost closed $(2 q+2)$-manifolds, see [18, Proof of Theorem 5.4] and [31, Theorem 1.2.2].

Bowden, Crowley, and Stipsicz took up Eliashberg's question, and applied Wall and Schultz's work [93], [94], [84] to settle it when $q \neq 9$ and $q+1 \neq 0 \bmod 4$ [18, Theorem 5.4]. We offer the following additional theorem, which answers all but finitely many cases of Conjecture 5.9 from [18].

Theorem 3.1. Suppose that $q>123$. A homotopy sphere $\Sigma \in \Theta_{2 q+1}$ admits a Stein fillable contact structure if and only if $\Sigma \in \mathrm{bP}_{2 q+2}$.

Proof. By the theorem of Bowden, Crowley, and Stipsicz, this is true whenever $q+1 \not \equiv 0 \bmod 4[18$, Theorem 5.4]. We therefore suppose that $q+1 \equiv 0 \bmod 4$. As we have discussed above, any Stein fillable $\Sigma \in \Theta_{2 q+1}$ must bound a $q$-connected, almost closed $(2 q+2)$-manifold. It follows from Theorem 8.6 that, if $\Sigma \in \Theta_{2 q+1}$ is Stein fillable, then $\Sigma \in \mathrm{bP}_{2 q+2}$. The converse is another result of Bowden, Crowley, and Stipsicz [18, Proposition 5.3].

### 3.2. Calculations of mapping class groups

In $\S 2$, our theorems were used to classify $(n-1)$-connected $2 n$-manifolds up to diffeomorphism. We explain here how work of Galatius, Krannich, Kreck, Randal-Williams, and Reinhold connects our results to the study of diffeomorphisms of the manifold

$$
W_{g}=\sharp^{g}\left(S^{n} \times S^{n}\right),
$$

with $g \geqslant 1$. This $(n-1)$-connected $2 n$-manifold is a higher-dimensional analog of a genus $g$ surface. As $g$ varies, the $W_{g}$ play a fundamental role in some approaches to the moduli spaces of manifolds, as outlined in the survey article [36]. A discussion of how diffeomorphisms of $W_{g}$ relate to diffeomorphisms of other $(n-1)$-connected $2 n$-maifolds appears below Theorem G in [52].

We consider in particular the classifying space

$$
\mathcal{M}_{g}=\mathrm{BDiff}^{+}\left(W_{g}\right)
$$

of orientation-preserving diffeomorphisms of $W_{g}$. The first homotopy group $\pi_{1}\left(\mathcal{M}_{g}\right)$ is an example of a higher-dimensional mapping class group; it is the group of isotopy classes of orientation-preserving diffeomorphisms of $W_{g}$ (so, for example, $\pi_{1} \mathcal{M}_{0} \cong \Theta_{2 n+1}$ ). The first homology group $H_{1}\left(\mathcal{M}_{g} ; \mathbb{Z}\right)$ is the abelianization of this mapping class group. Higher cohomology groups, such as $H^{2}\left(\mathcal{M}_{g} ; \mathbb{Z}\right)$, include Miller-Morita-Mumford characteristic classes of bundles with fiber $W_{g}$. At least for some values of $n$ and $g$, our theorems have something to say about each of these groups.

Recollection 3.2. Suppose $n \geqslant 3$, and consider the mapping class group $\pi_{1}\left(\mathcal{M}_{g}\right)$. This group was determined up to two extension problems by Kreck [55]. Following Krannich [52], we write these extensions as

$$
\begin{equation*}
0 \longrightarrow \Theta_{2 n+1} \longrightarrow \pi_{1}\left(\mathcal{M}_{g}\right) \longrightarrow \pi_{1}\left(\mathcal{M}_{g}\right) / \Theta_{2 n+1} \longrightarrow 0 \tag{3.1}
\end{equation*}
$$

and

$$
\begin{equation*}
0 \longrightarrow H_{n}\left(W_{g}\right) \otimes S \pi_{n} \mathrm{SO}(n) \longrightarrow \pi_{1}\left(\mathcal{M}_{g}\right) / \Theta_{2 n+1} \longrightarrow G_{g} \longrightarrow 0 \tag{3.2}
\end{equation*}
$$

Here, $\Theta_{2 n+1}$ is the Kervaire-Milnor group of homotopy ( $2 n+1$ )-spheres, and $S \pi_{n}(\mathrm{SO}(n))$ is the image of the stabilization map $S: \pi_{n} \mathrm{SO}(n) \rightarrow \pi_{n} \mathrm{SO}(n+1)$. The group $G_{g} \subset \mathrm{GL}_{2 g}(\mathbb{Z})$ is the subgroup of automorphisms of $H_{n}\left(W_{g}\right) \cong \mathbb{Z}^{2 g}$ that are realized by diffeomorphisms. It is explicitly described in [52, §1.2].

The extension problems (3.1) and (3.2) have proven difficult to resolve, with special cases studied in [83], [34], [56], [57], [26], [35], [52].

Recent work of Krannich resolves these extensions geometrically, in the case of $n$ odd, with the answers phrased in terms of certain elements $\Sigma_{P}, \Sigma_{Q} \in \Theta_{2 n+1}$. To be precise, Krannich proves for $n>7$ odd that the extension (3.2) splits [52, Theorem A], and the extension (3.1) is classified [52, Theorem B] by a certain element

$$
\frac{\operatorname{sgn}}{8} \Sigma_{P}+\frac{\chi^{2}}{2} \Sigma_{Q} \in \mathrm{H}^{2}\left(\pi_{1}\left(\mathcal{M}_{g}\right) / \Theta_{2 n+1} ; \Theta_{2 n+1}\right)
$$

The element $\Sigma_{P} \in \Theta_{2 n+1}$ is a generator of $\mathrm{bP}_{2 n+2}$. The element $\Sigma_{Q}$ is zero whenever $n \equiv 1$ $\bmod 4$, and when $n \equiv 3 \bmod 4$ it is the boundary of the plumbing discussed in Remark 1.5. A consequence of our work here is a more explicit description of $\Sigma_{Q}$.

Theorem 3.3. Suppose that $n>123$ is congruent to $3 \bmod 4$, and let $s(Q)_{(n+1) / 2}$ denote the integer defined in Definition 2.16. Then, the element $\Sigma_{Q} \in \Theta_{2 n+1}$ of [52, Theorem B] is equal to $s(Q)_{(n+1) / 2} \Sigma_{P}$. In particular, $\Sigma_{Q}$ is an element of the subgroup $\mathrm{bP}_{2 n+2}$.

Proof. The last sentence of the theorem follows immediately from the definition of $\Sigma_{Q}$ (see e.g. the paragraph above [52, Theorem B]) and our Theorem 8.6. The exact formula $\Sigma_{Q}=s(Q)_{(n+1) / 2} \Sigma_{P}$ is a consequence of [53, Lemma 2.7].

The original motivation of Galatius and Randal-Williams in conjecturing Theorem 1.4 was to study the homology group $H_{1}\left(\mathcal{M}_{g} ; \mathbb{Z}\right)$. It was understood in [35, Theorem 1.3] and [52, Corollary E] that Theorem 1.4 would lead to an explicit calculation of $H_{1}\left(\mathcal{M}_{g} ; \mathbb{Z}\right)$. By combining these results with our work, we conclude the following corollary.

Corollary 3.4. Suppose that $n>123$ is congruent to $3 \bmod 4$ and $g \geqslant 3$. Then,

$$
H_{1}\left(\mathcal{M}_{g} ; \mathbb{Z}\right) \cong(\mathbb{Z} / 4 \mathbb{Z}) \oplus \operatorname{coker}(J)_{2 n+1}
$$

If $n>123$ is congruent to $3 \bmod 4$ and $g=2$, then

$$
H_{1}\left(\mathcal{M}_{g} ; \mathbb{Z}\right) \cong(\mathbb{Z} / 4 \mathbb{Z} \oplus \mathbb{Z} / 2 \mathbb{Z}) \oplus \operatorname{coker}(J)_{2 n+1}
$$

Remark 3.5. For the implications of our result when $g=1$, see [52, Corollary E].

Remark 3.6. As pointed out in [36, Remark 6.2], the universal coefficients formula expresses the finite group $H_{1}\left(\mathcal{M}_{g} ; \mathbb{Z}\right)$ as the torsion subgroup of $H^{2}\left(\mathcal{M}_{g} ; \mathbb{Z}\right)$. In [53], Krannich and Reinhold calculated the torsion-free quotient of $H^{2}\left(\mathcal{M}_{g} ; \mathbb{Z}\right)$, for $g \geqslant 7$, in terms of $\Sigma_{Q}$.

It remains an interesting open question to determine the higher homology and cohomology groups of $\mathcal{M}_{g}$. We expect that the methods of this paper have more to say about these groups, especially when $g \gg 0$, so that the work of Galatius and Randal-Williams [35], [36] applies (when $g \gg 0$, Galatius and Randal-Williams prove these groups isomorphic to the (co)homology groups of $\Omega^{\infty}$ of a Thom spectrum, placing the problem firmly in the realm of stable homotopy theory).

### 3.3. Bounds on the exponent of $\operatorname{coker}(J)$

We end by giving an application, to stable homotopy theory, of Burklund's Theorem 1.7. Fix a prime number $p$.

Definition 3.7. For each integer $n \geqslant 1$, Serre proved [85] that the $p$-local $n$th stable stem $\pi_{n}\left(\mathbb{S}_{(p)}\right)$ is a finite $p$-group. The exponent of the $n$th stable stem, denoted here by

$$
\exp \left(\pi_{n}\left(\mathbb{S}_{(p)}\right)\right)
$$

is the smallest integer $a$ such that all elements of $\pi_{n}\left(\mathbb{S}_{(p)}\right)$ are $p^{a}$-torsion.
Upper bounds for the exponent have been considered in several papers [1], [60], [8], [42], [68]. For $p>3$, the best prior bounds are due to González [42, Corollary 4.1.4]. As in González's work, our bounds on the exponent are deduced from an upper bound on $\Gamma_{p}$.

Theorem 3.8. (Burklund) There is an inequality

$$
\exp \left(\pi_{n}\left(\mathbb{S}_{(p)}\right)\right) \leqslant \frac{(2 p-1) n}{(2 p-2)\left(2 p^{2}-2\right)}+o(n)
$$

where $o(n)$ is the sublinear error term appearing in the statement of Theorem 1.7 (1).
Proof. At odd primes, Adams showed that the image of $J$ is a direct summand of $\pi_{n}\left(\mathbb{S}_{(p)}\right)$ [1], [2]. At the prime 2, Adams and Quillen proved that the subgroup generated by the image of $J$ and the $\mu$-family is a direct summand [78]. These papers also calculate the order of the image of $J$, from which it follows that the exponents of these summands grow logarithmically in $n$.

Suppose now that $x$ is an element of the complementary summand of $\pi_{n}\left(\mathbb{S}_{(p)}\right)$, and let $\Gamma_{p}(n)$ denote the function from the statement of Theorem 1.7. Since multiplication
by $p$ raises $\mathrm{HF}_{p}$-Adams filtration by at least 1 , Theorem 1.7 implies that $p^{\Gamma_{p}(n)} x$ is either in the image of $J$, or, if $p=2$, in the subgroup generated by the image of $J$ and the $\mu$-family. Since we assumed that $x$ is in the complementary summand, it follows that $p^{\Gamma_{p}(n)} x=0$.

Remark 3.9. Like previous bounds on the torsion exponent of the stable stems, Theorem 3.8 is a linear bound. By contrast, it is expected that $\exp \left(\pi_{n}\left(\mathbb{S}_{(p)}\right)\right)$ grows sublinearly in $n$, though it remains unclear what the specific asymptotics of this function should be. The best known lower bound is logarithmic and comes from the image of $J$.

## 4. Calculations with the Goodwillie TAQ tower

An overview of $\S \S 4-6$. Fix an integer $n \geqslant 3$. Recall that $\mathrm{MO}\langle 4 n\rangle$ is, by definition, the Thom spectrum [22], [4] of the composite spectrum map

$$
\begin{equation*}
\tau_{\geqslant 4 n} \mathrm{ko} \longrightarrow \tau_{\geqslant 1} \text { ko } \longrightarrow \Sigma \operatorname{gl}_{1}(\mathbb{S}) . \tag{4.1}
\end{equation*}
$$

Here, the spectrum map $\tau \geqslant 1 \mathrm{ko} \rightarrow \Sigma \operatorname{gl}_{1}(\mathbb{S})$ is the infinite delooping of the real $J$ homomorphism $\mathrm{BO} \rightarrow \mathrm{BGL}_{1}(\mathbb{S})$, which exists because the 1-point compactification functor Vect $_{\mathbb{R}} \rightarrow$ Top $_{*}$ is symmetric monoidal.

Our first aim in this paper is to prove Theorem 1.4, or equivalently to understand the unit map

$$
\pi_{8 n-1} \mathbb{S} \longrightarrow \pi_{8 n-1} \mathrm{MO}\langle 4 n\rangle
$$

To begin to do so, we fix some notation and recall more precisely how a Thom spectrum such as $\mathrm{MO}\langle 4 n\rangle$ is defined.

Definition 4.1. Taking $\Omega^{\infty+1}$ of the sequence (4.1) gives maps of infinite loop spaces

$$
\Omega \Omega^{\infty} \tau_{\geqslant 4 n} \mathrm{ko} \longrightarrow \mathrm{O} \longrightarrow \mathrm{GL}_{1}(\mathbb{S})
$$

We use the notation $\mathrm{O}\langle 4 n-1\rangle$ to denote the infinite loop space $\Omega \Omega^{\infty} \tau_{\geqslant 4 n}$ ko. The infinite loop map

$$
\mathrm{O}\langle 4 n-1\rangle \longrightarrow \mathrm{GL}_{1}(\mathbb{S})
$$

gives rise, by the universal property of $\mathrm{GL}_{1}(\mathbb{S})[4$, Theorem 5.1$]$, to a map of $\mathbb{E}_{\infty}$-rings

$$
J_{+}: \Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle \longrightarrow \mathbb{S}
$$

Here, $\Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle$ is a spherical group ring, with underlying spectrum the suspension spectrum of the pointed space $\mathrm{O}\langle 4 n-1\rangle_{+}$. Contracting $\mathrm{O}\langle 4 n-1\rangle$ to a point gives rise to a second $\mathbb{E}_{\infty}$-ring map

$$
\varepsilon: \Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle \longrightarrow \mathbb{S},
$$

the augmentation map. We use $J: \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \rightarrow \mathbb{S}$ to refer to the composite

$$
\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle=\mathrm{fib}(\varepsilon) \longrightarrow \Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle \xrightarrow{J_{+}} \mathbb{S}
$$

which is a map of non-unital $\mathbb{E}_{\infty}$-rings.
Construction 4.2. By Definition 4.1 of [4], the spectrum $\mathrm{MO}\langle 4 n\rangle$ can be presented as the geometric realization of the 2-sided bar construction

$$
\operatorname{MO}\langle 4 n\rangle \simeq\left|\operatorname{Bar}\left(\mathbb{S}, \Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle, \mathbb{S}\right) \cdot\right|
$$

which computes the relative tensor product $\mathbb{S} \otimes_{\Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle} \mathbb{S}$. Here, the action of

$$
\Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle
$$

on the left copy of $\mathbb{S}$ is via $\varepsilon$, and the action on the right copy of $\mathbb{S}$ is via $J_{+}$.
One may view our work in the first half of the paper as a computation of the map $\pi_{8 n-1} \mathbb{S} \rightarrow \pi_{8 n-1} \mathrm{MO}\langle 4 n\rangle$ via the associated bar spectral sequence. We will see that the only possible differentials affecting $\pi_{8 n-1} \mathrm{MO}\langle 4 n\rangle$ are $d_{1}$-differentials and a single $d_{2}$ differential, so what we need to do may be summarized as follows:
(1) Compute the $E_{1}$-page in the relevant range;
(2) Compute the relevant $d_{1}$-differentials;
(3) Compute the single relevant $d_{2}$-differential.

Later in this section, we study the homotopy of $\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$ using the Goodwillie tower in augmented $\mathbb{E}_{\infty}$-ring spectra. This is enough to resolve (1) and most of (2) above.

The key to proving Theorem 1.4 is to show that the single relevant $d_{2}$-differential vanishes. Rather than using the language of spectral sequences, we will cast the computation of this $d_{2}$ as a computation of a certain Toda bracket $w$. One of the main theorems of this paper, Theorem 10.8 , is a lower bound on the $\mathrm{HF}_{p}$-Adams filtration of $w$ for each prime $p$. Our goals in $\S 5$ and $\S 6$ will be to define $w$, to reduce Theorem 1.4 to the computation of $w$, and to express $w$ in as convenient a form as possible. In particular, Lemma 6.9 will express $w$ in a form amenable to Adams filtration arguments, though we postpone any serious discussion of Adams filtration to $\S 7$ and later.

### 4.1. The homotopy of $\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$

The main body of this section is a computation of the homotopy of the reduced suspension spectrum $\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$, for $n \geqslant 3$. To explain our results, it is helpful to assign names to a few elements in $\pi_{*}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)$ and $\pi_{*}(\mathbb{S})$.

Definition 4.3. Let

$$
x \in \pi_{4 n-1}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)
$$

denote a generator of the bottom non-zero homotopy group of $\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$. Since $\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$ is a non-unital $\mathbb{E}_{\infty}$-ring, we may speak of the class

$$
x^{2} \in \pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)
$$

Finally, there is a class

$$
J(x) \in \pi_{4 n-1}(\mathbb{S})
$$

defined as the composite

$$
S^{4 n-1} \xrightarrow{x} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \xrightarrow{J} \mathbb{S} .
$$

The remainder of this section will consist of proofs of the following facts:
(1) The group $\pi_{8 n-2} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$ is isomorphic to $\mathbb{Z} / 2 \mathbb{Z}$, generated by the element $x^{2}$ of Definition 4.3. Furthermore, the group $\pi_{8 n-1} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$ is isomorphic to

$$
\pi_{8 n} \mathrm{ko} \cong \mathbb{Z}
$$

(2) The element $x J(x) \in \pi_{8 n-2} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$, defined using the right $\pi_{*}(\mathbb{S})$-module structure on $\pi_{*}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)$, is zero.
(3) Suppose $4 n-1 \leqslant \ell \leqslant 8 n-1$. Then, the image of the map

$$
\pi_{\ell}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right) \xrightarrow{J} \pi_{\ell}(\mathbb{S})
$$

is exactly $\mathcal{J}_{\ell}$.
The first of these facts will be proved as Corollary 4.8, the second as Lemma 4.10, and the last as Theorem 4.11. Our key tool will be the Goodwillie tower of the identity in augmented $\mathbb{E}_{\infty}$-ring spectra, the basic structure of which was worked out by Nick Kuhn [58]. We thank Tyler Lawson for suggesting the relevance of this tower.

Definition 4.4. Let $X$ be a spectrum and $m \geqslant 1$ a natural number. We denote by $D_{m}(X)$ the extended power spectrum

$$
D_{m}(X):=\left(X^{\otimes m}\right)_{h \Sigma_{m}}
$$

Lemma 4.5. Suppose that $R$ is an $\mathbb{E}_{\infty}$-ring spectrum, equipped with an augmentation

$$
\varepsilon: R \longrightarrow \mathbb{S} .
$$

Suppose further that the fiber of $\varepsilon$ is 0 -connected. Then, there is a convergent tower of $\mathbb{E}_{\infty}$-ring spectra

such that the composite map $R \rightarrow P_{0}(R)$ is the augmentation map $\varepsilon$.
Proof. See [58, Theorem 3.10].
Corollary 4.6. There is a convergent tower of non-unital $\mathbb{E}_{\infty}$ ring spectra


Proof. We apply the previous lemma to $R=\Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle$ with its augmentation $\operatorname{map} \varepsilon$. Note that, since

$$
R \simeq \Sigma_{+}^{\infty} \Omega^{\infty} \Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}
$$

we learn from [58, Example 3.9] that $\operatorname{TAQ}(R ; \mathbb{S}) \simeq \Sigma^{-1} \tau \geqslant 4 n$ ko. The corollary follows by setting $Q_{i}=\mathrm{fib}\left(P_{i} \rightarrow P_{0}\right)$.

Lemma 4.7. For $n \geqslant 3$, the bottom two homotopy groups of $D_{2}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right)$ are

$$
\pi_{8 n-2} D_{2}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right) \cong \mathbb{Z} / 2 \mathbb{Z}
$$

and

$$
\pi_{8 n-1} D_{2}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right) \cong 0
$$

Moreover, the generator of $\mathbb{Z} / 2 \mathbb{Z} \cong \pi_{8 n-2} D_{2}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right)$ survives in the spectral sequence associated to the tower of Corollary 4.6 to detect $x^{2} \in \pi_{8 n-2} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$.

Proof. There is a $4 n$-connected map $\mathbb{S}^{4 n-1} \rightarrow \Sigma^{-1} \tau_{\geqslant 4 n}$ ko which induces an ( $8 n-1$ )connected map

$$
D_{2}\left(\mathbb{S}^{4 n-1}\right) \longrightarrow D_{2}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right) .
$$

Thus, there is an isomorphism

$$
\pi_{8 n-2} D_{2}\left(\mathbb{S}^{4 n-1}\right) \cong \pi_{8 n-2} D_{2}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \text { ko }\right)
$$

and a surjective map

$$
\pi_{8 n-1} D_{2}\left(\mathbb{S}^{4 n-1}\right) \longrightarrow \pi_{8 n-1} D_{2}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right)
$$

It therefore suffices to make the desired homotopy group computations for $D_{2}\left(\mathbb{S}^{4 n-1}\right)$.
There is an equivalence $D_{2}\left(\mathbb{S}^{4 n-1}\right) \simeq \Sigma^{4 n-1} \mathbb{R} \mathbb{P}_{4 n-1}^{\infty}$, arising from the fact that

$$
D_{2}\left(\mathbb{S}^{4 n-1}\right) \simeq \mathbb{S}_{h C_{2}}^{(4 n-1) \rho}
$$

is the Thom spectrum of the bundle $(4 n-1) \mathbf{1}+(4 n-1) \gamma$ over $B C_{2} \simeq \mathbb{R} \mathbb{P}^{\infty}$, and [22, Proposition V.3.1] computes

$$
\mathbb{R} \mathbb{P}_{4 n-1}^{4 n+1} \simeq \mathbb{S}^{4 n-1} \cup_{2} \mathrm{e}^{4 n} \cup_{\eta} \mathrm{e}^{4 n+1}
$$

We therefore determine

$$
\pi_{8 n-2} D_{2}\left(\mathbb{S}^{4 n-1}\right) \cong \mathbb{Z} / 2 \mathbb{Z} \quad \text { and } \quad \pi_{8 n-1} D_{2}\left(\mathbb{S}^{4 n-1}\right) \cong 0
$$

as desired.
Comparison with the Goodwillie tower of $\Sigma_{+}^{\infty} \Omega^{\infty} \mathbb{S}^{4 n-1}$, which recovers the Snaith splitting [58], shows that the generator of $\pi_{8 n-2} D_{2}\left(\Sigma^{-1} \tau_{\geqslant 4 n}\right.$ ko $)$ detects

$$
x^{2} \in \pi_{8 n-2} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle
$$

Corollary 4.8. For $n \geqslant 3$, the group $\pi_{8 n-2} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$ is a copy of $\mathbb{Z} / 2 \mathbb{Z}$, generated by the element $x^{2}$ of Definition 4.3. Furthermore, the group $\pi_{8 n-1} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$ is isomorphic to $\pi_{8 n}$ ko.

Proof. Note that $\tau_{\leqslant 8 n-1} D_{k}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right)$ is trivial for $k>2$. Thus, Corollary 4.6 and Lemma 4.7 imply the existence of a long exact sequence

$$
\begin{gathered}
0 \longrightarrow \pi_{8 n-1}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right) \longrightarrow \pi_{8 n-1}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right) \\
\rightarrow \mathbb{Z} / 2 \mathbb{Z} \xrightarrow{x^{2}} \pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right) \longrightarrow \pi_{8 n-2}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right) .
\end{gathered}
$$

We now claim that the maps $\pi_{k}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right) \rightarrow \pi_{k}\left(\Sigma^{-1} \tau_{\geqslant 4 n}\right.$ ko $)$ are surjective. To see this, we note that these maps are $\pi_{k}$ of the map of spectra

$$
\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \longrightarrow \Sigma^{-1} \tau_{\geqslant 4 n} \text { ko }
$$

that is adjoint to the identity homomorphism

$$
\mathrm{O}\langle 4 n-1\rangle \xrightarrow{\simeq} \Omega^{\infty} \Sigma^{-1} \tau_{\geqslant 4 n} \text { ko. }
$$

Indeed, it follows from the combination of [58, Example 3.9] and [58, Theorem 3.10 (2)] that the map

$$
\operatorname{hofib}(\varepsilon: R \rightarrow \mathbb{S}) \longrightarrow \mathrm{TAQ}(R ; \mathbb{S})
$$

induced by the tower of Lemma 4.5 agrees for $R=\Sigma_{+}^{\infty} \Omega^{\infty} X$ with the counit $\Sigma_{+}^{\infty} \Omega^{\infty} X \rightarrow X$. In particular, the map $\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \rightarrow \Sigma^{-1} \tau_{\geqslant 4 n}$ ko admits a section after applying $\Omega^{\infty}$.

Identifying $\pi_{8 n-2}\left(\Sigma^{-1} \tau_{\geqslant 4 n}\right.$ ko) with zero, we obtain isomorphisms

$$
\pi_{8 n-1}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right) \cong \pi_{8 n-1}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \text { ko }\right) \cong \pi_{8 n} \text { ko }
$$

and

$$
\mathbb{Z} / 2 \mathbb{Z} \cong \pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)
$$

with the latter sending the generator to $x^{2}$, as desired.
Construction 4.9. Recall that the element $J(x) \in \pi_{4 n-1} \mathbb{S}$ was defined, in Definition 4.3, as the composite

$$
S^{4 n-1} \xrightarrow{x} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \xrightarrow{J} \mathbb{S} .
$$

The right $\pi_{*}(\mathbb{S})$-module structure on $\pi_{*}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)$ allows us to define an element

$$
x J(x) \in \pi_{8 n-2} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle
$$

Lemma 4.10. For $n \geqslant 3$, the element $x J(x) \in \pi_{8 n-2} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$, defined using the right $\pi_{*}(\mathbb{S})$-module structure on $\pi_{*}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)$, is zero.

Proof. By Corollary 4.8, we know that $\pi_{8 n-2} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$ is isomorphic to $\mathbb{Z} / 2 \mathbb{Z}$, generated by the element $x^{2}$. It follows that, if $x J(x) \neq 0$, then $x J(x)=x^{2}$. In Remark 10.22, we determine that the element $x^{2}$ has $\mathrm{HF}_{2}$-Adams filtration 1. However, $x J(x)$ has $\mathrm{HF}_{2}$-Adams filtration at least that of $J(x)$. Note now that

$$
x \in \pi_{4 n-1} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle
$$

is the suspension of an unstable class, and thus $J(x) \in \pi_{4 n-1} \mathbb{S}$ is in $\mathcal{J}_{4 n-1}$. In particular, since $n \geqslant 3, J(x)$ has $\mathrm{HF}_{2}$-Adams filtration larger than 1 .

### 4.2. The image of $J$ in $\pi_{*}(\mathbb{S})$

Classically, the phrase "image of $J$ " in $\pi_{\ell}(\mathbb{S})$ refers to the image of the map

$$
\pi_{\ell}(\mathrm{O}) \longrightarrow \pi_{\ell} \mathrm{GL}_{1}(\mathbb{S}) \cong \pi_{\ell}(\mathbb{S}) \quad \text { for } \ell>0
$$

Recall that we use $\mathcal{J}_{\ell} \subseteq \pi_{\ell}(\mathbb{S})$ to denote this subset.
Unfortunately, we have introduced a second possible meaning of the phrase "image of $J "$, namely the image of the map

$$
\pi_{\ell}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right) \xrightarrow{J} \pi_{\ell}(\mathbb{S}) .
$$

For general $\ell$, these two images may be different. We prove here, however, that they are the same in our range of interest, and so no ambiguity has been introduced.

THEOREM 4.11. Suppose $n \geqslant 3$ and $4 n-1 \leqslant \ell \leqslant 8 n-1$. Then, the image of the map

$$
\pi_{\ell}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right) \xrightarrow{J} \pi_{\ell}(\mathbb{S})
$$

is exactly $\mathcal{J}_{\ell}$.
Proof. This will automatically be true so long as every class in $\pi_{\ell} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$ is the suspension of an unstable class in $\pi_{\ell} \mathrm{O}\langle 4 n-1\rangle$. According to Corollary 4.6, there can be no difficulty unless $\ell=8 n-1$ or $\ell=8 n-2$. The case $\ell=8 n-1$ follows from Corollary 4.8.

To handle the case $\ell=8 n-2$, we must check that $J\left(x^{2}\right)$ is an element of $\mathcal{J}_{8 n-2}=0$. Since $J$ is a non-unital ring map, $J\left(x^{2}\right)=J(x)^{2}$. Now, it is known (by, e.g. [75, Lemma 3]) that $\mathcal{J}_{i} \cdot \mathcal{J}_{j} \subseteq \mathcal{J}_{i+j}$ if $i, j>7$. Using the hypothesis that $n \geqslant 3$, we have in short that $J(x)^{2}$ is an element of $\mathcal{J}_{8 n-2}=0$.

## 5. $\mathrm{MO}\langle 4 n\rangle$ as a homotopy cofiber

In Construction 4.2, we recalled that $\mathrm{MO}\langle 4 n\rangle$ can be computed via a 2 -sided bar construction. In this section we give a description of the bar construction, valid through a range of homotopy groups, which is particularly well-suited to the explicit identification of the $d_{2}$ in the bar spectral sequence as a Toda bracket. Our main result is Theorem 5.2.

Construction 5.1. Since $J$ is a map of non-unital rings in the homotopy category of spectra, the following diagram commutes up to homotopy:

where $m$ is the product map. In the $\infty$-category of spectra, the fact that $J$ is a ring map is not a property, but actually additional structure. In particular, there is a canonical homotopy a filling the above square:


This homotopy a may alternatively be viewed as a specific nullhomotopy of $J \circ(1 \otimes J-m)$. Let $P$ denote the homotopy cofiber of the map

$$
\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2} \xrightarrow{1 \otimes J-m} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle .
$$

Then, the homotopy $a$ provides a canonical factorization


The main theorem of this section is the identification of the Thom spectrum MO $\langle 4 n\rangle$ with the cofiber of the above map $P \rightarrow \mathbb{S}$ in a range.

Theorem 5.2. Let $C$ denote the cofiber of the map $P \rightarrow \mathbb{S}$ constructed above. Then, there is an equivalence of spectra $\tau_{\leqslant 12 n-2} C \simeq \tau_{\leqslant 12 n-2} \mathrm{MO}\langle 4 n\rangle$. Furthermore, the unit map

$$
\tau_{\leqslant 12 n-2} \mathbb{S} \longrightarrow \tau_{\leqslant 12 n-2} \mathrm{MO}\langle 4 n\rangle
$$

agrees with the natural map $\tau_{\leqslant 12 n-2} \mathbb{S} \rightarrow \tau_{\leqslant 12 n-2} C$.
Before proving Theorem 5.2, let us recall Construction 4.2. Construction 4.2 says that the spectrum $\mathrm{MO}\langle 4 n\rangle$ can be calculated as the geometric realization of a 2 -sided bar construction

$$
\mathrm{MO}\langle 4 n\rangle=\left|\operatorname{Bar}\left(\mathbb{S}, \Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle, \mathbb{S}\right) .\right|
$$

Here, the action of $\Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle$ on the leftmost $\mathbb{S}$ is via $\varepsilon$, and the action on the rightmost $\mathbb{S}$ is via $J_{+}$.

We may display this bar construction as a simplicial object,

$$
\cdots \xrightarrow{\longrightarrow} \Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2} \xrightarrow{\stackrel{1 \otimes J_{+}}{\text {沮 }}} \Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle \xrightarrow{\stackrel{J_{+}}{\varepsilon}} \mathbb{S},
$$

where the leftward degeneracy maps are omitted. The key point is that, if we only wish to study $\tau_{\leqslant 12 n-2} \mathrm{MO}\langle 4 n\rangle$, we need only study the partial simplicial diagram

$$
\Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2} \xrightarrow[{\xrightarrow{\varepsilon \otimes 1}}]{\stackrel{1 \otimes J_{+}}{\longrightarrow}} \Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle \xrightarrow{\stackrel{J_{+}}{\varepsilon}} \mathbb{S}
$$

In the language of [62, Lemma 1.2.4.17], this is a diagram $\Delta_{\leqslant 2}^{\mathrm{op}} \rightarrow \mathrm{Sp}$.
Lemma 5.3. Let $X$ denote the colimit of the partial simplicial diagram $\Delta_{\leqslant 2}^{\mathrm{op}} \rightarrow \mathrm{Sp}$ given by $\operatorname{Bar}\left(\mathbb{S}, \Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle, \mathbb{S}\right)_{\leqslant 2}$. Then, there is an equivalence of spectra

$$
\tau_{\leqslant 12 n-2} \mathrm{MO}\langle 4 n\rangle \simeq \tau_{\leqslant 12 n-2} X
$$

Proof. Set

$$
\operatorname{Bar}_{\leqslant k}=\left|\operatorname{Bar}\left(\mathbb{S}, \Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle, \mathbb{S}\right)_{\leqslant k}\right|
$$

Then, $\mathbb{S}=\operatorname{Bar}_{\leqslant 0}$ and $\mathrm{MO}\langle 4 n\rangle$ is the colimit of the $\operatorname{Bar}_{\leqslant k}$. We have a diagram

where the vertical maps are the cofibers of the horizontal maps. The result now follows from the fact that, when $k \geqslant 3, \Sigma^{k} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes k}$ is $12 n$-connective.

Proof of Theorem 5.2. In Lemma 5.3, we established that $\tau_{\leqslant 12 n-2} \mathrm{MO}\langle 4 n\rangle$ may be calculated as $\tau_{\leqslant 12 n-2}$ of the colimit $X$ of a simplicial diagram

$$
\Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2} \xrightarrow[{\xrightarrow{\varepsilon \otimes 1}}]{\stackrel{1 \otimes J_{+}}{\longrightarrow}} \Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle \xrightarrow{\stackrel{J_{+}}{\varepsilon}} \mathbb{S},
$$

where we have omitted the degeneracies from the notation. According to the cofinality statement of [62, Lemma 1.2.4.17], $X$ may be characterized as the lower right corner of
the following cocartesian cube:


We finish the proof by showing that the $X$ appearing in the cube is equivalent to the spectrum $C$ from the theorem statement. Indeed, taking fibers in the vertical direction, we learn that $X$ is the total cofiber of the square

which simplifies to the square


The pushout of the arrows $(1,1 \otimes J)$ and $(1, m)$ is calculated as the cofiber of the map

$$
\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \oplus \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2} \xrightarrow{\left(\begin{array}{cc}
1 & 1 \otimes J \\
-1 & -m
\end{array}\right)} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \oplus \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle,
$$

or equivalently the cofiber of the map

$$
\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2} \xrightarrow{1 \otimes J-m} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle .
$$

This cofiber is the spectrum $P$ of the theorem statement. To obtain the final sentence of the theorem, note that the unit map from $\mathbb{S}$ to $\mathrm{MO}\langle 4 n\rangle$ is the map from

$$
\operatorname{Bar}\left(\mathbb{S}, \Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle, \mathbb{S}\right)_{0}
$$

into the geometric realization of the full bar construction. This factors through the partial bar construction $\left|\operatorname{Bar}\left(\mathbb{S}, \Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle, \mathbb{S}\right)_{\leqslant 2}\right| \simeq X$, via the map $\mathbb{S} \rightarrow X$ that appears three times in the above cocartesian cube.

## 6. The remaining problem as a Toda bracket

In this section, we will use the theory built up in $\S 4$ and $\S 5$ to reduce Theorem 1.4 to a concrete Toda bracket computation. The final result of this section, Lemma 6.9, is the only statement from $\S \S 4-6$ that is used later in the paper. The lemma expresses the Toda bracket in an explicit enough form that we will be able to bound its $\mathrm{HF}_{p}$-Adams filtrations in $\S 10$.

Recall once more the fundamental square


Let $P$ denote the cofiber

$$
P=\operatorname{cofiber}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2} \xrightarrow{1 \otimes J-m} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)
$$

Then, as explained in Remark 5.1, the homotopy a gives rise to a canonical map $P \rightarrow \mathbb{S}$. According to Theorem 5.2, there is a long exact sequence

$$
\begin{equation*}
\pi_{8 n-1}(P) \longrightarrow \pi_{8 n-1}(\mathbb{S}) \longrightarrow \pi_{8 n-1}(\mathrm{MO}\langle 4 n\rangle) \longrightarrow \pi_{8 n-2}(P) \longrightarrow \pi_{8 n-2}(\mathbb{S}) \tag{6.1}
\end{equation*}
$$

which we will use to compute $\pi_{8 n-1}(\mathrm{MO}\langle 4 n\rangle)$.
Lemma 6.1. The group $\pi_{8 n-2}(P)$ is trivial.
Proof. Consider the long exact sequence


According to Corollary 4.8, $\pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right) \cong \mathbb{Z} / 2 \mathbb{Z}$, generated by $x^{2}$. We will thus be done upon showing that $x^{2}$ is in the image of the map

$$
\pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2}\right) \longrightarrow \pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)
$$

The class $x \otimes x$ in the domain is sent to $x J(x)-x^{2}$. By Lemma 4.10, $x J(x)=0$.

To complete the proof of Theorem 1.4, it remains to compute the image of the map

$$
\pi_{8 n-1}(P) \longrightarrow \pi_{8 n-1}(\mathbb{S})
$$

Note that the definition of $P$ as the cofiber of a map

$$
\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2} \longrightarrow \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle
$$

means that there is a canonical map

$$
\pi_{8 n-1}(P) \longrightarrow \pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2}\right)
$$

Lemma 6.2. Suppose $\ell$ is any class in $\pi_{8 n-1} P$ which maps to

$$
2(x \otimes x) \in \pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2}\right) \cong \mathbb{Z}\{x \otimes x\}
$$

Then, $\mathcal{J}_{8 n-1}$ and the image of $\ell$ in $\pi_{8 n-1}(\mathbb{S})$ generate the kernel of the map

$$
\pi_{8 n-1}(\mathbb{S}) \longrightarrow \pi_{8 n-1}(\mathrm{MO}\langle 4 n\rangle)
$$

Proof. By equation (6.1), it suffices to show that the image of $\pi_{8 n-1}(P) \rightarrow \pi_{8 n-1}(\mathbb{S})$ is generated by $\mathcal{J}_{8 n-1}$ and $\ell$. We will argue using the cofiber sequence

$$
\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \longrightarrow P \longrightarrow \Sigma \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2}
$$

The composite map

$$
\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \longrightarrow P \longrightarrow \mathbb{S}
$$

is, by definition, $J$. Thus, by Theorem 4.11, it has image exactly $\mathcal{J}_{8 n-1}$ in degree $8 n-1$. What remains is to show that $2(x \otimes x)$ generates the subgroup of elements of

$$
\pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2}\right)
$$

that lift to $\pi_{8 n-1}(P)$. Consider the map

$$
\mathbb{Z}\{x \otimes x\} \cong \pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2}\right) \longrightarrow \pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right) \cong(\mathbb{Z} / 2)\left\{x^{2}\right\}
$$

The class $x \otimes x$ maps to

$$
x^{2}-x J(x)=x^{2} \in \pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)
$$

since $x J(x)=0$ by Lemma 4.10. Therefore, $2(x \otimes x)$ is a generator of the subgroup of elements which lift.

Unwinding the definition of $P$, it is helpful to restate Lemma 6.2 in the following equivalent form.

Construction 6.3. Recall from Corollary 4.8 and Lemma 4.10 that $2 x J(x)=2 x^{2}=0$ in $\pi_{8 n-2}\left(\Sigma_{+}^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)$. We may therefore choose (completely arbitrary) nullhomotopies $f$ and $b$ completing the following diagram:


Composing all three of these homotopies yields a homotopy between the map

$$
0: \mathbb{S}^{8 n-2} \longrightarrow \mathbb{S}
$$

and itself, or equivalently a loop in the pointed mapping space $\operatorname{Hom}_{*}\left(\mathbb{S}^{8 n-2}, \mathbb{S}\right)$, or an element $z \in \pi_{8 n-1} \mathbb{S}$. This Toda bracket $z$ is well defined up to changing the nullhomotopies $f$ and $b$. The sets of homotopy classes of nullhomotopies $f$ and $b$ are torsors for $\pi_{8 n-1} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$, and changing either $f$ or $b$ by an element $y \in \pi_{8 n-1} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$ has the effect of changing the element $z$ by $J(y)$. The class $z$ therefore has indeterminancy equal to $\pi_{8 n-1} J$, which is equal to $\mathcal{J}_{8 n-1}$ by Theorem 4.11.

Lemma 6.4. The kernel of the map

$$
\pi_{8 n-1}(\mathbb{S}) \longrightarrow \pi_{8 n-1}(\mathrm{MO}\langle 4 n\rangle)
$$

is generated by $\mathcal{J}_{8 n-1}$ and the Toda bracket $z$ of Construction 6.3.
Proof. The nullhomotopies $f$ and $b$ combine to give a nullhomotopy of the composite

$$
\mathbb{S}^{8 n-2} \xrightarrow{2(x \otimes x)} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2} \xrightarrow{1 \otimes J-m} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle,
$$

which is exactly the data of a lift of $2(x \otimes x)$ to a class in

$$
\pi_{8 n-2} \operatorname{fib}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2} \xrightarrow{1 \otimes J-m} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)=\pi_{8 n-2}\left(\Sigma^{-1} P\right) \cong \pi_{8 n-1}(P)
$$

The conclusion therefore follows from Lemma 6.2.

Our strategy will be to choose the nullhomotopies $f$ and $b$, or equivalently the lift $\ell$ in Lemma 6.2, as judiciously as possible. It will be because of these choices that we will be able to establish our $\mathrm{HF}_{p}$-Adams filtration bounds in $\S 10$. Let us begin by making a careful choice of the nullhomotopy $b$.

Recollection 6.5. Suppose that $R$ is a homotopy commutative ring spectrum, and $r$ is an element of $\pi_{2 *+1} R$. Then, the graded commutativity of $\pi_{*}(R)$ ensures that $2 r^{2}=0$ in $\pi_{4 *+2}(R)$. A small part of the data of an $\mathbb{E}_{\infty}$-structure on $R$ is a canonical nullhomotopy of $2 r^{2}$. Indeed, given $r: \mathbb{S}^{2 n+1} \rightarrow R$, there is a canonical factorization of $r^{2}$ as

$$
\mathbb{S}^{4 n+2} \longrightarrow D_{2}\left(\mathbb{S}^{2 n+1}\right) \longrightarrow D_{2}(R) \longrightarrow R
$$

The canonical nullhomotopy of $2 r^{2}$ arises from fixing an identification of the ( $4 n+3$ )skeleton of $D_{2}\left(\mathbb{S}^{2 n+1}\right)$ with $\Sigma^{4 n+2} C(2)$.

Construction 6.6. Let $h$ denote the canonical nullhomotopy of $2 J(x)^{2}$ that arises from the fact that $J(x) \in \pi_{4 n-1} \mathbb{S}$ is an element in the odd-degree homotopy of the $\mathbb{E}_{\infty^{-}}$ring $\mathbb{S}$. Let $g$ denote the canonical homotopy $J(x J(x)) \simeq J(x)^{2}$ that arises from $J$ being a map of right $\mathbb{S}$-modules, and let $f$ denote a completely arbitrary nullhomotopy of $2 x J(x)$. Then, we may form the following diagram:

which composes to give a Toda bracket $w \in \pi_{8 n-1} \mathbb{S}$.
Lemma 6.7. Let $w$ denote the Toda bracket of Construction 6.6. Then, the kernel of the map

$$
\pi_{8 n-1}(\mathbb{S}) \longrightarrow \pi_{8 n-1}(\mathrm{MO}\langle 4 n\rangle)
$$

is generated by $\mathcal{J}_{8 n-1}$ and $w$.

Proof. Composing (whiskering) the homotopy $a$

along the map $\mathbb{S}^{8 n-2} \xrightarrow{x \otimes x} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle^{\otimes 2}$ yields the diagram


Here, $g$ is the homotopy from Construction 6.6, and $c$ is the natural homotopy arising from the structure of $J$ as a ring homomorphism. Consider now the slightly extended diagram


To put ourselves in the situation of Lemma 6.4, we must choose a nullhomotopy $f$ of $2 x J(x)$ as well as a nullhomotopy $b$ of $2 x^{2}$. The result follows from choosing $b$ to the canonical nullhomotopy of $2 x^{2}$ arising from the fact that $\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$ is a (non-unital) $\mathbb{E}_{\infty}$-ring spectrum. Since $J$ is naturally a map of $\mathbb{E}_{\infty}$-rings, and not just of $\mathbb{A}_{\infty}$-rings, this canonical nullhomotopy of $2 x^{2}$ will compose with $c$ to be the canonical nullhomotopy $h$ of $2 J(x)^{2}$.

We record one final technical reduction to end this section.

Definition 6.8. Let

$$
M \longrightarrow \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle
$$

denote the inclusion of an $(8 n-1)$-skeleton of $\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$. By the inclusion of an $(8 n-1)$-skeleton, we mean in particular that the induced map

$$
\mathrm{H}_{*}\left(M ; \mathbb{F}_{p}\right) \longrightarrow \mathrm{H}_{*}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle ; \mathbb{F}_{p}\right)
$$

is an isomorphism for $*<8 n-1$ and a surjection for $*=8 n-1$, and that $\mathrm{H}_{*}\left(M ; \mathbb{F}_{p}\right) \cong 0$ for $*>8 n-1$. The generator $x \in \pi_{4 n-1}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)$ is the image of some class in $\pi_{4 n-1} M$, which by abuse of notation we also denote by $x$. We additionally abuse notation by using $J$ to denote the composite map

$$
M \longrightarrow \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \xrightarrow{J} \mathbb{S} .
$$

Lemma 6.9. Let $h$ denote the canonical nullhomotopy of $2 J(x)^{2}$ that arises from the fact that $J(x) \in \pi_{4 n-1} \mathbb{S}$ is an element in the odd-degree homotopy of the $\mathbb{E}_{\infty}$-ring $\mathbb{S}$. Let $g$ denote the canonical homotopy $J(x J(x)) \simeq J(x)^{2}$ that arises from $J$ being a map of right $\mathbb{S}$-modules, and let $f$ denote a completely arbitrary nullhomotopy of $2 x J(x)$. Then, we may form the following diagram:

which composes to give a Toda bracket $w \in \pi_{8 n-1}(\mathbb{S})$. The kernel of the map

$$
\pi_{8 n-1}(\mathbb{S}) \longrightarrow \pi_{8 n-1}(\mathrm{MO}\langle 4 n\rangle)
$$

is generated by $\mathcal{J}_{8 n-1}$ and $w$.
Proof. Since $M$ is an $(8 n-1)$-skeleton, $2 x J(x)$ is trivial not just in

$$
\pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)
$$

but also in $\pi_{8 n-2}(M)$. A nullhomotopy $f$ of $2 x J(x)$ inside of $\pi_{8 n-2}(M)$ in particular induces such a nullhomotopy in $\pi_{8 n-2}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)$. Also, the map $M \rightarrow \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$ is a map of right $\mathbb{S}$-modules (as it is a map of spectra), and so the homotopy $g$ from this lemma composes with the inclusion of $M$ to give the homotopy $g$ of Construction 6.6.

## 7. The Galatius and Randal-Williams conjecture

In this section, we will prove Theorem 1.4 assuming two results from later in the paper. Recall our standing assumption that $n \geqslant 3$ is a positive integer. In $\S 5$ and $\S 6$, we studied the unit map

$$
\pi_{8 n-1} \mathbb{S} \longrightarrow \pi_{8 n-1} \mathrm{MO}\langle 4 n\rangle
$$

In Lemma 6.1, we showed that this map is surjective. In Lemma 6.2, we showed that the subgroup $\mathcal{J}_{8 n-1}$ is in the kernel of this map. ${ }^{1}$ ) Furthermore, modulo $\mathcal{J}_{8 n-1}$, every element in the kernel is an integer multiple of a single class, which by Lemma 6.9 is given by the Toda bracket $w$.

Our task here is to show that, for $n \geqslant 32$, this element $w$ is trivial modulo $\mathcal{J}_{8 n-1}$. Our strategy will be to prove, separately for each prime number $p$, that $w$ is trivial after $p$-localization.

Theorem 7.1. Fix a prime number $p$. The element

$$
w \in\left(\pi_{8 n-1} \mathbb{S}\right) / \mathcal{J}_{8 n-1}
$$

is p-locally trivial if any of the following conditions are met:

- $p>3$;
- $n \geqslant 32$ and $p=3$;
- $n \geqslant 17$ and $p=2$.

Convention 7.2. For the rest of this section we will work $p$-locally for a fixed prime number $p$. For example, we use $\pi_{*} \mathbb{S}$ to denote $\pi_{*} \mathbb{S}_{(p)}$.

The proof that $w \in \mathcal{J}_{8 n-1}$ will proceed by using two results from later in the paper. These results, respectively,
(1) establish a lower bound on the $\mathrm{HF}_{p}$-Adams filtration of $w$, and
(2) exhibit an upper bound on the $\mathrm{HF}_{p}$-Adams filtrations of elements of coker $(J)$.

To explain further, we recall the following definition, which appeared in the statement of Theorem 1.7:

Definition 7.3. For each prime number $p>2$ and each integer $k>0$, let $\Gamma_{p}(k)$ denote the minimal $m$ such that every $\alpha \in \pi_{k} \mathbb{S}_{(p)}$ with $H \mathbb{F}_{p}$-Adams filtration strictly greater than $m$ is in the image of $J$. Similarly, let $\Gamma_{2}(k)$ denote the minimal $m$ such that every $\alpha \in \pi_{k} \mathbb{S}_{(2)}$ with $\mathrm{HF}_{2}$-Adams filtration strictly greater than $m$ is in the subgroup generated by the image of $J$ and the $\mu$-family.
${ }^{(1)}$ We remark that this and the preceeding statement are not original to us and may be proven using classical tools of geometric topology - see Remark 1.5

Remark 7.4. At $p=2$, the elements of $\pi_{*} \mathbb{S}$ in the $\mu$ family are of degrees 1 or 2 $\bmod 8$, and in particular do not occur in degree $8 n-1$. Thus, an element in $\pi_{8 n-1} \mathbb{S}_{(p)}$ with $\mathrm{HF}_{2}$-Adams filtration greater than $\Gamma_{p}(8 n-1)$ is automatically in the image of $J$.

If we let $\operatorname{AF}(w)$ denote the $\mathrm{HF}_{p}$-Adams filtration of (some choice of) $w$, then it will suffice to show that

$$
\begin{equation*}
\Gamma_{p}(8 n-1)<\operatorname{AF}(w) \tag{7.1}
\end{equation*}
$$

$\S 10$ will be devoted to establishing a lower bound on $\operatorname{AF}(w)$. To state this bound, we establish some additional notation.

Definition 7.5. We define the integer $N_{2}$ by the formula

$$
N_{2}=h(4 n-1)-\left\lfloor\log _{2}(8 n)\right\rfloor+1
$$

where $h(k)$ is the number of integers $0<s \leqslant k$ which are congruent to $0,1,2$ or $4 \bmod 8$. For an odd prime $p$, we define

$$
N_{p}=\left\lfloor\frac{4 n}{2 p-2}\right\rfloor-\left\lfloor\log _{p}(4 n)\right\rfloor
$$

Theorem 7.6. (Proven as Theorem 10.8) There is a choice of $f$ in the statement of Lemma 6.9 such that the $\mathrm{H} \mathbb{F}_{p}$-Adams filtration of the Toda bracket $w$ is at least $2 N_{p}-1$.

Remark 7.7. Our use of Adams filtrations in the proof of Theorem 7.1 is inspired by arguments of Stolz in [90]. In particular, it follows from a theorem of Stolz that there is a lower bound of size $N_{2}$ on the $\mathrm{HF}_{2}$-Adams filtration of $w$ [90, Satz 12.7]. The doubling of Stolz's lower bound is one of the main contributions of this paper.

Additionally, upper bounds on $\Gamma_{p}(8 n-1)$ have been previously studied by DavisMahowald [29] (at the prime 2) and González [41] (at odd primes). At the prime 3, we will require a novel bound established by the first named author in Appendix B.

ThEOREM 7.8. We have the following upper bounds on the function $\Gamma_{p}(8 n-1)$ :
(1) (Davis-Mahowald, [29, Corollary 1.3])

$$
\Gamma_{2}(8 n-1) \leqslant \frac{3(8 n-1)}{10}+7+v_{2}(n)
$$

(2) (González, [41, Theorem 5.1]) assuming $p \neq 2$,

$$
\Gamma_{p}(8 n-1) \leqslant 3+\frac{(2 p-1)(8 n-1)}{(2 p-2)\left(p^{2}-p-1\right)}
$$

(3) (Burklund, Theorem B.7(4))( ${ }^{2}$ )

$$
\Gamma_{3}(8 n-1) \leqslant \frac{25(8 n-1)}{184}+19+\frac{1133}{1472}
$$

Remark 7.9. Theorems 10.8 and B. 7 are the only results from the latter half of this paper that are required to settle the Galatius and Randal-Williams conjecture. The paper is structured so that the reader willing to assume Theorem B. 7 need not read past $\S 10$ to understand the proof of Theorem 1.4.

At this point, the main work ahead of us in this section is to understand when the bound of Theorem 7.6 exceeds the bounds of Theorem 7.8. To this end, we introduce some compact notation.

Notation 7.10. Let

$$
A_{p}:=2 N_{p}-1 \quad \text { and } \quad B_{p}:= \begin{cases}\frac{3(8 n-1)}{10}+7+v_{2}(n), & p=2 \\ \frac{25(8 n-1)}{184}+19+\frac{1133}{1472}, & p=3 \\ 3+\frac{(2 p-1)(8 n-1)}{(2 p-2)\left(p^{2}-p-1\right)}, & p \geqslant 5\end{cases}
$$

Lemma 7.11. The element $w \in\left(\pi_{8 n-1} \mathbb{S}\right) / \mathcal{J}_{8 n-1}$ is $p$-locally trivial if $A_{p}>B_{p}$, which occurs for

- $p=2$ and $n \geqslant 17$;
- $p=3$ and $n \geqslant 32$;
- $p=5$ and $n \geqslant 16$;
- $p=7$ and $n \geqslant 21$;
- $p \geqslant 11$ and $n \geqslant 2(2 p-2)$.

Proof. The first claim follows from the preceding discussion. Verifying the remaining claims is just a matter of checking inequalities between elementary functions. For each of these, we follow the same basic strategy:
(1) find a smooth function that acts as a lower bound for $A_{p}-B_{p}$;
(2) argue that the derivative of this function is positive;
(3) find a point where this lower bound is positive;
(4) go back and fill in small values of $n$ by directly computing $A_{p}-B_{p}$.

[^0]| $n$ | $A_{3}$ | $B_{3}$ |
| :---: | :---: | :---: |
| 31 | 53 | 53.33 |
| 32 | 55 | 54.42 |
| 33 | 57 | 55.50 |


| $n$ | $A_{5}$ | $B_{5}$ |
| :---: | :---: | :---: |
| 16 | 11 | 10.52 |
| 17 | 11 | 10.99 |
| 18 | 13 | 11.47 |
| 19 | 13 | 11.94 |
| 20 | 15 | 12.41 |
| 21 | 15 | 12.89 |
| 22 | 17 | 13.36 |
| 23 | 17 | 13.84 |
| 24 | 19 | 14.31 |


| $n$ | $A_{7}$ | $B_{7}$ |
| :---: | :---: | :---: |
| 20 | 7 | 7.20 |
| 21 | 9 | 7.41 |
| 22 | 9 | 7.62 |
| 23 | 9 | 7.84 |
| 24 | 11 | 8.05 |

Table 1.

We begin with the $p=2$ case:

$$
\begin{aligned}
A_{2}-B_{2} & =2\left(h(4 n-1)-\left\lfloor\log _{2}(8 n)\right\rfloor+1\right)-1-\left(\frac{3}{10}(8 n-1)+7+v_{2}(n)\right) \\
& \geqslant(4 n-2)-2 \log _{2}(8 n)+1-\frac{3}{10}(8 n-1)-7-\log _{2}(n) \\
& =\frac{8}{5} n-3 \log _{2}(n)-13.7 .
\end{aligned}
$$

Since the quantity on the final line is positive for $n=17$ (it is approximately 1.24 ) and its derivative with respect to $n$ is positive for $n \geqslant 3$ we may conclude that $A_{2}>B_{2}$ for $n \geqslant 17$.

Next, we handle the $p=3$ case, which proceeds in the same fashion as $p=2$ :

$$
\begin{aligned}
A_{3}-B_{3} & =2\left(\left\lfloor\frac{4 n}{4}\right\rfloor-\left\lfloor\log _{3}(4 n)\right\rfloor\right)-1-\left(\frac{25}{184}(8 n-1)+19+\frac{1133}{1472}\right) \\
& \geqslant 2 n-2 \log _{3}(4 n)-1-\frac{200}{184} n-20 \\
& =\frac{21}{23} n-2 \log _{3}(4 n)-21
\end{aligned}
$$

The quantity on the final line is positive for $n=33$ (it is approximately 0.24 ) and its derivative with respect to $n$ is positive for $n \geqslant 2$, thus we may conclude that $A_{3}>B_{3}$ for $n \geqslant 33$. The inequality for the remaining value of $n$ can now be read off from Table 1 .

We handle the remaining values of $p$ uniformly. Let $(p-1) k=n$. Then,

$$
\begin{aligned}
A_{p}-B_{p} & =2\left(\left\lfloor\frac{4 n}{2 p-2}\right\rfloor-\left\lfloor\log _{p}(4 n)\right\rfloor\right)-1-\left(3+\frac{(2 p-1)(8 n-1)}{(2 p-2)\left(p^{2}-p-1\right)}\right) \\
& \geqslant 2 \frac{4 n}{2 p-2}-2 \log _{p}(4 n)-6-\frac{(2 p-1) 8 n}{(2 p-2)\left(p^{2}-p-1\right)} \\
& \geqslant 4 k-2 \log _{p}(4(p-1) k)-6-\frac{(2 p-1) 4 k}{p^{2}-p-1} \\
& \geqslant 4 k-\frac{(2 p-1) 4 k}{p^{2}-p-1}-8-2 \log _{p}(4 k) .
\end{aligned}
$$

Let $C_{p}$ denote the quantity on the final line. For $p \geqslant 5$ and $k \geqslant 2$ we have that

$$
\frac{\partial}{\partial k} C_{p}=4-\frac{(2 p-1) 4}{p^{2}-p-1}-\frac{2}{\log (p) k} \geqslant 4-\frac{8 p}{p^{2}-2 p}-\frac{2}{\log (p) k} \geqslant 4-\frac{8}{3}-\frac{2}{2 \log (5)}>0
$$

and

$$
\frac{\partial}{\partial p} C_{p}=4 k \frac{2 p^{2}-2 p+3}{\left(p^{2}-p-1\right)^{2}}+\frac{2 \log (4 k)}{(\log (p))^{2} p}=\frac{2 k\left((2 p-1)^{2}+5\right)}{\left(p^{2}-p-1\right)^{2}}+\frac{2 \log (4 k)}{(\log (p))^{2} p}>0
$$

When $p=5$ and $k=6$ the value of $C_{p}$ is approximately 0.68 and when $p=7$ and $k=4$ the value of $C_{p}$ is approximately 0.08 . Translating back into terms of $p$ and $n$, instead of $k$, this completes the proof of the lemma for $p \geqslant 11$ and all but finitely many cases for $p=5,7$. A second consultation with Figure 1 now completes the proof.

Proof of Theorem 7.1. In order to finish the proof of Theorem 7.1 at $p \geqslant 5$, it will suffice to show that $\pi_{8 n-1} \mathbb{S}_{(p)}^{0}$ is generated by the image of $J$ for each $n$ below the bound from Lemma 7.11. Through this range, the $\mathrm{E}_{2}$-page of the Adams-Novikov spectral sequence is calculated in [80, Theorem 4.4.20] and the spectral sequence degenerates at the $\mathrm{E}_{2}$-page for degree reasons.

In Table 2 we list the generators of the cokernel of $J$ in degrees below the bound from Lemma 7.11 at primes $5,7,11,13$. None of these generators are in a degree congruent to $-1 \bmod 8$. At primes $p \geqslant 17$ we argue as follows: again, using [80, Theorem 4.4.20], we know that the first element of $\operatorname{coker}(J)$ at odd primes is $\beta_{1}$ in the $\left(2 p^{2}-2 p-2\right)$ stem. On the other hand, since

$$
8 n-1 \leqslant 16(2 p-2)-1<2 p^{2}-2 p-2,
$$

the bound from Lemma 7.11 is below this point.

| $p$ | Max $n$ | Max degree | Classes in $\operatorname{coker}(J)$ |
| :---: | :---: | :---: | :--- |
| 5 | 15 | 119 | $\beta_{1}, \alpha_{1} \beta_{1}, \beta_{1}^{2}, \alpha_{1} \beta_{1}^{2}, \beta_{2}, \alpha_{1} \beta_{2}, \beta_{1}^{3}$ |
| 7 | 20 | 159 | $\beta_{1}, \alpha_{1} \beta_{1}$ |
| 11 | 39 | 311 | $\beta_{1}, \alpha_{1} \beta_{1}$ |
| 13 | 47 | 375 | $\beta_{1}, \alpha_{1} \beta_{1}$ |

Table 2.

### 7.1. A note on the remaining dimensions

Galatius and Randal-Williams conjecture [35, Conjecture A] that the map

$$
\pi_{8 n-1} \mathbb{S} \longrightarrow \pi_{8 n-1} \mathrm{MO}\langle 4 n\rangle
$$

has kernel equal to $\mathcal{J}_{8 n-1}$ for all $n \geqslant 1$, and not just for $n>31$.
It is known that the conjecture is true when $n=1$ and when $n=2$ [35, p. 13]. Indeed, the case $n=1$ follows from the fact that there is nothing in $\pi_{7} \mathbb{S}$ which is not in the image of $J$. When $n=2$, it follows from direct calculation of $\pi_{15} \mathrm{MO}\langle 8\rangle=\pi_{15}$ MString as in [39]. The methods of this paper first apply when $n \geqslant 3$.

The first and third named authors returned to this question in [24] and proved the following theorem, completely resolving the remaining cases of the Galatius and RandalWilliams conjecture.

Theorem 7.12. ([24, Theorem 1.4]) The kernel of the map

$$
\pi_{2 k-1} \mathbb{S} \longrightarrow \pi_{2 k-1} \mathrm{MO}\langle k\rangle
$$

is equal to $\mathcal{J}_{2 k-1}$ if $k \neq 9,12$. When $k=9$, it is generated by $\mathcal{J}_{17}$ and $\eta \eta_{4} \in \pi_{17}(\mathbb{S})$. When $k=12$, it is generated by $\mathcal{J}_{23}$ and $\eta^{3} \bar{\kappa} \in \pi_{23}(\mathbb{S})$.

In particular, the Galatius and Randal-Williams conjecture is true precisely when

$$
n \neq 3
$$

## 8. The proof of Theorem 1.1

In this section, we will prove Theorem 1.1. Our methods are due to Stephan Stolz [90], and we rely heavily on his work. We are able to improve on Stolz's results by a combination of Theorem 1.4 and the following result.

THEOREM 8.1. Suppose that a class $\alpha$ in the $(2 k+d)$-th homotopy group of the mod-8 Moore spectrum

$$
\alpha \in \pi_{2 k+d}(C(8))
$$

has $\mathrm{HF}_{2}$-Adams filtration at least $\frac{1}{5}(2 k+d)+15$. Then, if $2 k+d \geqslant 126$, the image of $\alpha$ under the Bockstein map

$$
\pi_{2 k+d}(C(8)) \longrightarrow \pi_{2 k+d-1}(\mathbb{S})
$$

is contained in the subgroup of $\pi_{2 k+d-1}(\mathbb{S})$ generated by $\mathcal{J}_{2 k+d-1}$ and Adams' $\mu$-family.
Theorem 8.1 will be proved as Theorem 15.1 in the subsequent half of the paper.
Remark 8.2. Stolz relied on a similar result for the mod-2 Moore spectrum, which he attributes to Mahowald [90, Satz 12.9]. Though Mahowald announced such a result in [64], and again in [65] (the reference that Stolz cites), to the best of our knowledge no proof has appeared in print. Part of our motivation in proving Theorem 8.1 is to fill this gap in the literature. The other motivation is that we obtain stronger geometric consequences from the mod- 8 Moore spectrum.

Recall that $\mathrm{MO}\langle k\rangle$ denotes the Thom spectrum of the map

$$
\tau_{\geqslant k} \mathrm{BO} \longrightarrow \mathrm{BO}
$$

There is a unit map $\mathbb{S} \rightarrow \mathrm{MO}\langle k\rangle$, which may be extended to a cofiber sequence

$$
\mathbb{S} \longrightarrow \mathrm{MO}\langle k\rangle \longrightarrow \mathrm{MO}\langle k\rangle / \mathbb{S} \xrightarrow{\partial} \mathbb{S}^{1}
$$

Stolz constructed [90, Satz 3.1] a spectrum $A[k]$ together with a map

$$
b: A[k] \longrightarrow \mathrm{MO}\langle k\rangle / \mathbb{S}
$$

such that the following is true.
Theorem 8.3. ([90, Lemma 12.5]) Let $k>2$ and $d \geqslant 0$ be integers. Suppose that, for every element $\alpha \in \pi_{2 k+d}(A[k])$, the image of $\alpha$ under the composite

$$
\pi_{2 k+d}(A[k]) \xrightarrow{b_{*}} \pi_{2 k+d}(\mathrm{MO}\langle k\rangle / \mathbb{S}) \xrightarrow{\partial_{*}} \pi_{2 k+d}\left(\mathbb{S}^{1}\right) \cong \pi_{2 k+d-1}(\mathbb{S})
$$

is in $\mathcal{J}_{2 k+d-1}$. Then, the boundary of any $(k-1)$-connected, almost closed $(2 k+d)$ manifold also bounds a parallelizable manifold.

Stolz then proved the following two theorems. The first is contained in the proof of [90, Satz 12.7].

Theorem 8.4. ([90, Proof of Satz 12.7]) Suppose that $k>2$ and $d \geqslant 0$, and let $M_{2 k+d+1} \hookrightarrow A[k]$ denote a $(2 k+d+1)$-skeleton of $A[k]$. Then, the composite

$$
M_{2 k+d+1} \hookrightarrow A[k] \longrightarrow \mathrm{MO}\langle k\rangle / \mathbb{S} \longrightarrow \mathbb{S}^{1}
$$

has $\mathrm{HF}_{2}$-Adams filtration at least

$$
h(k-1)-\left\lfloor\log _{2}(2 k+d+1)\right\rfloor+1,
$$

where $h(k-1)$ is the number of integers of $s$ with $0<s \leqslant k-1$ and $s \equiv 0,1,2,4 \bmod 8$.
The second follows from [90, Theorem A] along with the equivalences $A[k] \simeq A[k+1]$ for $k \equiv 3,5,6,7 \bmod 8[90$, Satz 3.1 (ii)].

Theorem 8.5. ([90, Theorem A]) Suppose that $k \geqslant 9$ and $0 \leqslant d \leqslant 3$. Then, unless one of the following conditions are met, every element of $\pi_{2 k+d} A[k]$ is 8-torsion:

- $k \equiv 0 \bmod 4$ and $d=0$;
- $k \equiv 3 \bmod 4$ and $d=2$.

We now proceed with our proof of Theorem 1.1.
ThEOREM 8.6. Let $k>124$ and $0 \leqslant d \leqslant 3$ be integers. Suppose that $k \equiv 0 \bmod 4$ and $d=0$, or $k \equiv 3 \bmod 3$ and $d=2$. Then, the boundary of any $(k-1)$-connected, almost closed $(2 k+d)$-manifold also bounds a parallelizable manifold.

Proof. We need to show that the image of the composite

$$
\pi_{2 k+d} A[k] \longrightarrow \pi_{2 k+d}(\mathrm{MO}\langle k\rangle / \mathbb{S}) \longrightarrow \pi_{2 k+d}\left(\mathbb{S}^{1}\right)
$$

contains only classes in $\mathcal{J}_{2 k+d-1}$. In fact, we will show that this is already true of the image of

$$
\pi_{2 k+d}(\mathrm{MO}\langle k\rangle / \mathbb{S}) \longrightarrow \pi_{2 k+d}\left(\mathbb{S}^{1}\right)
$$

or equivalently that the unit map

$$
\pi_{2 k+d-1} \mathbb{S} \longrightarrow \pi_{2 k+d-1} \mathrm{MO}\langle k\rangle
$$

has kernel consisting only of classes in $\mathcal{J}_{2 k+d-1}$. If $d=0$ and $k \equiv 0 \bmod 4$, this follows from Theorem 1.4. If $d=2$ and $k \equiv 3 \bmod 4$, then $\mathrm{MO}\langle k\rangle \simeq \mathrm{MO}\langle k+1\rangle$, and so

$$
\pi_{2 k+2} \mathrm{MO}\langle k\rangle \cong \pi_{2 k+2} \mathrm{MO}\langle k+1\rangle
$$

and this again follows from Theorem 1.4.

ThEOREM 8.7. Let $k>232$ and $0 \leqslant d \leqslant 3$ be integers. Suppose that $k$ and $d$ satisfy neither of the exceptional conditions under which Theorem 8.5 fails and Theorem 8.6 applies. Then, the boundary of any $(k-1)$-connected, almost closed $(2 k+d)$-manifold also bounds a parallelizable manifold.

Proof. We construct an argument very similar to that found on [90, p. 107]. Namely, consider the diagram

where $M_{2 k+d+1} \rightarrow A[k]$ is a $(2 k+d+1)$-skeleton.
Let $\alpha$ denote a map $\mathbb{S}^{2 k+d} \rightarrow A[k]$. Then, we may factor $\alpha$ through an 8-torsion map $\mathbb{S}^{2 k+d} \rightarrow M_{2 k+d+1}$ by Theorem 8.5, and thus we may choose a lift

$$
\bar{\alpha}: \mathbb{S}^{2 k+d} \longrightarrow \Sigma^{-1} C(8) \otimes M_{2 k+d+1}
$$

Since

$$
M_{2 k+d+1} \xrightarrow{\iota} A[k] \xrightarrow{\partial \circ b} \mathbb{S}^{1}
$$

is of $\mathrm{HF}_{2}$-Adams filtration at least

$$
h(k-1)-\left\lfloor\log _{2}(2 k+d+1)\right\rfloor+1
$$

by Theorem 8.4 , so is

$$
\Sigma^{-1} C(8) \otimes M_{2 k+d+1} \xrightarrow{1 \otimes \iota} \Sigma^{-1} C(8) \otimes A[k] \xrightarrow{1 \otimes(\partial \circ b)} \Sigma^{-1} C(8) \otimes \mathbb{S}^{1} .
$$

It follows that

$$
(1 \otimes \partial) \circ(1 \otimes b) \circ(1 \otimes \iota) \circ \bar{\alpha} \in \pi_{2 k+d}(C(8))
$$

is too. Thus, by Theorem 8.1, so long as

$$
2 k+d \geqslant 126 \quad \text { and } \quad h(k-1)-\left\lfloor\log _{2}(2 k+d+1)\right\rfloor+1 \geqslant \frac{2 k+d}{5}+15
$$

the image of $\alpha$ in $\pi_{2 k+d-1} \mathbb{S}$ must be in the subgroup generated by $\mathcal{J}_{2 k+d-1}$ and Adams' $\mu$-family. In Lemma 8.8, we show that both of these conditions are satisfied under our assumptions $k>232$ and $0 \leqslant d \leqslant 3$. Now, we claim that the image of $\alpha$ in $\pi_{2 k+d-1} \mathbb{S}$ must
actually be in the subgroup generated by $\mathcal{J}_{2 k+d-1}$, without Adams' $\mu$-family. This follows simply from the fact that this class is in the image of the map

$$
\pi_{2 k+d} \mathrm{MO}\langle k\rangle / \mathbb{S} \longrightarrow \pi_{2 k+d} \mathbb{S}^{1}
$$

and therefore in the kernel of the map

$$
\pi_{2 k+d-1} \mathbb{S} \longrightarrow \mathrm{MO}\langle k\rangle
$$

Recall that the Atiyah-Bott-Shapiro orientation [9] determines a unital map

$$
\mathrm{MO}\langle 3\rangle=\mathrm{MSpin} \longrightarrow \mathrm{KO} .
$$

The composite map

$$
\pi_{2 k+d-1} \mathbb{S} \longrightarrow \pi_{2 k+d-1} \mathrm{MO}\langle k\rangle \longrightarrow \pi_{2 k+d-1} \mathrm{MO}\langle 3\rangle \longrightarrow \pi_{2 k+d-1} \mathrm{KO}
$$

has the effect of killing $\mathcal{J}_{2 k+d-1}$ without killing any of Adams' $\mu$-family. Thus, any class in the kernel of the map

$$
\pi_{2 k+d-1} \mathbb{S} \longrightarrow \pi_{2 k+d-1} \mathrm{MO}\langle k\rangle
$$

cannot be a sum of a class in $\mathcal{J}_{2 k+d-1}$ and a non-trivial element of the $\mu$-family.
Proof of Theorem 1.1. This follows by combining Theorems 8.6 and 8.7.
Lemma 8.8. The inequality

$$
h(k-1)-\left\lfloor\log _{2}(2 k+d+1)\right\rfloor+1 \geqslant \frac{2 k+d}{5}+15
$$

holds for $k>232$ and $0 \leqslant d \leqslant 3$.
Proof. Without loss of generality we may assume $d=3$. Then, using the inequality $h(k-1) \geqslant \frac{1}{2} k-1$, it will suffice to show that

$$
\begin{equation*}
\frac{k}{10} \geqslant \frac{3}{5}+15+\log _{2}(2 k+4) \tag{8.1}
\end{equation*}
$$

Taking derivatives, we see that the left-hand side increases faster than the right-hand side, as soon as $k \geqslant 13$. Using a computer, we find that equation 8.1 holds for $k=246$, so the lemma holds for $k \geqslant 246$. For the remaining values of $k$, we compute each side of the desired inequality

$$
h(k-1)-\left\lfloor\log _{2}(2 k+d+1)\right\rfloor+1 \geqslant \frac{2 k+d}{5}+15
$$

for $d=3$, and display their difference, $\Delta$, in the following table:

| $k$ | 233 | 234 | 235 | 236 | 237 | 238 | 239 | 240 | 241 | 242 | 243 | 244 | 245 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\Delta$ | 0.2 | 0.8 | 1.4 | 1.0 | 1.6 | 1.2 | 0.8 | 0.4 | 1.0 | 1.6 | 2.2 | 1.8 | 2.4 |

Remark 8.9. In $\S 7.1$ we discussed possible improvements to Theorem 8.6. We have spent comparatively little effort optimizing Theorem 8.7, and it would be interesting to see an improvement of the bounds $k>232$ and $d \leqslant 3$.

For a fixed dimension $m$, it would be interesting to know the largest integer $\ell$ such that a smooth, $\ell$-connected, almost closed $m$-manifold bounds an element non-trivial in $\operatorname{coker}(J)_{m-1}$. Conjecture B. 10 suggests that this $\ell$ should be closer to $\frac{1}{3} m$ than to $\frac{1}{2} m$.

## 9. Synthetic spectra

At this point, we have reduced our main theorems to three technical results, which will appear as Theorems 10.8, 15.1 and B.7. Additionally, in $\S 4$, we referred to Remark 10.22. Each of these results relies on an analysis of Adams filtration.

First, we focus on Theorem 10.8, which bounds the Adams filtration of the Toda bracket $w \in \pi_{8 n-1} \mathbb{S}$ defined in Lemma 6.9. To understand why Toda brackets have controllable Adams filtration, it is helpful to consider the following facts:
(1) Adams filtration is super-additive under function composition, i.e.

$$
\mathrm{AF}(f g) \geqslant \mathrm{AF}(f)+\mathrm{AF}(g)
$$

(2) Toda brackets are a kind of secondary composition operation.

These facts suggest that we should be able to compute lower bounds for the Adams filtration of a Toda bracket. In practice, this can be subtle, since such bounds require us to keep track not only of the Adams filtrations of maps but also of the Adams filtrations of homotopies.

We believe that questions involving the Adams filtrations of homotopies are greatly clarified by recent work of Piotr Pstragowski, and in particular his development of the category of synthetic spectra [77]. For $E$ an Adams-type homology theory, E-based synthetic spectra form an $\infty$-category $\operatorname{Syn}_{E}$ of formal $E$-based Adams spectral sequences. We devote this section to a review of the basic properties of $\mathrm{Syn}_{E}$, some of which have not appeared in the literature.

Definition 9.1. Suppose that $E$ is a homotopy associative ring spectrum such that $E_{*}$ and $E_{*} E$ are graded commutative rings. Following [77, Definition 3.12], we say that a finite spectrum $X$ is finite $E_{*}$-projective (or simply finite projective if $E$ is clear from context) if $E_{*} X$ is a projective $E_{*}$-module. We say that $E$ is of Adams type if $E$ can be written as a filtered colimit of finite projective spectra $E_{\alpha}$ such that the natural maps

$$
E^{*} E_{\alpha} \longrightarrow \operatorname{Hom}_{E_{*}}\left(E_{*} E_{\alpha}, E_{*}\right)
$$

are isomorphisms.

Example 9.2. In this paper, we will make use only of the examples $E=\mathrm{BP}$ and $E=\mathrm{HF}_{p}$ for some prime $p$, both of which are of Adams type.

Construction 9.3. (Pstrągowski) Let $E$ denote an Adams-type homology theory. Then, there is a stable, presentably symmetric monoidal $\infty$-category $\operatorname{Syn}_{E}$ together with a functor

$$
\nu_{E}: \mathrm{Sp} \longrightarrow \mathrm{Syn}_{E}
$$

which is lax symmetric monoidal and preserves filtered colimits [77, Lemma 4.4]. However, $\nu_{E}$ does not preserve cofiber sequences in general. When $E$ is clear from context, we will often denote $\nu_{E}$ by $\nu$.

Remark 9.4. The tensor product in synthetic spectra preserves colimits in each variable separately.

Remark 9.5. If $X$ and $Y$ are any two spectra, then the lax symmetric monoidal structure on $\nu$ provides us with a natural comparison map

$$
\nu(X) \otimes \nu(Y) \longrightarrow \nu(X \otimes Y)
$$

In some cases this comparison map is actually an equivalence. For example, $\nu$ is symmetric monoidal when restricted to the full subcategory of finite projectives. More generally, [77, Lemma 4.24] proves that the comparison map is an equivalence whenever $X$ is a filtered colimit of finite projectives. Note that this condition is only on $X$, and $Y$ may be arbitrary.

If $E=H \mathbb{F}_{p}$, then every finite spectrum is finite projective, and so every spectrum $X$ satisfies the condition above. Thus, $\nu_{\mathrm{HF}_{p}}$ is symmetric monoidal, rather than merely lax symmetric monoidal.

Remark 9.6. As proved in [77, Lemma 3.18], the full subcategory of spectra spanned by the finite projective spectra is rigid symmetric monoidal. Furthermore, [77, Remark 4.14] proves that the set of $\Sigma^{k} \nu P$, with $k \in \mathbb{Z}$ and $P$ finite projective, is a family of compact generators of $\operatorname{Syn}_{E}$. The fact that $\nu$ is symmetric monoidal when restricted to finite projective spectra implies that this is a family of dualizable compact generators.

If $X$ is a spectrum, then $\nu X$ records detailed information about the $E$-based Adams tower for $X$. A first hint of this is found in the following proposition.

Lemma 9.7. ([77, Lemma 4.23]) Suppose that

$$
A \longrightarrow B \longrightarrow C
$$

is a cofiber sequence of spectra. Then,

$$
\nu A \longrightarrow \nu B \longrightarrow \nu C
$$

is a cofiber sequence of synthetic spectra if and only if

$$
0 \longrightarrow E_{*} A \longrightarrow E_{*} B \longrightarrow E_{*} C \longrightarrow 0
$$

is a short exact sequence of $E_{*} E$-comodules. $\left({ }^{3}\right)$
To precisely relate $\nu X$ to the $E$-based Adams spectral sequence for $X$, we must introduce bigraded spheres and the canonical bigraded homotopy element $\tau$.

Definition 9.8. ([77, Definitions 4.6 and 4.9]) The bigraded sphere $\mathbb{S}^{n, n}$ is defined to be $\nu\left(\mathbb{S}^{n}\right)$. Since $\operatorname{Syn}_{E}$ is stable, we more generally define $\mathbb{S}^{a, b}$ to be $\Sigma^{a-b} \mathbb{S}^{b, b}$, which makes sense even if $a-b<0$. For any synthetic spectrum $X$, the bigraded homotopy groups $\pi_{a, b}(X)$ are defined to be the abelian groups

$$
\pi_{a, b}(X)=\pi_{0} \operatorname{Hom}\left(\mathbb{S}^{a, b}, X\right)
$$

Remark 9.9. The fact that $\nu$ is symmetric monoidal when restricted to finite projectives (such as $\mathbb{S}^{b}$ ) implies that each of the bigraded spheres $\mathbb{S}^{a, b}$ is $\otimes$-invertible. Thus, bigraded homotopy groups are particular instances of Picard-graded homotopy groups.

Remark 9.10. Recall that, if $F: \mathcal{C} \rightarrow \mathcal{D}$ is any functor of pointed, cocomplete $\infty$ categories, the definition of $\Sigma$ as a pushout gives natural comparison morphisms

$$
\Sigma F(c) \longrightarrow F(\Sigma c)
$$

Definition 9.11. ([77, Definition 4.27]) The natural comparison map

$$
\mathbb{S}^{0,-1}=\Sigma \nu\left(\mathbb{S}^{-1}\right) \longrightarrow \nu\left(\Sigma \mathbb{S}^{-1}\right)=\mathbb{S}^{0,0}
$$

is denoted by $\tau$. In short, $\tau$ is a canonical element of $\pi_{0,-1} \mathbb{S}^{0,0}$. The symbol $C \tau$ denotes the cofiber of $\tau$. A synthetic spectrum $X$ is said to be $\tau$-invertible if the map

$$
\tau: \Sigma^{0,-1} X \longrightarrow X
$$

is an equivalence.

[^1]Using $\tau$ we can now give a global description of the category of synthetic spectra. Although the description given in Theorem 9.12 is concise and powerful, we will ultimately trade it in for the more computationally precise Theorem 9.19.

Theorem 9.12. (Pstrągowski)
(1) The localization functor given by inverting $\tau$ is symmetric monoidal.
(2) The full subcategory of $\tau$-invertible synthetic spectra is equivalent to the category of spectra.
(3) The composite $\tau^{-1} \circ \nu$ is equivalent to the identity functor on Sp .
(4) The object $C \tau$ admits the structure of an $\mathbb{E}_{\infty}$-ring in $\operatorname{Syn}_{E}$.
(5) Suppose that $E$ is homotopy commutative. Then, there is a natural fully faithful, monoidal functor

$$
\operatorname{Mod}_{C \tau} \longrightarrow \text { Stable }_{E_{*} E}
$$

where the target is Hovey's stable $\infty$-category of comodules and the composition of

$$
\nu(-) \otimes C \tau
$$

with this functor is equivalent to $E_{*}(-)$.
We can construct the following diagram, where every arrow except $\nu$ and $E_{*}(-)$ is a left adjoint:


Before proving Theorem 9.12, we record the following useful corollary.
Corollary 9.13. ([77, Lemma 4.56]) For any spectrum $X$, there is a natural isomorphism of bigraded abelian groups

$$
\pi_{t-s, t}(C \tau \otimes \nu X) \cong \operatorname{Ext}_{E_{*}}^{s, t}\left(E_{*}, E_{*} X\right)
$$

Note that the latter object is the $\mathrm{E}_{2}$-page of the E-based Adams spectrum sequence for $X$.
Proof of Theorem 9.12. Except for the claim that the functor in (5) is symmetric monoidal, this theorem is just a combination of citations to [77]: (1) is [77, Theorem 4.36 and Proposition 4.39], (2) is [77, Theorem 4.36], (3) is [77, Proposition 4.39], (4) is [77, Corollary 4.45] and most of (5) is [77, Theorem 4.46 and Remark 4.55].

We finish by proving the remaining claim. By [77, Lemma 4.43] the left adjoint

$$
\varepsilon_{*}: \operatorname{Syn}_{E} \longrightarrow \text { Stable }_{E_{*} E}
$$

is symmetric monoidal because $E$ is homotopy commutative. $\left(^{4}\right.$ ) Then, by [63, Corollary I.2.5.5.3] and [77, Lemma 4.44], there is a factorization of lax symmetric monoidal right adjoints

$$
\text { Stable }_{E_{*} E} \longrightarrow \operatorname{Mod}_{C \tau} \longrightarrow \operatorname{Syn}_{E}
$$

In particular, this means that the left adjoint

$$
\operatorname{Mod}_{C \tau} \longrightarrow \text { Stable }_{E_{*} E}
$$

canonically acquires the structure of an oplax symmetric monoidal functor [44, Proposition A]. It remains to check that the comparison maps provided by the oplax structure are equivalences. Because the tensor products on

$$
\operatorname{Syn}_{E} \quad \text { and } \quad \text { Stable }_{E_{*}} E
$$

are cocontinuous in each variable, it suffices to check this on compact generators. This follows from [77, Lemma 4.43] and the fact that $\operatorname{Mod}_{C \tau}$ is compactly generated by objects of the form $C \tau \otimes M$.

Remark 9.14. Altogether, Theorem 9.12 suggests the following geometric picture of synthetic spectra. Synthetic spectra form a $\mathbb{G}_{m}$-equivariant family over $\mathbb{A}^{1}$, where $\tau$ is the coordinate on $\mathbb{A}^{1}$. The special fiber of this family is a category of comodules, while the generic fiber is the category of spectra. We will not pursue this perspective further in the present paper.

Lemma 9.15. If a map $f: X \longrightarrow Y$ of spectra has $E$-Adams filtration $k$, then there exists a factorization


Proof. Any map which is of Adams filtration $k$ can be factored into a composite of $k$ maps each of Adams filtration 1. Then, by pasting diagrams as shown below it will

[^2]suffice to prove the lemma for $k=1$ :


Using the associated cofiber sequence

$$
\Sigma^{-1} Y \xrightarrow{g} Z \xrightarrow{h} X \xrightarrow{f} Y,
$$

we can build the diagram below:


In this diagram, the first pair of maps in each row form cofiber sequences and the rightmost map in each row is an assembly map. Now, since $f$ has positive Adams filtration, it is zero on $E$-homology, and therefore $g$ and $h$ satisfy the conditions of Lemma 9.7. This implies that the leftmost square is cocartesian and the third vertical map is an equivalence, which provides the desired factorization of $\nu(f)$.

Before we can relate the bigraded homotopy groups of $\nu X$ to the $E$-based Adams spectral sequence of $X$, we must engage in a brief discussion of completion and convergence.

Definition 9.16. A spectrum $X$ is said to be E-nilpotent complete if the $E$-based Adams resolution for $X$ converges to $X$. In this paper we will make use of two instances of this:

- Any bounded below, p-local spectrum $X$ is BP-nilpotent complete (this is [17, Theorem 6.5]).
- Any bounded below, $p$-complete spectrum $X$ is $\mathrm{HF}_{p}$-nilpotent complete (this is [17, Theorem 6.6]).

Definition 9.17. Following Boardman [16, Defintion 5.2], we will say that the $E$ based Adams spectral sequence for a spectrum $X$ is strongly convergent if the following conditions hold:

- the $E$-Adams filtration $F^{\bullet} \pi_{*}(X)$ of the homotopy groups of $X$ is complete and Hausdorff;
- there are isomorphisms $F^{s} \pi_{t-s}(X) / F^{s+1} \pi_{t-s}(X) \cong \mathrm{E}_{\infty}^{s, t}(X)$, where $\mathrm{E}_{\infty}^{s, t}(X)$ is the $\mathrm{E}_{\infty}$-page of the $E$-Adams spectral sequence for $X$.

Remark 9.18. Definitions 9.16 and 9.17 have obvious analogs for synthetic spectra, and we will make use of these analogs without further mention.

Our strongest result concerning the relationship between synthetic spectra and Adams spectral sequences is Theorem 9.19 (stated below). This theorem provides a dictionary between the structure of the $E$-Adams spectral sequence for $X$ and the structure of the bigraded homotopy groups of $\nu X$. The proof of Theorem 9.19 is quite technical, and we defer it to $\S A .1$. We have structured the paper so that the reader willing to assume Theorem 9.19 need not read Appendix A.1.

In order to highlight many of the subtleties which can arise in applying Theorem 9.19, we give example calculations of $\pi_{*, *}\left(\nu_{\mathrm{HF}}^{2}, ~ \mathbb{S}_{2}^{\wedge}\right)$ through the Toda range in Appendix A.2. We strongly recommend that any reader seeking to understand Theorem 9.19 examine Appendix A.2.

ThEOREM 9.19. Let $X$ denote an E-nilpotent complete spectrum with strongly convergent E-based Adams spectral sequence. Then, we have the following description of the bigraded homotopy groups of $\nu X$.

Let $x$ denote a class in topological degree $k$ and filtration $s$ of the $\mathrm{E}_{2}$-page of the $E$-based Adams spectral sequence for $X$. The following conditions are equivalent:
(1a) each of the differentials $d_{2}, \ldots, d_{r}$ vanishes on $x$;
(1b) $x$, viewed as an element of $\pi_{k, k+s}(C \tau \otimes \nu X)$, lifts to $\pi_{k, k+s}\left(C \tau^{r} \otimes \nu X\right)$;
(1c) $x$ admits a lift to $\pi_{k, k+s}\left(C \tau^{r} \otimes \nu X\right)$ whose image under the $\tau$-Bockstein

$$
C \tau^{r} \otimes \nu X \longrightarrow \Sigma^{1,-r} C \tau \otimes \nu X
$$

is equal to $-d_{r+1}(x)$.
If we moreover assume that $x$ is a permanent cycle, then there exists a not necessarily unique) lift of $x$ along the map $\pi_{k, k+s}(\nu X) \rightarrow \pi_{k, k+s}(C \tau \otimes \nu X)$. For any such lift, $\tilde{x}$, the following statements are true:
(2a) if $x$ survives to the $\mathrm{E}_{r+1}$-page, then $\tau^{r-1} \tilde{x} \neq 0$;
(2b) if $x$ survives to the $\mathrm{E}_{\infty}$-page, then the image of $\tilde{x}$ in $\pi_{k}(X)$ is of $E$-Adams filtration $s$ and detected by $x$ in the E-based Adams spectral sequence. ${ }^{(5)}$

Furthermore, there always exists a choice of lift $\tilde{x}$ satisfying additional properties:
(3a) if $x$ is the target of a $d_{r+1}$-differential, then we may choose $\tilde{x}$ so that $\tau^{r} \tilde{x}=0$;
(3b) if $x$ survives to the $\mathrm{E}_{\infty}$-page, and $\alpha \in \pi_{k} X$ is detected by $x$, then we may choose $\tilde{x}$ so that $\tau^{-1} \tilde{x}=\alpha$; in this case, we will often write $\tilde{\alpha}$ for $\tilde{x}$.

Finally, the following generation statement holds:
(4) Fix any collection of $\tilde{x}$ (not necessarily chosen according to (3)) such that the $x$ span the permanent cycles in topological degree $k$. Then, the $\tau$-adic completion of the $\mathbb{Z}[\tau]$-submodule of $\pi_{k, *}(\nu X)$ generated by those $\tilde{x}$ is equal to $\pi_{k, *}(\nu X) \cdot\left({ }^{6}\right)$

The proof is somewhat involved, so we postpone it to Appendix A.1. We extract below some more digestible corollaries of the above omnibus theorem.

Corollary 9.20. Let $X$ denote an E-nilpotent complete spectrum with strongly convergent E-based Adams spectral sequence. Suppose, for fixed integers a and $b$, that

$$
\pi_{a, b+s}(C \tau \otimes \nu X)=0
$$

for all integers $s \geqslant 0$. Then, it is also true that $\pi_{a, b+s}(\nu X)=0$ for all $s \geqslant 0$.
Proof. This is a combination of the vanishing assumption and Theorem 9.19 (4).
We next note that the filtration by "divisibility by $\tau$ " coincides with the Adams filtration.

Corollary 9.21. Let $X$ denote an E-nilpotent complete spectrum with strongly convergent E-based Adams spectral sequence. Then, the filtration of $\pi_{k}(X)$ given by

$$
F^{s} \pi_{k}(X):=\operatorname{im}\left(\pi_{k, k+s}(\nu X) \rightarrow \pi_{k}(X)\right)
$$

coincides with the E-Adams filtration on $\pi_{k}(X)$.
Proof. We show that each filtration contains the other. Lemma 9.15 provides an inclusion in one direction: if $x \in \pi_{k}(X)$ has $E$-Adams filtration $\geqslant s$, then $x \in F^{s} \pi_{k}(X)$.

Suppose now that $x \in F^{s} \pi_{k}(X)$, so that we may find some $\tilde{x} \in \pi_{k, k+s}(\nu X)$ that maps to $x$. We may assume without loss of generality that $s$ was chosen maximally. Let $y$ be the image of $\tilde{x}$ in $\pi_{k, k+s}(C \tau \otimes \nu X)$.
$\left.{ }^{5}\right)$ The image of $\tilde{x}$ in $\pi_{k}(X)$ refers to the image of $\tilde{x}$ under the map

$$
\pi_{k, k+s}(\nu X) \longrightarrow \pi_{k}\left(\tau^{-1} \nu X\right) \cong \pi_{k}(X)
$$

induced by the functor $\tau^{-1}$ of Theorem 9.12.
$\left({ }^{6}\right)$ We consider $\pi_{k, *}(\nu X)$ as a graded abelian group with an operation $\tau$ which decreases the grading by 1 .

Suppose that $y$ is a boundary in the $E$-Adams spectral sequence. Then, by Theorem 9.19 (3a), there exists a $\tau$-power torsion element $\tilde{y}$ lifting $y$. It follows that $\tilde{x}-\tilde{y}=\tau \tilde{z}$ for some $\tilde{z} \in \pi_{k, k+s+1}(\nu X)$. But then $\tilde{z}$ maps to $x \in \pi_{k}(X)$ under $\tau^{-1}$, which implies that $x \in F^{s+1} \pi_{k}(X)$. This contradicts the maximality assumption on $s$.

We conclude that $y$ cannot be a boundary. Then, Theorem 9.19 (2b) finishes the proof.

Let $\pi_{k, k+s}(\nu X)^{\mathrm{t} o \mathrm{r}}$ denote the subgroup of $\tau$-power torsion elements. We obtain the following $\tau$-power torsion order bound.

Corollary 9.22. Let $X$ denote an E-nilpotent complete spectrum with strongly convergent $E$-based Adams spectral sequence. Then, the $\tau$-torsion order of $\pi_{k, k+s}(\nu X)^{\text {tor }}$ is equal to the maximum of
(1) one less than the $\tau$-torsion order of $\pi_{k, k+s+1}(\nu X)^{\text {tor }}$,
(2) one less than the length of the longest Adams differential entering $\mathrm{E}_{*}^{s, k+s}$.

Proof. Suppose $x \in \pi_{k, k+s}(\nu X)^{\text {tor }}$, and let $y$ denote the image of $x$ in

$$
\pi_{k, k+s}(C \tau \otimes \nu X)
$$

Choose a lift $\tilde{y}$ of $y$ as in Theorem 9.19 (3).
Suppose that $y$ is not a boundary in the $E$-Adams spectral sequence. Then, $\tilde{y}-x$ is divisible by $\tau$, while $\tau^{-1}(\tilde{y}-x)=\tau^{-1} \tilde{y}$ is detected by $y$, which contradicts Corollary 9.21 .

We conclude that $y$ must be a boundary in the $E$-Adams spectral sequence. Let $r$ denote the length of the differential that hits $y$. Then, $\tilde{y}-x$ is divisible by $\tau$ and $\tilde{y}$ is $\tau^{r-1}$-torsion, so the desired bound on the $\tau$-torsion order of $x$ follows.

## 10. A synthetic Toda bracket

In this section, we will prove Theorem 7.6, which we used in $\S 7$ to prove Theorem 1.4. That is to say, we provide for each prime $p$ a bound on the $\mathrm{HF}_{p}$-Adams filtration of the Toda bracket $w$ of Lemma 6.9.

To accomplish this, we will lift the Toda bracket along the functor

$$
\tau^{-1}: \mathrm{Syn}_{\mathrm{HF}_{p}} \longrightarrow \mathrm{Sp}
$$

in such a way that Corollary 9.21 implies the existence of the desired bound on the $\mathrm{HF} \mathbb{F}_{p}$-Adams filtration.

The first ingredient that we will need is a bound on the $H \mathbb{F}_{p}$-Adams filtration of the map

$$
J: \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \longrightarrow \mathbb{S}
$$

at least when restricted to a skeleton of $\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$. We must restrict to a skeleton because the map $J$ does not otherwise have high $\mathrm{HF}_{p}$-Adams filtration.

Convention 10.1. In the remainder of this section, we fix a prime $p$ and implicitly $p$-complete all spectra. Furthermore, all synthetic spectra will be taken with respect to $\mathrm{HF}_{p}$.

Remark 10.2. Recall from Definition 6.8 that

$$
M \longrightarrow \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle
$$

denotes the inclusion of an $(8 n-1)$-skeleton of $\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$. In particular, the induced map

$$
\mathrm{H}_{*}\left(M ; \mathbb{F}_{p}\right) \longrightarrow \mathrm{H}_{*}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle ; \mathbb{F}_{p}\right)
$$

is an isomorphism for $*<8 n-1$ and a surjection for $*=8 n-1$, and we have $\mathrm{H}_{*}\left(M ; \mathbb{F}_{p}\right) \cong 0$ for $*>8 n-1$.

Notation 10.3. Let $h(k)$ denote the number of integers $0<s \leqslant k$ which are congruent to one of $0,1,2,4 \bmod 8$. Then, we set

$$
N_{2}=h(4 n-1)-\left\lfloor\log _{2}(8 n)\right\rfloor+1
$$

and, for $p$ odd,

$$
N_{p}=\left\lfloor\frac{4 n}{2 p-2}\right\rfloor-\left\lfloor\log _{p}(4 n)\right\rfloor
$$

Note that this notation suppresses the dependence of $N_{2}$ and $N_{p}$ on $n$.
Lemma 10.4. The $\mathrm{HF}_{p}$-Adams filtration of the composite map of spectra

$$
M \longrightarrow \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \xrightarrow{J} \mathbb{S}
$$

is at least $N_{p}$.
We will prove Lemma 10.4 in $\S 10.1$. Using Lemma 10.4, we proceed to construct a lift of the diagram defining the Toda bracket $w$ to $\mathrm{Syn}_{\mathrm{HF}_{p}}$. We take the first step of this construction below.

Construction 10.5. By Lemma 9.15, Lemma 10.4 implies the existence of a factorization in $\mathrm{Syn}_{\mathrm{HF}_{p}}$,

which we will prefer to view as a morphism

$$
\tilde{J}: \Sigma^{0, N_{p}} \nu M \longrightarrow \mathbb{S}^{0,0}
$$

As in Definition 6.8, we view $x$ as an element of $\pi_{4 n-1} M$. We may then obtain a class $y$ as the composition

$$
y: \mathbb{S}^{4 n-1,4 n+N_{p}-1} \xrightarrow{\nu(x)} \Sigma^{0, N_{p}} \nu M \xrightarrow{\tilde{J}} \mathbb{S}^{0,0} .
$$

This element $y$ is a member of the bigraded homotopy group $\pi_{4 n-1,4 n+N_{p}-1} \mathbb{S}^{0,0}$.
Before constructing our lift of the Toda bracket $w$, we reproduce the relevant diagram, which appeared in Lemma 6.9, for the convenience of the reader:


The homotopies $f, g$, and $h$ are chosen as follows:

- $f$ is an arbitrary nullhomotopy;
- $g$ is the canonical homotopy associated to the fact that $J$ is a map of $\mathbb{S}$-modules;
- $h$ is the canonical nullhomotopy given by the $\mathbb{E}_{\infty}$-ring structure on $\mathbb{S}$.

Construction 10.6. We may form the following diagram of morphisms and homotopies in $\operatorname{Syn}_{\mathrm{HF}_{p}}$ :

where the homotopies $\tilde{f}, \tilde{g}$, and $\tilde{h}$ are chosen as follows:

- $\tilde{f}$ is an arbitrary nullhomotopy, which exists as a consequence of Proposition 10.7:
- $\tilde{g}$ is the canonical homotopy that expresses the fact that $\tilde{J}$ is a map of right $\mathbb{S}^{0,0}$-modules;
- $\tilde{h}$ is the canonical nullhomotopy that comes from the fact that $\mathbb{S}^{0,0}$ is an $\mathbb{E}_{\infty}$-ring in the symmetric monoidal $\infty$-category $\operatorname{Syn}_{\mathrm{HF}_{p}}$.

Proposition 10.7. The bigraded homotopy group $\pi_{8 n-2,8 n+N_{p}-2}(\nu M)$ is trivial for $n \geqslant 3$.

We will prove Proposition 10.7 in $\S 10.2$. By construction, the diagram of Construction 10.6 maps under the symmetric monoidal functor $\tau^{-1}$ to the diagram of Lemma 6.9. We are therefore able to read off the following $\mathrm{HF}_{p}$-Adams filtration bound on the resulting Toda bracket.

ThEOREM 10.8. There exists a choice of $f$ in the statement of Lemma 6.9 such that the $\mathrm{HF}_{p}$-Adams filtration of the Toda bracket $w$ is at least $2 N_{p}-1$.

Proof. On the one hand, applying $\tau^{-1}$ to the diagram of Construction 10.6 yields the diagram of Lemma 6.9. On the other hand, the Toda bracket presented by Construction 10.6 is given by an element of $\pi_{8 n-1,8 n+2 N_{p}-2} \mathbb{S}^{0,0}$. Therefore, Corollary 9.21 implies that it realizes to an element of Adams filtration at least

$$
\left(8 n+2 N_{p}-2\right)-(8 n-1)=2 N_{p}-1
$$

Remark 10.9. As mentioned in the introduction, this is an improvement on a bound of Stolz (cf. [90, Satz 12.7]), who works at $p=2$, and bounds the $\mathrm{HF}_{2}$-Adams filtration of $w$ by approximately $N_{2}$.

In the rest of this section, we will prove Lemma 10.4 and Proposition 10.7.

### 10.1. Proof of Lemma 10.4

Our proof of Lemma 10.4 is similar to Stolz's proof of [90, Satz 12.7].
At the prime 2, our argument will be based on Stong's computation of the cohomology of $\mathrm{BO}\langle m\rangle$ in [92]. At an odd prime, we base our argument on Singer's computation of the cohomology of $\mathrm{U}\langle 2 m-1\rangle$ in [87]. We begin with some notation.

Notation 10.10. Given a prime $p$ and an integer $n$ with $p$-adic expansion $n=\sum_{i} a_{i} p^{i}$, we let $\sigma_{p}(n)=\sum_{i} a_{i}$.

Notation 10.11. Let $\theta_{i} \in \mathrm{H}^{i}\left(\mathrm{BO} ; \mathbb{F}_{2}\right)$ for $i \geqslant 1$ denote the polynomial generators fixed by Stong in [92], so that $\mathrm{H}^{i}\left(\mathrm{BO} ; \mathbb{F}_{2}\right) \cong \mathbb{F}_{2}\left[\theta_{i}: i \geqslant 1\right]$.

Moreover, let $G_{m}$ denote the image of the canonical map

$$
\mathrm{H}^{*}\left(K\left(\pi_{m} \mathrm{BO}\langle m\rangle, m\right) ; \mathbb{F}_{2}\right) \longrightarrow \mathrm{H}^{*}\left(\mathrm{BO}\langle m\rangle ; \mathbb{F}_{2}\right)
$$

Theorem 10.12. ([92, Theorem A and Corollary on p. 542]) There is an isomorphism

$$
\mathrm{H}^{*}\left(\mathrm{BO}\langle m\rangle ; \mathbb{F}_{2}\right) \cong \mathbb{F}_{2}\left[\theta_{i}: \sigma_{2}(i-1) \geqslant h(m)\right] \otimes G_{m}
$$

Moreover, $G_{m}$ is a polynomial algebra.
Notation 10.13. Fix an odd prime $p$. We let $\mu_{2 i+1} \in \mathrm{H}^{2 i+1}\left(\mathrm{U} ; \mathbb{F}_{p}\right)$ for $i \geqslant 0$ denote the exterior generators fixed by Singer in [87], so that

$$
\mathrm{H}^{*}\left(\mathrm{U} ; \mathbb{F}_{p}\right) \cong \Lambda_{\mathbb{F}_{p}}\left(\mu_{2 i+1}: i \geqslant 0\right)
$$

THEOREM 10.14. ([87, equations (4.14n) and (4.15n)]) Let $p$ be an odd prime. Then, there is an isomorphism

$$
\mathrm{H}^{*}\left(\mathrm{U}\langle 2 m-1\rangle ; \mathbb{F}_{p}\right) \cong \frac{\mathrm{H}^{*}\left(\mathrm{U} ; \mathbb{F}_{p}\right)}{\left(\mu_{2 i+1}: \sigma_{p}(i)<m-1\right)} \otimes H_{m}
$$

where $H_{m} \subseteq \mathrm{H}^{*}\left(\mathrm{U}\langle 2 m-1\rangle ; \mathbb{F}_{p}\right)$ is a sub-Hopf algebra.
Moreover, the image of the map

$$
\mathrm{H}^{*}\left(\mathrm{U}\langle 2 m-2 p+1\rangle ; \mathbb{F}_{p}\right) \longrightarrow \mathrm{H}^{*}\left(\mathrm{U}\langle 2 m-1\rangle ; \mathbb{F}_{p}\right)
$$

is

$$
\frac{\mathrm{H}^{*}\left(\mathrm{U} ; \mathbb{F}_{p}\right)}{\left(\mu_{2 i+1}: \sigma_{p}(i)<m-1\right)} \otimes 1
$$

From the above results we can read off the behavior of mod- $p$ cohomology under the maps in the Whitehead tower of O.

Corollary 10.15. Assume that $m \equiv 0,1,2,4 \bmod 8$. Then, the map

$$
\mathrm{O}\langle m\rangle \longrightarrow \mathrm{O}\langle m-1\rangle
$$

induces zero on $\mathrm{H}^{*}\left(-; \mathbb{F}_{2}\right)$ for $0<*<2^{h(m)}-1$.
Proof. It follows from Theorem 10.12 that the mod-2 cohomology of $\mathrm{BO}\langle m\rangle$ is polynomial. It therefore follows from [88, Part II, Corollary 3.2] that the Eilenberg-Moore
spectral sequence for $\mathrm{H}^{*}\left(\mathrm{O}\langle m-1\rangle ; \mathbb{F}_{2}\right)$ collapses at the $\mathrm{E}_{2}$-page with $\mathrm{E}_{2}$-term an exterior algebra on the transgressions of polynomial generators for $\mathrm{H}^{*}\left(\mathrm{BO}\langle m\rangle ; \mathbb{F}_{2}\right)$.

Since $\mathrm{H}^{*}\left(K\left(\pi_{m} \mathrm{BO}, m\right) ; \mathbb{F}_{2}\right)$ is also polynomial by [86, Théorèmes 2 and 3], the Eilenberg-Moore spectral sequence for $\mathrm{H}^{*}\left(K\left(\pi_{m} \mathrm{BO}, m-1\right), \mathbb{F}_{2}\right)$ similarly degenerates at the $\mathrm{E}_{2}$-page, with $\mathrm{E}_{2}$-term an exterior algebra on the transgressions of polynomial generators for $\mathrm{H}^{*}\left(K\left(\pi_{m} \mathrm{BO}, m\right) ; \mathbb{F}_{2}\right)$.

As

$$
\mathrm{BO}\langle m\rangle \longrightarrow K\left(\pi_{m} \mathrm{BO}, m\right)
$$

induces a surjective map on $\mathrm{H}^{*}\left(-; \mathbb{F}_{2}\right)$ for $*<2^{h(m)}$, we find by the above that it induces a surjective map on $E_{2}$ and therefore $E_{\infty}$ page of the Eilenberg-Moore spectral sequence through degree $2^{h(m)}-2$. We conclude that the bottom Postnikov map

$$
\mathrm{O}\langle m-1\rangle \longrightarrow K\left(\pi_{m} \mathrm{BO}, m-1\right)
$$

induces a surjection on cohomology through degree $2^{h(m)}-2$, and therefore that

$$
\mathrm{O}\langle m\rangle \rightarrow \mathrm{O}\langle m-1\rangle
$$

induces zero on $\mathrm{H}^{*}\left(-; \mathbb{F}_{2}\right)$ in the desired range.
As we will need it later, we state the following corollary to the proof of Corollary 10.15.

Corollary 10.16. Assume that $m \equiv 0,1,2,4 \bmod 8$. Then, the map

$$
\mathrm{O}\langle m-1\rangle \longrightarrow K\left(\pi_{m} \mathrm{BO}, m-1\right)
$$

induces a surjective map on $\mathrm{H}^{*}\left(-; \mathbb{F}_{2}\right)$ for $* \leqslant 2^{h(m)}-2$.
Corollary 10.17. Let $p$ be an odd prime. Then, the map

$$
\mathrm{O}\langle 4 m+2 p-3\rangle \longrightarrow \mathrm{O}\langle 4 m-1\rangle
$$

induces zero on $\mathrm{H}^{*}\left(-; \mathbb{F}_{p}\right)$ for

$$
0<*<2 p^{2 m /(p-1)}-1 .
$$

Proof. We begin by noting that, since $\mathrm{O}\langle n\rangle$ is a summand of $\mathrm{U}\langle n\rangle$ compatibly in $n$ (recall that we have implicitly completed at an odd prime), it suffices to prove that the map

$$
\mathrm{U}\langle 4 m+2 p-3\rangle \longrightarrow \mathrm{U}\langle 4 m-1\rangle
$$

induces zero on $\mathrm{H}^{*}\left(-; \mathbb{F}_{p}\right)$ for

$$
0<*<2 p^{2 m /(p-1)}-1
$$

By Theorem 10.14, the image of the map

$$
\mathrm{H}^{*}\left(\mathrm{U}\langle 4 m-1\rangle ; \mathbb{F}_{p}\right) \longrightarrow \mathrm{H}^{*}\left(\mathrm{U}\langle 4 m+2 p-3\rangle ; \mathbb{F}_{p}\right)
$$

is of the form

$$
\frac{\mathrm{H}^{*}\left(\mathrm{U} ; \mathbb{F}_{p}\right)}{\left(\mu_{2 i+1}: \sigma_{p}(i)<2 m+p-2\right)} .
$$

It follows that the lowest positive-degree element of the image is $\mu_{2 j+1}$, where $j$ is the smallest integer such that $\sigma_{p}(j)=2 m+p-2$.

This implies that

$$
j \geqslant \sum_{i=1}^{\lfloor(2 m-1) /(p-1)\rfloor+1}(p-1) p^{i-1}=p^{\lfloor(2 m-1) /(p-1)+1\rfloor}-1 \geqslant p^{2 m /(p-1)}-1,
$$

so that

$$
2 j+1 \geqslant 2 p^{2 m /(p-1)}-1
$$

from which the result follows.
We are now able to prove the desired Adams filtration bounds.
LEmma 10.18. Let $M_{k} \rightarrow \Sigma^{\infty} \mathrm{O}\langle m-1\rangle$ denote the inclusion of a $k$-skeleton for $k \geqslant 1$.
Then, the composite map

$$
M_{k} \longrightarrow \Sigma^{\infty} \mathrm{O}\langle m-1\rangle \xrightarrow{J} \mathbb{S}
$$

has $\mathrm{HF}_{2}$-Adams filtration at least

$$
h(m-1)-\left\lfloor\log _{2}(k+1)\right\rfloor+1 .
$$

Proof. Factoring the map

$$
\Sigma^{\infty} \mathrm{O}\langle m-1\rangle \longrightarrow \Sigma^{\infty} \mathrm{O}\langle 1\rangle=\Sigma^{\infty} \mathrm{SO}
$$

through the Whitehead tower and taking $k$-skeleta, we find that the resulting map has $\mathrm{HF}_{2}$-Adams filtration at least

$$
\mid\left\{s \in \mathbb{N}: s \equiv 0,1,2,4 \bmod 8,2 \leqslant s \leqslant m-1 \text { and } k<2^{h(s)}-1\right\} \mid
$$

by Corollary 10.15 . Since $k \geqslant 1$, this is bounded below by

$$
h(m-1)-\mid\left\{s \in \mathbb{N}: s \equiv 0,1,2,4 \bmod 8 \text { and } \log _{2}(k+1) \geqslant h(s)\right\} \mid
$$

which is equal to

$$
h(m-1)-\left\lfloor\log _{2}(k+1)\right\rfloor .
$$

Since $J: \Sigma^{\infty} \mathrm{SO} \rightarrow \mathbb{S}$ is also zero on $\mathrm{H}^{*}\left(-; \mathbb{F}_{2}\right)$, we conclude that the $\mathrm{HF}_{2}$-Adams filtration of

$$
M_{k} \longrightarrow \Sigma^{\infty} \mathrm{O}\langle m-1\rangle \xrightarrow{J} \mathbb{S}
$$

is at least

$$
h(m-1)-\left\lfloor\log _{2}(k+1)\right\rfloor+1 .
$$

Lemma 10.19. Let $p$ be an odd prime. Then, if $M_{k} \rightarrow \Sigma^{\infty} \mathrm{O}\langle 4 m-1\rangle$ denotes the inclusion of a $k$-skeleton, the composite map

$$
M_{k} \longrightarrow \Sigma^{\infty} \mathrm{O}\langle 4 m-1\rangle \xrightarrow{J} \mathbb{S}
$$

has $\mathrm{HF}_{p}$-Adams filtration at least

$$
\left\lfloor\frac{4 m}{2 p-2}\right\rfloor-\left\lfloor\log _{p}\left(\frac{k+1}{2}\right)\right\rfloor
$$

Proof. Again, factoring the map $\Sigma^{\infty} \mathrm{O}\langle 4 m-1\rangle \rightarrow \Sigma^{\infty}$ SO through the Whitehead tower and taking $k$-skeleta, we find that Corollary 10.17 implies that the resulting map has $\mathrm{HF}_{p}$-Adams filtration at least

$$
\left.\left\lvert\,\left\{s \in \mathbb{N}: s \equiv 0 \bmod 2 p-2,2 \leqslant s \leqslant 4 m-2 p-2 \text { and } k<2 p^{\frac{s}{2 p-2}}-1\right\}\right. \right\rvert\,
$$

This is at least as large as

$$
\left.\left\lfloor\frac{4 m-2 p-2}{2 p-2}\right\rfloor-\left\lvert\,\left\{s \in \mathbb{N}: s \equiv 0 \bmod 2 p-2 \text { and } \log _{p}\left(\frac{k+1}{2}\right) \geqslant \frac{s}{2 p-2}\right\}\right. \right\rvert\,
$$

which is equal to

$$
\left\lfloor\frac{4 m}{2 p-2}\right\rfloor-1-\left\lfloor\log _{p}\left(\frac{k+1}{2}\right)\right\rfloor .
$$

Since

$$
J: \Sigma^{\infty} \mathrm{SO} \longrightarrow \mathbb{S}
$$

is also zero on $\mathrm{H}^{*}\left(-; \mathbb{F}_{p}\right)$, we conclude that the $\mathrm{HF}_{p}$-Adams filtration of

$$
M_{k} \longrightarrow \Sigma^{\infty} \mathrm{O}\langle 4 m-1\rangle \xrightarrow{J} \mathbb{S}
$$

is at least

$$
\left\lfloor\frac{4 m}{2 p-2}\right\rfloor-\left\lfloor\log _{p}\left(\frac{k+1}{2}\right)\right\rfloor
$$

Proof of Lemma 10.4. Set $m=4 n$ and $k=8 n-1$ in Lemma 10.18 and set $m=n$ and $k=8 n-1$ in Lemma 10.19.

### 10.2. Proof of Proposition 10.7

We will prove Proposition 10.7 by using Corollaries 9.13 and 9.20 to reduce it to a statement about the vanishing of certain bidegrees in the $\mathrm{E}_{2}$-page of the Adams spectral sequence for $\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle$. Thus, our task is to compute this $\mathrm{E}_{2}$-page in a range. We begin with the proof in the odd-primary case.

Proof of Proposition 10.7 for odd $p$. We will show that

$$
\pi_{8 n-2,8 n-2+k}(\nu M)=0
$$

for all $k \geqslant 0$. Since $M$ is finite and implicitly $p$-completed, its $\mathrm{HF}_{p}$-based Adams spectral sequence converges strongly [17, Theorem 6.6], and we may apply Corollary 9.20. It therefore suffices to show that

$$
\pi_{8 n-2,8 n-2+k}(C \tau \otimes \nu M)=0
$$

for all $k \geqslant 0$. By Corollary 9.13,

$$
\pi_{8 n-2,8 n-2+k}(C \tau \otimes \nu M) \cong \mathrm{E}_{2}^{k, 8 n-2+k}(M)
$$

We prove this last group is zero by comparison with the $\mathrm{E}_{2}$-page of the $\mathrm{HF}_{p}$-Adams spectral sequence for ko. First, we note that it follows from the definition of $M$, Corollary 4.6 and Lemma 4.7 that

$$
M \longrightarrow \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \longrightarrow \Sigma^{-1} \tau \geqslant 4 n \text { ko }
$$

is $(8 n-1)$-connected at an odd prime. It therefore suffices to show that

$$
\mathrm{E}_{2}^{k, 8 n-1+k}\left(\tau_{\geqslant 4 n} \mathrm{ko}\right)=0
$$

This follows from the structure of the $\mathrm{HF}_{p}$-Adams spectral sequence for $\tau_{\geqslant}{ }_{4 n}$ ko, which is equivalent to $\Sigma^{4 n}$ ko, since we are working at an odd prime. The structure of this spectral sequence may be deduced from [80, Theorem 3.1.16] and the fact that ko is a summand of $k u$ at odd primes.

We begin the proof for $p=2$ with the following lemma.
Lemma 10.20. The canonical map

$$
\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \longrightarrow \Sigma^{-1} \tau_{\geqslant 4 n} \text { ko }
$$

is surjective on $\mathrm{H}^{*}\left(-; \mathbb{F}_{2}\right)$ for $* \leqslant 8 n-1$ whenever $n \geqslant 3$.

Proof. Consider the following diagram:

where the vertical maps come from taking the first non-zero Postnikov sections of

$$
\mathrm{O}\langle 4 n-1\rangle \quad \text { and } \quad \Sigma^{-1} \tau_{\geqslant 4 n} \text { ko. }
$$

The left vertical map is surjective on $\mathrm{H}^{*}\left(-; \mathbb{F}_{2}\right)$ for $* \leqslant 2^{h(4 n)}-2$ by Corollary 10.16. Therefore, under our assumption that $n \geqslant 3$, it suffices to show that the bottom horizontal map is surjective on $\mathrm{H}^{*}\left(-; \mathbb{F}_{2}\right)$ for $* \leqslant 8 n-1$. The algebra $\mathrm{H}^{*}\left(K(\mathbb{Z}, 4 n-1) ; \mathbb{F}_{2}\right)$ is generated as an algebra by the image of $\mathrm{H}^{*}\left(\Sigma^{4 n-1} \mathrm{HZ}\right)$ by [86, Théorème 3]. Letting $i_{4 n-1} \in$ $H^{4 n-1}\left(K(\mathbb{Z}, 4 n-1) ; \mathbb{F}_{2}\right)$ denote the fundamental class, it follows that the only classes in the relevant range that might not be in the image are $i_{4 n-1}^{2}$ and $\left(\mathrm{Sq}^{1} i_{4 n-1}\right)\left(i_{4 n-1}\right)$. But $i_{4 n-1}^{2}=\mathrm{Sq}^{4 n-1} i_{4 n-1}$ and $\mathrm{Sq}^{1} i_{4 n-1}=0$, so the result follows.

Proposition 10.21. Assume that $n \geqslant 3$. In the range $t-s \leqslant 8 n-3$, there is an isomorphism of $\mathrm{E}_{2}$-pages of $\mathrm{HF}_{2}$-Adams spectral sequences

$$
\mathrm{E}_{2}^{s, t}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right) \cong \mathrm{E}_{2}^{s, t}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right)
$$

Moreover, for $t-s=8 n-2$, we have an isomorphism

$$
\mathrm{E}_{2}^{s, t}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right) \cong \mathrm{E}_{2}^{s-1, t}\left(\Sigma D_{2}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right)\right) \cong \begin{cases}0, & \text { if }(s, t) \neq(1,8 n-1) \\ \mathbb{Z} / 2 \mathbb{Z}, & \text { if }(s, t)=(1,8 n-1)\end{cases}
$$

Proof. By Lemma 10.20 and the tower of Corollary 4.6, there is a short exact sequence

$$
0 \longrightarrow \mathrm{H}^{*}\left(\Sigma D_{2}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right)\right) \longrightarrow \mathrm{H}^{*}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right) \longrightarrow \mathrm{H}^{*}(\mathrm{O}\langle 4 n-1\rangle) \longrightarrow 0
$$

for $* \leqslant 8 n-1$.
By Lemma 4.7, the bottom homotopy group of $\Sigma D_{2}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right)$ is

$$
\pi_{8 n-1} \Sigma D_{2}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right) \cong \mathbb{Z} / 2 \mathbb{Z}
$$

It follows that

$$
\mathrm{E}_{2}^{s, t}\left(\Sigma D_{2}\left(\Sigma^{-1} \tau_{\geqslant 4 n} \mathrm{ko}\right)\right) \cong \begin{cases}0, & \text { if } t-s \leqslant 8 n-1 \text { and }(s, t) \neq(0,8 n-1) \\ \mathbb{Z} / 2 \mathbb{Z}, & \text { if }(t, s)=(0,8 n-1)\end{cases}
$$

The desired result now follows from the long exact sequence on $\mathrm{E}_{2}$-terms induced by the short exact sequence on cohomology, since non-trivial connecting maps are ruled out for bidegree reasons.


Figure 1. Adams spectral sequence of $\Sigma^{\infty} \mathrm{O}\langle 15\rangle$ in the range $0 \leqslant t-s \leqslant 30$.

Remark 10.22 . Since we know by Corollary 4.8 that $\pi_{8 n-2} \Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle \cong \mathbb{Z} / 2 \mathbb{Z}$ is generated by the class $x^{2}$, the non-zero class in $\mathrm{E}_{2}^{1,8 n-1}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right) \cong \mathbb{Z} / 2 \mathbb{Z}$ must represent $x^{2}$ on the $E_{\infty}$ page.

To illustrate the result of Proposition 10.21, we include (Figure 1) a picture of the Adams spectral sequence for $\Sigma^{\infty} \mathrm{O}\langle 15\rangle$ in the range determined by Proposition 10.21. Note that the spectral sequence must collapse in this range for sparsity reasons.

Proof of Proposition 10.7 when $p=2$. We will show that

$$
\pi_{8 n-2,8 n-2+k}(\nu M)=0
$$

for all $k \geqslant 2$, which is sufficient since $N_{2} \geqslant 3$ for $n \geqslant 3$. Since $M$ is finite and implicitly 2 completed, its $\mathrm{HF}_{2}$-based Adams spectral sequence converges strongly [17, Theorem 6.6], and we may apply Corollary 9.20. It therefore suffices to show that

$$
\pi_{8 n-2,8 n-2+k}(C \tau \otimes \nu M)=0
$$

for all $k \geqslant 2$. By Corollary 9.13,

$$
\pi_{8 n-2,8 n-2+k}(\nu M \otimes C \tau) \cong \mathrm{E}_{2}^{k, 8 n-2+k}(M) \cong \mathrm{E}_{2}^{k, 8 n-2+k}\left(\Sigma^{\infty} \mathrm{O}\langle 4 n-1\rangle\right)
$$

which is zero for $k \geqslant 2$ by Proposition 10.21.

## 11. Vanishing lines in synthetic spectra

This section begins our study of vanishing lines in Adams spectral sequences, which is subject of $\S \S 11-15$ and Appendix B. In this section, our main concern will be the genericity properties of various notions of vanishing lines in synthetic spectra. A key feature of our methods is that they make clear how the intercepts of such vanishing lines change in cofiber sequences. Our results are used in $\S 12$ to obtain an explicit vanishing line in the Adams-Novikov spectral sequence for the $p$-local sphere, for each $p \geqslant 3$. In Appendix B the results of $\S \S 11$ and 12 are used to deduce Theorem 1.7 (2).

Our genericity results recover versions of the genericity results of Hopkins, Palmieri and Smith [47] for finite-page vanishing lines in $E$-Adams spectral sequences. One side effect of our use of synthetic spectra is that we only prove results for $E$ of Adams type.

Definition 11.1. A thick subcategory $\mathcal{C}$ of $\mathrm{Sp}\left(\right.$ resp. $\left.\mathrm{Syn}_{E}\right)$ is a full subcategory which satisfies the following properties:

- it is closed under suspensions $\Sigma^{n}\left(\right.$ resp. $\left.\Sigma^{p, q}\right)$ for $n, p, q \in \mathbb{Z}$;
- it is closed under retracts;
- if $X \rightarrow Y \rightarrow Z$ is a cofiber sequence and any two of $X 0, Y$, and $Z$ are in $\mathcal{C}$, then so is the third.

Following [47, Definition 1.1], we say that a property of (synthetic) spectra is generic if the full subcategory of (synthetic) spectra satisfying that property is thick.

We now define four notions of vanishing line.
Definition 11.2. Given a synthetic spectrum $X$, we will say that
(1) $X$ has a vanishing line of slope $m$ and intercept $c$ if $\pi_{k, k+s}(X)=0$ whenever $s>m k+c$.
(2) $X$ has a strong vanishing line of slope $m$ and intercept $c$ if $X \otimes \nu_{E}(Y)$ has a vanishing line of slope $m$ and intercept $c$ for every connective spectrum $Y \in \operatorname{Sp}_{\geqslant 0}$.
(3) $X$ has a finite-page vanishing line of slope $m$, intercept $c$ and torsion level $r$ if every class in $\pi_{k, k+s}(X)$ is $\tau^{r}$-torsion when $s>m k+c$.
(4) $X$ has a strong finite-page vanishing line of slope $m$, intercept $c$ and torsion level $r$ if $X \otimes \nu_{E}(Y)$ has a finite-page vanishing line of slope $m$, intercept $c$ and torsion level $r$ for every $Y \in \mathrm{Sp}_{\geqslant 0}$.

Remark 11.3. The compatibility of $\nu_{E}$ with filtered colimits implies that the presence of a strong (finite-page) vanishing line need only be checked on finite $Y \in \mathrm{Sp}_{\geqslant 0}$.

Remark 11.4. A (strong) vanishing line of slope $m$ and intercept $c$ is equivalent to a (strong) finite-page vanishing line of slope $m$, intercept $c$ and torsion level zero.


Figure 2. In this figure we display a picture of what the $\mathrm{E}_{r+2}$-page of the $E$-Adams spectral sequence of an $E$-nilpotent complete spectrum that admits a finite-page vanishing line of slope $m$, intercept $c$ and torsion level $r$ looks like. Namely, the region strictly above the vanishing line must consist of zero groups on the $\mathrm{E}_{r+2}$-page.

Remark 11.5. Given an $E$-nilpotent complete spectrum $X$, we will say that the $E$ based Adams spectral sequence for $X$ admits a (strong) (finite-page) vanishing line if $\nu_{E}(X)$ does. This is justified by the following proposition.

Proposition 11.6. Given an E-nilpotent complete spectrum $Y, \nu_{E}(Y)$ admits a finite-page vanishing line of slope $m$, intercept $c$ and torsion level $r$ if and only if

$$
\mathrm{E}_{r+2}^{s, k+s}=0 \quad \text { for } s>m k+c
$$

We will need the following technical lemmas in the proof of Proposition 11.6.
Lemma 11.7. Given an E-nilpotent complete spectrum $Y$, the $E$-based Adams spectral sequence for $Y$ converges strongly if $\nu_{E}(Y)$ admits a finite-page vanishing line of positive slope.

Proof. By Proposition A.16, it suffices to show that the $\tau$-Bockstein spectral sequence for $\nu_{E}(Y)$ converges strongly. By Theorem A.17, to show strong convergence it will suffice to show that there are only finitely many differentials exiting each tridegree. But the finite-page vanishing line for $\nu_{E} Y$ implies that every $d_{s}^{\tau-B S S}$ with $s>r+1$ and target above the vanishing line must be zero. This implies that each group in the $\tau$ Bockstein spectral sequence may only be the source of only finitely many differentials, as required.

Lemma 11.8. Let $Y$ denote an E-nilpotent complete spectrum, and suppose that there exist numbers $m>0, c$ and $r$ for which the $E$-Adams spectral sequence of $Y$ satisfies $\mathrm{E}_{r}^{s, k+s}=0$ for $s>m k+c$. Then, the $E$-Adams spectral sequence for $Y$ converges strongly.

Proof. It follows from the assumption that each group in the spectral sequence can only have finitely many differentials originating from it, so the result follows from Theorem A. 17.

Proof of Proposition 11.6. Let $Y$ denote an $E$-nilpotent complete spectrum satisfying one of the conditions in the statement of the proposition. By either Lemma 11.7 or Lemma 11.8, the $E$-Adams spectral sequence for $Y$ converges strongly. We are therefore free to invoke Theorem 9.19 in the following.

Assume that $\nu_{E}(Y)$ admits a finite-page vanishing line of slope $m$, intercept $c$ and torsion level $r$, and suppose that there exists $0 \neq x \in \mathrm{E}_{r+2}^{s, k+s}$ with $s>m k+c$. If $x$ is the source of a differential, we may replace it by its target and therefore assume without loss of generality that $x$ is a permanent cycle. Let $y \in \mathrm{E}_{2}^{s, k+s}$ be a representative of $x$. Invoking Theorem 9.19, we conclude that there exists $\tilde{y} \in \pi_{s, k+s}\left(\nu_{E} Y\right)$ which is not $\tau^{r}$-torsion, a contradiction.

Now suppose that $\mathrm{E}_{r+2}^{s, k+s}=0$ when $s>m k+c$. Applying Theorem 9.19, we see that every element of the form $\tilde{x}$ above the vanishing line is $\tau^{r}$-torsion. Theorem 9.19 also implies that the $\tau$-adic completion of the $\mathbb{Z}[\tau]$-submodule of the bigraded homotopy generated by such $\tilde{x}$ is exactly $\pi_{*, *}\left(\nu_{E} Y\right)$. From the uniform bound on the $\tau$-torsion order, we learn that the completion was unnecessary. It follows that every class in $\pi_{k, k+s}\left(\nu_{E} Y\right)$ is $\tau^{r}$-torsion when $s>m k+c$, i.e. that $\nu_{E} Y$ admits a finite-page vanishing line of slope $m$, intercept $c$ and torsion level $r$.

We now state the main result of this section.
Theorem 11.9. Given a slope $m>0$, the following four conditions on a synthetic spectrum $X$ are generic:
(1) $X$ has a vanishing line of slope $m$;
(2) $X$ has a strong vanishing line of slope $m$;
(3) $X$ has a finite-page vanishing line of slope $m$;
(4) $X$ has a strong finite-page vanishing line of slope $m$.

The proof of this theorem will be given over the course of two lemmas.
Lemma 11.10. Let $X$ be a synthetic spectrum with (strong) (finite-page) vanishing line of slope $m$, intercept $c$ and torsion level $r$. Then, the following statements hold:
(1) Any retract of $X$ has a (strong) (finite-page) vanishing line of slope m, intercept $c$ and torsion level $r$;
(2) $\Sigma^{k, k} X$ has a (strong) (finite-page) vanishing line of slope $m$, intercept $c-m k$ and torsion level $r$;
(3) $\Sigma^{0, s} X$ has a (strong) (finite-page) vanishing line of slope $m$, intercept $c+s$ and torsion level $r$.

Proof. The first claim follows from the fact that the bigraded homotopy groups of a retract of $X$ are a retract of the bigraded homotopy groups of $X$. The second and third claims follow from keeping track of the change in indexing of the bigraded homotopy groups under bigraded suspensions.

Lemma 11.11. Given a cofiber sequence of synthetic spectra

$$
A \xrightarrow{f} B \xrightarrow{g} C
$$

such that the following conditions hold:
(1) A has a (strong) (finite-page) vanishing line of slope $m$, intercept $c_{1}$ and torsion level $r_{1}$;
(2) C has a (strong) (finite-page) vanishing line of slope $m$, intercept $c_{2}$ and torsion level $r_{2}$.

Then, the synthetic spectrum B has a (strong) (finite-page) vanishing line of slope $m$, intercept $\max \left(c_{1}+r_{2}, c_{2}\right)$ and torsion level $r_{1}+r_{2}$.

Proof. Remark 11.4 implies that it will suffice to prove the finite-page versions of this lemma. One can also easily see that the strong versions follow from the weak versions applied to all cofiber sequences of the form

$$
A \otimes \nu_{E}(Y) \longrightarrow B \otimes \nu_{E}(Y) \longrightarrow C \otimes \nu_{E}(Y)
$$

where $Y \in \mathrm{Sp}_{\geqslant 0}$.
We finish the proof by proving the statement for finite-page vanishing lines. Suppose that $\alpha \in \pi_{k, k+s}(B)$, with $s>m k+\max \left(c_{1}+r_{2}, c_{2}\right)$. From the finite-page vanishing line for $C$ the class $g(\alpha)$ is $\tau^{r_{2}}$-torsion. Thus, there is a class $\alpha^{\prime} \in \pi_{k, k+s-r_{2}}(A)$ such that $f\left(\alpha^{\prime}\right)=\tau^{r_{2}} \alpha$. By assumption, $s-r_{2}>m k+c_{1}$, so the finite-page vanishing line for $A$ tells us that $\alpha^{\prime}$ is $\tau^{r_{1}}$-torsion. In particular, $\tau^{r_{1}+r_{2}} \alpha=0$, as desired.

Combining Lemmas 11.10 and 11.11 gives the proof of Theorem 11.9. We record the following corollary, which will find use in $\S 12$.

Corollary 11.12. The synthetic spectrum $C \tau^{M}$ has a strong finite-page vanishing line of slope $m$, intercept $c$ and torsion level $M$ for every slope $m$ and intercept $c$.

Proof. We proceed by induction on $M$. The base case follows from the fact that $C \tau$ is a ring [77, Corollary 4.45], and therefore every $C \tau$-module has homotopy groups which are simple $\tau$-torsion. For $M>1$, we apply Lemma 11.11 to the cofiber sequences

$$
\Sigma^{0,-1} C \tau^{M-1} \longrightarrow C \tau^{M} \longrightarrow C \tau
$$

Next, we prove a version of [47, Theorem 1.3].
Theorem 11.13. Given a slope $m>0$, the following conditions on an E-local spectrum $X$ are generic:
(1) $\nu_{E}(X)$ admits a finite-page vanishing line of slope $m$;
(2) $\nu_{E}(X)$ admits a strong finite-page vanishing line of slope $m$.

Remark 11.14. Specializing to the case where $X$ is $E$-nilpotent complete, Proposition 11.6 and Theorem 11.13 (1) together recover a version of [47, Theorem 1.3 (i)].

Our assumptions on $E$ in Theorem 11.13 differ from those given in [47, Condition 1.2]. We assume that $E$ is of Adams type, whereas [47] assumes, among other things, that $E$ is connective.

To deduce Theorem 11.13 from Theorem 11.9, we need to bound the extent to which $\nu_{E}$ fails to preserve cofiber sequences.

Lemma 11.15. Let $X \rightarrow Y \rightarrow Z$ be a cofiber sequence of $E$-local spectra. Moreover, let $C$ denote the cofiber of $\nu_{E}(X) \rightarrow \nu_{E}(Y)$. Then, the cofiber $D$ of the induced map $C \rightarrow \nu_{E}(Z)$ is a $C \tau$-module.

Proof. We may build a commutative diagram

out of the comparison maps between colimits before applying $\nu_{E}$ and after. By [77, Remark 4.61], there is a natural isomorphism

$$
(\nu E)_{k, k+*}\left(\nu_{E}(W)\right) \cong E_{k}(W)[\tau]
$$

for any spectrum $W$. This is an isomorphism of bigraded groups if $E_{k}(W)$ is considered to have bidegree $(k, k)$ and $\tau$ is given bidegree $(0,1)$. Applying $\nu E_{*, *}(-)$, we obtain a
diagram

where both the top and bottom rows are exact: the top is exact because it arose from applying $\nu E_{*, *}$ to a cofiber sequence, and the bottom is exact because it is obtained by adjoining $\tau$ to an exact sequence. Letting $f: E_{k}(X) \rightarrow E_{k}(Y)$ denote the map induced by $X \rightarrow Y$, we find that

$$
0 \longrightarrow \nu E_{k, k+*}(C) \longrightarrow E_{k}(Z)[\tau] \longrightarrow \operatorname{ker}(f)_{k-1} \longrightarrow 0
$$

is exact. Recalling that we defined $D$ to be the cofiber of $C \rightarrow \nu_{E}(Z)$, we conclude that

$$
\nu E_{k, k+\ell}(D)= \begin{cases}\operatorname{ker}(f)_{k-1}, & \text { if } \ell=0 \\ 0, & \text { otherwise }\end{cases}
$$

This is sufficient to conclude that $D$ is a $C \tau$-module, from our assumptions that $X, Y$, and $Z$ are $E$-local. Indeed, this is a combination of citations to [77]. In the language of that paper $D$ is hypercomplete [77, Propositions 5.4 and 5.6]. Therefore, [77, Theorem 4.18] implies that $D$ lies in the heart of the natural $t$-structure on $\operatorname{Syn}_{E}$, which is discussed in [77, §4.2]. By [77, Lemmas 4.42 and 4.43], there is an adjunction

$$
\varepsilon_{*}: \operatorname{Syn}_{E} \rightleftarrows \text { Stable }_{E_{*} E}: \varepsilon^{*}
$$

with $\varepsilon^{*}$ lax symmetric monoidal and which induces an equivalence on the hearts. It follows that $D \simeq \varepsilon^{*}\left(\varepsilon_{*}(D)\right)$. Since $C \tau \simeq \varepsilon^{*}\left(E_{*}\right)$ as $\mathbb{E}_{\infty}$-rings [77, Corollary 4.45], we have that $D \simeq \varepsilon^{*}\left(\varepsilon_{*}(D)\right)$ is a $C \tau$-module by lax symmetric monoidality of $\varepsilon^{*}$.

Corollary 11.16. Let $A \rightarrow B \rightarrow C$ be a cofiber sequence of $E$-local spectra and suppose that
(1) $\nu_{E}(A)$ has a (strong) finite-page vanishing line of slope $m$, intercept $c_{1}$ and torsion level $r_{1}$;
(2) $\nu_{E}(C)$ has a (strong) finite-page vanishing line of slope $m$, intercept $c_{2}$ and torsion level $r_{2}$.

Then, we have that $\nu_{E}(B)$ has a (strong) finite-page vanishing line of slope $m$, intercept $\max \left(c_{1}+r_{2}, c_{2}\right)+1$ and torsion level $r_{1}+r_{2}+1$.

Proof. By Lemma 11.11, the cofiber $X$ of $\nu_{E}(\Sigma C) \rightarrow \nu_{E}(A)$ has a (strong) finitepage vanishing line of slope $m$, intercept $\max \left(c_{1}+r_{2}, c_{2}\right)$ and torsion level $r_{1}+r_{2}$. By Lemma 11.15, the cofiber $Y$ of $X \rightarrow \nu_{E}(B)$ is a $C \tau$-module. It follows that $Y$ has a strong finite-page vanishing line of slope $m$, arbitrary negative intercept and torsion level 1.

Applying Lemma 11.11 to $X \rightarrow \nu_{E}(B) \rightarrow Y$, we obtain the desired result.
Proof of Theorem 11.13. This follows from Corollary 11.16, Lemma 11.10 and the fact that $\nu_{E}$ sends retracts to retracts and suspensions to bigraded suspensions.

Finally, we record a lemma which is useful in establishing (strong) vanishing lines. We say that a synthetic spectrum is $\tau$-complete if the natural map $X \rightarrow \operatorname{\operatorname {lim}} X \otimes C \tau^{n}$ is an equivalence.

Lemma 11.17. A $\tau$-complete synthetic spectrum $X$ has a vanishing line (resp. strong vanishing line) of slope $m \geqslant 0$ and intercept $c$ if and only if $X \otimes C \tau$ does.

Proof. The "only if" direction is easy and follows from considering the exact sequence

$$
\pi_{a, b}(X) \longrightarrow \pi_{a, b}(X \otimes C \tau) \longrightarrow \pi_{1,-1}(X)
$$

For the "if" direction we first note by induction that $X \otimes C \tau^{n}$ admits a (strong) vanishing line of slope $m$ and intercept $c$. For this, it suffices to apply Lemmas 11.10 and 11.11 to the cofiber sequences

$$
\Sigma^{0,-n} C \tau \longrightarrow C \tau^{n+1} \longrightarrow C \tau^{n}
$$

In the non-strong case, the result now follows from the $\tau$-completeness of $X$. The potential $\lim ^{1}$ vanishes because of the assumed vanishing line.

In the strong case, we must also prove that $X \otimes \nu_{E}(Y)$ is $\tau$-complete for finite $Y$. We will show that the collection of $Y$ for which $X \otimes \nu_{E}(Y)$ is $\tau$-complete is thick. Since it contains $\mathbb{S}^{0}$, it will then contain all finite spectra. It is clearly closed under suspensions and retracts. Suppose that $Z_{1} \rightarrow Z_{2} \rightarrow Z_{3}$ is a cofiber sequence with the property that $X \otimes \nu_{E}\left(Z_{1}\right)$ and $X \otimes \nu_{E}\left(Z_{2}\right)$ are $\tau$-complete. We will show that $X \otimes \nu_{E}\left(Z_{3}\right)$ is $\tau$-complete.

Write $C$ for the cofiber of $\nu_{E}\left(Z_{1}\right) \rightarrow \nu_{E}\left(Z_{2}\right)$. Then, $X \otimes C$ is $\tau$-complete, and there is a cofiber sequence

$$
X \otimes C \longrightarrow X \otimes \nu_{E}\left(Z_{3}\right) \longrightarrow X \otimes D
$$

where $D$ is a $C \tau$-module by Lemma 11.15. It follows that $X \otimes D$ is $\tau$-complete, and hence that $X \otimes \nu_{E}\left(Z_{3}\right)$ is $\tau$-complete, as desired.

## 12. An Adams-Novikov vanishing line

Using ideas from $\S 11$, we prove a strong finite-page vanishing line on $\nu_{\mathrm{BP}}\left(\mathbb{S}^{0}\right)$. This line is not visible on the $\mathrm{E}_{2}$-page of the spectral sequence. The vanishing line will be used in Appendix B to provide the explicit numerical control over the function $\Gamma(k)$ required in $\S 7$.

Convention 12.1. In this section, we will fix a prime $p$ and implicitly $p$-localize all spectra. Furthermore, all synthetic spectra will be taken with respect to BP.

THEOREM 12.2. For $p \geqslant 3$, the BP-synthetic sphere $\nu_{\mathrm{BP}}\left(\mathbb{S}^{0}\right)$ has a strong finite-page vanishing line of slope $m$, intercept $c$ and torsion level $r$, where

$$
m=\frac{1}{p^{3}-p-1}, \quad c=2 p^{2}-4 p+9-\frac{2 p^{2}+2 p-10}{p^{3}-p-1}, \quad \text { and } \quad r=2 p^{2}-4 p+2
$$

Remark 12.3. The key content of Theorem 12.2 is not the slope of the vanishing line, but rather the explicit values for the intercepts and torsion levels. $\left(^{7}\right.$ )

Notation 12.4. We let

$$
\tilde{\beta}_{1} \in \pi_{2 p^{2}-2 p-2,2 p^{2}-2 p}\left(\nu_{\mathrm{BP}}\left(\mathbb{S}^{0}\right)\right)
$$

denote a synthetic lift of $\beta_{1} \in \pi_{2 p^{2}-2 p-2}\left(\mathbb{S}^{0}\right)$ as in Theorem 9.19 (3).
The proof of Theorem 12.2 consists of two main steps:
(1) We show that $C\left(\tilde{\beta}_{1}\right)$ admits a strong vanishing line of slope $1 /\left(p^{3}-p-1\right)$ and explicit intercept.
(2) Using the fact that $\beta_{1}$ is nilpotent topologically, we apply Step (1) and the results of $\S 11$ to show that $\nu_{\mathrm{BP}}\left(\mathbb{S}^{0}\right)$ admits the desired strong finite-page vanishing line.

Our proof of (1) will be based on the homological algebra of $P_{*}$-comodules, where $P_{*}$ is the polynomial part of the dual Steenrod algebra.

Recollection 12.5. Let $r$ denote the map of Hopf algebroids

$$
\left(\mathrm{BP}_{*}, \mathrm{BP}_{*} \mathrm{BP}\right) \xrightarrow{r}\left(\mathbb{F}_{p}, P_{*}\right) .
$$

Thinking in terms of the associated stacks we have a pullback/pushforward adjunction between the associated categories of sheaves

$$
\varepsilon_{*}: \text { Stable }_{\mathrm{BP}_{*} \mathrm{BP}} \rightleftarrows \text { Stable }_{P_{*}}: \varepsilon^{*}
$$

[^3]Concretely, at the level of comodules, $r^{*}$ sends a $\mathrm{BP}_{*} \mathrm{BP}$-comodule $M$ to the tensor product $\mathbb{F}_{p} \otimes_{\mathrm{BP}_{*}} M$ viewed as $P_{*}$-comodule.

From [77, Proposition 4.53] we know that the symmetric monoidal embedding

$$
\operatorname{Mod}_{C \tau} \longrightarrow \text { Stable }_{\mathrm{BP}_{*} \mathrm{BP}}
$$

of Theorem 9.12 is an equivalence. As such, we will abuse notation by applying $r^{*}$ directly to $C \tau$-modules.

The reduction to $P_{*}$-comodules is carried out by the following lemma whose main input is an algebraic lemma of Krause [54, Proposition 4.22]. For the statement of this lemma, we use the notion of vanishing lines in Ext groups (which are a sort of bigraded homotopy groups) from $\S 4$ of Krause's work.

Lemma 12.6. If $X$ is a compact and $\tau$-complete object of $\operatorname{Syn}_{\mathrm{BP}}$ with the property that $r^{*}(C \tau \otimes X)$ admits a vanishing line of slope $m$ and intercept $c$, then $X$ admits a strong vanishing line of the same slope and intercept.

Proof. By Lemma 11.17, it suffices to show that $C \tau \otimes X \otimes \nu_{\mathrm{BP}}(A)$ admits a vanishing line of slope $m$ and intercept $c$ for all $A \in \mathrm{Sp}_{\geqslant 0}$. The vanishing statements we wish to prove are compatible with filtered colimits (as is $\nu_{\mathrm{BP}}$ ), therefore it suffices to restrict to the case where $A$ is finite.

The symmetric monoidal equivalence of $\operatorname{Mod}_{C \tau}$ and Stable $_{B^{*}}$ BP provides us with a derived $\mathrm{BP}_{*} \mathrm{BP}$-comodule $\bar{X}$ associated to $C \tau \otimes X$, and equivalences

$$
\pi_{t-s, t}\left(C \tau \otimes X \otimes \nu_{\mathrm{BP}}(A)\right) \cong \operatorname{Ext}_{\mathrm{BP}_{*} \mathrm{BP}^{s, t}}\left(\mathrm{BP}_{*}, \bar{X} \otimes_{\mathrm{BP}_{*}} \mathrm{BP}_{*} A\right)
$$

Let us now show that it suffices to address the case when $A=\mathbb{S}^{0}$. The category of connective comodules over the Hopf algebroid $\left(\mathrm{BP}_{*}, \mathrm{BP}_{*} \mathrm{BP}\right)$ has enough projectives by the main result of [82], so we may fix a resolution $A$. of $\mathrm{BP}_{*} A$ whose associated graded consists of positive shifts of $\mathrm{BP}_{*}$. We will prove that the desired vanishing line already exists on the first page of the spectral sequence associated to the filtered object $\bar{X} \otimes_{\mathrm{BP}_{*}} A$. By our choice of filtration this reduces to showing that $\operatorname{Ext}_{\mathrm{BP}_{*} \mathrm{BP}}^{s, t}\left(\mathrm{BP}_{*}, \bar{X}\right)$ has the desired vanishing line, as we wanted.

By our assumption that $X$ is compact, $\bar{X}$ is compact as an object of Stable $_{\mathrm{BP}_{*}}$ BP. It therefore follows from the proof of [54, Proposition 4.22] that $\bar{X}$ and $r^{*} \bar{X}$ admit the same vanishing lines, as desired.

As a corollary to the above, we obtain the following well-known vanishing line. We will make use of it in our proof of Theorem 12.2.

Proposition 12.7. Let $p$ be an odd prime. Then, $\nu_{\mathrm{BP}}\left(\mathbb{S}^{0}\right)$ is $\tau$-complete and has a vanishing line of slope $m$ and intercept $c$, where

$$
m=\frac{1}{p^{2}-p-1} \quad \text { and } \quad c=1-\frac{2 p-3}{p^{2}-p-1}
$$

Proof. Since $\mathbb{S}^{0}$ is BP-nilpotent complete, Proposition A. 13 implies that $\nu_{\mathrm{BP}}\left(\mathbb{S}^{0}\right)$ is $\tau$-complete. Hence, by Lemma 12.6, it suffices to show that the desired vanishing line is present in

$$
\operatorname{Ext}_{P_{*}}^{s, t}\left(\mathbb{F}_{p}, \mathbb{F}_{p}\right)
$$

This vanishing line is already visible in the $\mathrm{E}_{1}$-page of the May spectral sequence for Ext over $P_{*}$.

We now establish the desired vanishing line for $C\left(\tilde{\beta}_{1}\right)$.
Lemma 12.8. The synthetic spectrum $C\left(\tilde{\beta}_{1}\right)$ has a strong vanishing line of slope $m$ and intercept $c$, where

$$
m=\frac{1}{p^{3}-p-1} \quad \text { and } \quad c=8-\frac{4 p^{2}-11}{p^{3}-p-1}
$$

Proof. We begin by noting that $C\left(\tilde{\beta}_{1}\right)$ is $\tau$-complete by Proposition 12.7 and the fact that $\tau$-completeness is closed under finite colimits. Thus, by Lemma 12.6, it suffices to show that $\operatorname{Ext}_{P_{*}}^{s, t}\left(\mathbb{F}_{p}, C\left(\beta_{1}\right)\right)$ has the desired vanishing line, where $C\left(\beta_{1}\right)$ is the cofiber of the element $\beta_{1} \in \operatorname{Ext}_{P_{*}}^{2,2 p^{2}-2 p}\left(\mathbb{F}_{p}, \mathbb{F}_{p}\right)$ in Stable $_{P_{*}}$.

In [14, §3] Belmont shows that $C\left(\beta_{1}\right)$ satisfies the conditions of [76, Theorem 2.3.1] with Palmieri's parameter $d$ equal to $p^{3}-p$. While this theorem is stated for $\mathcal{A}_{*}$ in [76], the proof carries over for $P_{*}$. Thus, we learn that

$$
\operatorname{Ext}_{P_{*}}^{s, t}\left(\mathbb{F}_{p}, C\left(\beta_{1}\right)\right)=0 \quad \text { for all } s>\frac{1}{d-1}(t-s+\alpha(d))+1
$$

where $n$ is the minimal integer such that $2(p-1) p^{n}>d$ (in our case $n=2$ ) and

$$
\alpha(d):=\left(\sum_{s+t \leqslant n\left|\xi_{t}^{p^{s}}\right| \leqslant d} d+(p-1)\left|\xi_{t}^{p^{s}}\right|\right)
$$

The above calculation of the intercept is (the $P_{*}$ version of) [76, Remark 2.3.4]. We note that the +1 term at the end of the above inequality for $s$ comes from the $i_{1}$ term in [76, Remark 2.3.4]. We calculate that

$$
\alpha\left(p^{3}-p\right)=7 p^{3}-4 p^{2}-7 p+4
$$

and thereby see that $C \tilde{\beta}_{1}$ has the desired vanishing line.

We now move on to Step (2) of our proof of Theorem 12.2. Since $\beta_{1}$ is not nilpotent on the $\mathrm{E}_{2}$-page of the Adams-Novikov spectral sequence, the synthetic class $\tilde{\beta}_{1}$ is not nilpotent. It follows that we cannot complete Step (2) through a direct application of the genericity results of $\S 11$. Instead, Theorem 9.19 will show that $\tilde{\beta}_{1}^{N} \tau^{M}=0$ for some large $N$ and $M$. In this situation, we have the following lemma.

Lemma 12.9. Suppose that $X$ is a synthetic spectrum with a self map

$$
b: \Sigma^{u, u+v} X \longrightarrow X
$$

such that the following conditions hold:

- $b^{N} \tau^{M}=0$;
- $\Sigma^{-|b|} C(b)$ has a (strong) vanishing line of slope $m$ and intercept $c$;
- $v / u \geqslant m$.

Then, $X$ has a (strong) finite-page vanishing line of slope $m$, intercept $c^{\prime}$ and torsion level $M$, where

$$
c^{\prime}=c+\min (N(v-m u), M+m+1)
$$

Proof. Consider the family of cofiber sequences

$$
\Sigma^{-|b|} C(b) \longrightarrow \Sigma^{-n|b|} C\left(b^{n}\right) \longrightarrow \Sigma^{-n|b|} C\left(b^{n-1}\right)
$$

as $n$ varies. We will prove by induction that $\Sigma^{-n|b|} C\left(b^{n}\right)$ has a (strong) vanishing line of slope $m$ and intercept $c$. The base case is one of our hypotheses. In order to handle the induction step, we apply Lemma 11.11 to the cofiber sequence above. By assumption (and Lemma 11.10), we have that $\Sigma^{-n|b|} C\left(b^{n-1}\right)$ has a (strong) vanishing line of slope $m$ and intercept $c+m u-v$. Thus, $\Sigma^{-n|b|} C\left(b^{n}\right)$ has a (strong) vanishing line of slope $m$ and intercept $\max (c, c+m u-v)=c$.

Next, we apply Lemmas 11.11 and 11.12 to the cofiber sequence

$$
C \tau^{M} \xrightarrow{f} \Sigma^{-N|b|} C\left(b^{N} \tau^{M}\right) \xrightarrow{g} \Sigma^{-N|b|} C\left(b^{N}\right)
$$

in order to conclude that $\Sigma^{-N|b|} C\left(b^{N} \tau^{M}\right)$ has a (strong) finite-page vanishing line of slope $m$, intercept $c$ and torsion level $M$. Finally, using the splitting

$$
C\left(b^{N} \tau^{M}\right) \simeq X \oplus \Sigma^{(1,-M)+N|b|} X
$$

we obtain the desired (strong) finite-page vanishing line.
To apply this lemma to prove Theorem 12.2 , we need to determine the constants that we have called $N$ and $M$ for $X=\nu_{\mathrm{BP}}\left(\mathbb{S}^{0}\right)$ and $b=\tilde{\beta}_{1}$. By Theorem 9.19, this comes down to the following lemma.

Lemma 12.10. (Ravenel) There are differentials

$$
d_{9}\left(\alpha_{1} \beta_{4}\right)=\beta_{1}^{6} \quad \text { at } p=3 \quad \text { and } \quad d_{33}\left(\gamma_{3}\right)=\beta_{1}^{18} \quad \text { at } p=5
$$

in the Adams-Novikov spectral sequence. Also, we have $\beta_{1}^{p^{2}-p+1}=0$ at any odd prime $p$. The Adams-Novikov differential with target $\beta_{1}^{p^{2}-p+1}$ has length at most

$$
2 p^{2}-4 p+3
$$

Proof. The 3-primary differential is part of [80, Theorem 7.5.3] and the 5-primary differential is [80, Theorem 7.6.1]. The general bound on the order of nilpotence of $\beta_{1}$ is proven shortly after the statement of Theorem 7.6.1 in [80], where Ravenel recounts a classical argument of Toda for this relation. Finally, the bound on the length of the differential follows from sparsity and the fact that there are no differentials off the 1-line of the Adams-Novikov spectral sequence at odd primes.

Proof of Theorem 12.2. In order to prove Theorem 12.2, we apply Lemma 12.9 to $X=\nu_{\mathrm{BP}}\left(\mathbb{S}^{0}\right)$ and $b=\tilde{\beta}_{1}$. The remainder of the proof is just a matter of computing $m, c$, $u, v, N$, and $M$.

The element $\tilde{\beta}_{1}$ has bidegree $\left(2 p^{2}-2 p-2,2 p^{2}-2 p\right)$, so $u=2 p^{2}-2 p-2$ and $v=2$. By Lemmas 12.8 and 11.10, we know $\Sigma^{-\left|\tilde{\beta}_{1}\right|} C \tilde{\beta}_{1}$ has a strong vanishing line of slope

$$
m=\frac{1}{p^{3}-p-1}
$$

and intercept

$$
c=\left(8-\frac{4 p^{2}-11}{p^{3}-p-1}\right)-\left(2-\frac{2 p^{2}-2 p-2}{p^{3}-p-1}\right)=6-\frac{2 p^{2}+2 p-9}{p^{3}-p-1}
$$

Suppose that there exists an $a$ in the $\mathrm{E}_{r+1}$-term of the Adams-Novikov spectral sequence such that $d_{r+1}(a)=\beta_{1}^{N}$. Then, by Theorem 9.19 there exists a $\widetilde{\beta_{1}^{N}}$ such that $\widetilde{\beta_{1}^{N}} \tau^{r}=0$. A priori it may not be true that $\tilde{\beta}_{1}^{N}=\widetilde{\beta_{1}^{N}}$, though we do know their difference maps to zero in $C \tau$ and is therefore divisible by $\tau$. In this case, we can then use Proposition 12.7 to conclude that this "difference divided by $\tau$ " is zero - seeing as it lives in a bigrading which is zero. To summarize, we learn that if $\beta_{1}^{N}$ is hit by a $d_{r+1}$-differential in the Adams-Novikov spectral sequence, then $\tilde{\beta}_{1}^{N} \tau^{r}=0$.

We may therefore cite Lemma 12.10 to obtain the values of $N$ and $M$. We summarize the values we have computed in the Table 3.

At the prime 3, the intercept is

$$
6-\frac{15}{23}+\min \left(6\left(2-\frac{10}{23}\right), 9+\frac{1}{23}\right)=14+\frac{9}{23}
$$

| prime | $m$ | $u$ | $v$ | $N$ | $M$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 3 | $\frac{1}{23}$ | 10 | 2 | 6 | 8 |
| 5 | $\frac{1}{119}$ | 38 | 2 | 18 | 32 |
| $\geqslant 7$ | $\frac{1}{p^{3}-p^{2}-1}$ | $2 p^{2}-2 p-2$ | 2 | $p^{2}-p+1$ | $2 p^{2}-4 p+2$ |

Table 3.
At the prime 5 , the intercept is

$$
6-\frac{51}{119}+\min \left(18\left(2-\frac{38}{119}\right), 33+\frac{1}{119}\right)<38+\frac{69}{119} .
$$

At primes $\geqslant 7$, the intercept is

$$
\begin{aligned}
& 6-\frac{2 p^{2}+2 p-9}{p^{3}-p-1}+\min \left(\left(p^{2}-p-1\right)\left(2-\frac{2 p^{2}-2 p-2}{p^{3}-p-1}\right), 2 p^{2}-4 p+3+\frac{1}{p^{3}-p-1}\right) \\
& \quad=2 p^{2}-4 p+9-\frac{2 p^{2}+2 p-10}{p^{3}-p^{2}-1} .
\end{aligned}
$$

Note that the bound we write down for all primes is in fact equal to

$$
2 p^{2}-4 p+9+\frac{2 p^{2}+2 p-10}{p^{3}-p^{2}-1}
$$

## 13. Banded vanishing lines

An overview of $\S \S 13-15$. This and the following two sections are devoted to the proof of Theorem 8.1, which will be proven as Theorem 15.1. To prove Theorem 15.1, we will show that there exists a line of slope $\frac{1}{5}$ on some finite page of the modified $\mathrm{HF}_{2}$-Adams spectral sequence of the mod- 8 Moore spectrum $C(8)$ above which the only classes are those detecting the $K(1)$-local homotopy of $C(8) \cdot\left({ }^{8}\right)$

In this section, we will axiomatize this property into the defintion of a $v_{1}$-banded vanishing line on a synthetic spectrum. We will then show that the property of having a

[^4]$v_{1}$-banded vanishing line is generic, i.e. it is closed under retractions, bigraded suspensions and cofiber sequences of synthetic spectra. In $\S 14$, we will show that
$$
\nu_{\mathrm{HF}_{2}}(Y)=\nu_{\mathrm{HF}_{2}}(C(2) \otimes C(\eta))
$$
admits a $v_{1}$-banded vanishing line. In $\S 15$, we will establish a $v_{1}$-banded vanishing line on $C(\tilde{8})$, and use this line to prove Theorem 15.1. $\left(^{9}\right.$ ) The proof of the $v_{1}$-banded vanishing line of $C(\tilde{8})$ is a genericity argument, building from the case of $\nu_{\mathrm{HF}_{2}}(Y)$. As in $\S 11$ and $\S 12$, we will sedulously keep track of intercepts and torsion levels throughout.

Definition 13.1. Given a $\mathbb{Z}[\tau]$-module $M$, we let $M_{\text {tor }} \subset M$ denote the subgroup of $\tau$-power torsion elements and $M_{\mathrm{tf}}$ the torsion free quotient $M / M_{\mathrm{tor}}$. When there are other subscripts present, we will sometimes find it convenient to write $M^{\text {tor }}$ and $M^{\text {tf }}$ in place of $M_{\mathrm{tor}}$ and $M_{\mathrm{tf}}$, respectively.

Definition 13.2. Given a synthetic spectrum $X$, we let $F^{s} \pi_{k}\left(\tau^{-1} X\right) \subset \pi_{k}\left(\tau^{-1} X\right)$ denote the image of $\pi_{k, k+s} X \rightarrow \pi_{k}\left(\tau^{-1} X\right)$. This defines a descending filtration on $\pi_{k}\left(\tau^{-1} X\right)$, which is natural in $X$.

Remark 13.3. The natural map $\pi_{k, k+s}(X)_{\mathrm{tf}} \rightarrow F^{s} \pi_{k}\left(\tau^{-1} X\right)$ is an isomorphism.
Remark 13.4. Let $Y$ be a $E$-nilpotent complete spectrum whose $E$-Adams spectral sequence converges strongly. By Corollary 9.21 , the filtration $F^{s} \pi_{k}\left(\tau^{-1} \nu_{E}(Y)\right)$ coincides with the $E$-Adams filtration on $\pi_{k}(Y) \cong \pi_{k}\left(\tau^{-1} \nu_{E}(Y)\right)$.

Convention 13.5. In the remainder of this section, we will fix a prime $p$ and work exclusively with the category $\operatorname{Syn}_{\mathrm{HF}_{p}}$ of synthetic spectra with respect to $\mathrm{HF}{ }_{p}$.

Definition 13.6. We say that a synthetic spectrum $X$ has a $v_{1}$-banded vanishing line with

- band intercepts $b \leqslant d$,
- range of validity $v$,
- line of slope $m<1 /(2 p-2)$ and intercept $c$,
- torsion bound $r$,
if the following conditions hold:
(i) every class in $\pi_{k, k+s}(X)_{\text {tor }}$ is $\tau^{r}$-torsion for $s \geqslant m k+c$ and $k \geqslant v$;
(ii) the natural map

$$
F^{1 /(2 p-2) k+b} \pi_{k}\left(\tau^{-1} X\right) \longrightarrow F^{m k+c} \pi_{k}\left(\tau^{-1} X\right)
$$

$\left({ }^{9}\right)$ The synthetic spectrum $C(\tilde{8})$ is defined in $\S 15$. It encodes the modified $\mathrm{HF}_{2}$-Adams spectral sequence of $C(8)$.
is an isomorphism for $k \geqslant v$;
(iii) the composite

$$
F^{1 /(2 p-2) k+b} \pi_{k}\left(\tau^{-1} X\right) \longrightarrow \pi_{k}\left(\tau^{-1} X\right) \longrightarrow \pi_{k}\left(L_{K(1)} \tau^{-1} X\right)
$$

is an equivalence for $k \geqslant v$;
(iv) $\pi_{k, k+s}(X)=0$ for $s>k /(2 p-2)+d$.

More concisely, we will say that that $X$ has a $v_{1}$-banded vanishing line with parameters $(b \leqslant d, v, m, c, r)$.

Remark 13.7. Given an $\mathrm{HF}_{p}$-nilpotent complete spectrum $X$, we will say that the $H \mathbb{F}_{p}$-Adams spectral sequence of $X$ admits a $v_{1}$-banded vanishing line with parameters $(b \leqslant d, v, m, c, r)$ if $\nu_{\mathrm{HF}_{p}}(X)$ admits one. This is justified by the following proposition.

Proposition 13.8. Given an $\mathrm{HF}_{p}$-nilpotent complete spectrum $X, \nu_{\mathrm{HF}_{p}}(X)$ admits a $v_{1}$-banded vanishing line with parameters $(b \leqslant d, v, m, c, r)$ if and only if the $\mathrm{HF}_{p}$-based Adams spectral sequence for $X$ satisfies the following conditions:
(1') $\mathrm{E}_{r+2}^{s, k+s}=\mathrm{E}_{\infty}^{s, k+s}$ for $s \geqslant m k+c$ and $k \geqslant v ;$
(2') $\mathrm{E}_{r+2}^{s, k+s}=0$ for $m k+c \leqslant s<k /(2 p-2)+b$ and $k \geqslant v$;
(3') $F^{k /(2 p-2)+b} \pi_{k}(X) \rightarrow \pi_{k}\left(L_{K(1)} X\right)$ is an isomorphism for $k \geqslant v$, where $F$ is the $\mathrm{HF} \mathbb{F}_{p}$-Adams filtration;
$\left(4^{\prime}\right) \mathrm{E}_{2}^{s, k+s}=0$ for all $s>k /(2 p-2)+d$.
Proof. It follows from Lemmas 11.7 and 11.8 that the $\mathrm{HF}_{p}$-based Adams spectral sequence for $X$ converges strongly; therefore, we may use Theorem 9.19 and its corollaries. By Proposition 11.6, we know that (4) and (4) are equivalent. Using (4) to ground the induction started by Corollary 9.22 we learn (1) and ( $1^{\prime}$ ) are equivalent. Using Corollary 9.21 , we may identify the filtration appearing in the definition of a banded vanishing line with the Adams filtration. This allows us to conclude that (2) and (3) are equivalent to $\left(2^{\prime}\right)$ and $\left(3^{\prime}\right)$, respectively.

In Figure 4 we use Proposition 13.8 to illustrate the meaning of a banded vanishing line on $\nu X$. As we shall see, Definition 13.6 captures the behavior of the modified Adams spectral sequence of a type- 1 spectrum. Moreover, it is formulated in such a way that it is a generic condition, i.e. the full subcategory of synthetic spectra satisfying Definition 13.6 for a fixed $m$ and varying ( $b \leqslant d, v, c, r$ ) is closed under retracts, bigraded suspensions and cofiber sequences. We prove this genericity in Lemma 13.10 and Proposition 13.11. A key feature of our approach is that we keep explicit track of how the constants $(b \leqslant d, v, c, r)$ change under retracts, bigraded suspensions and cofiber sequences.


Figure 4. In this figure we display a picture of what the $\mathrm{E}_{r+2}$-page of the $\mathrm{HF}_{p}$-Adams spectral sequence of an $H \mathbb{F}_{p}$-nilpotent complete spectrum that admits an $v_{1}$-banded vanishing line with parameters $(b \leqslant d, v, m, c, r)$ might look like. We highlight the following features:
(1) The top region is already empty at the $E_{2}$-page.
(2) The region indicated with lightning flashes is the band (it is depicted this way since this is how it appears for $\mathbb{S} / 2$ ) and contains all classes detected $K(1)$-locally.
(3) The empty region below the band vanishes by the $E_{r+2}$-page.
(4) In the dotted region no conditions are imposed.

Example 13.9. The main result of [72] implies that the $\mathrm{HF}_{p}$-Adams spectral sequence for the mod- $p$ Moore spectrum $C(p)$ admits a $v_{1}$-banded vanishing line of slope

$$
\frac{1}{p^{2}-p-1}
$$

for $p$ odd. In $\S 14$, we will show that the methods of [72] may also be used to obtain a $v_{1}$ banded vanishing line of slope $\frac{1}{5}$ in the $\mathrm{HF}_{2}$-Adams spectral sequence of $Y=C(2) \otimes C(\eta)$.

We begin with the behavior of Definition 13.6 under retracts and suspensions.
Lemma 13.10. (Banded genericity (part 1)) Suppose that a synthetic spectrum $X$ has a $v_{1}$-banded vanishing line with parameters $(b \leqslant d, v, m, c, r)$. Then,
(1) any retract of $X$ has a $v_{1}$-banded vanishing line with the same parameters as $X$;
(2) $\Sigma^{k, k} X$ has a $v_{1}$-banded vanishing line with parameters

$$
\left(b-\frac{1}{2 p-2} k \leqslant d-\frac{1}{2 p-2} k, v+k, m, c-m k, r\right)
$$

(3) $\Sigma^{0, s} X$ has a $v_{1}$-banded vanishing line with parameters

$$
(b+s \leqslant d+s, v, m, c+s, r) .
$$

Proof. This lemma is a version of Lemma 11.10 for banded vanishing lines. As with the earlier lemma it follows from tracking how bigraded homotopy groups change under retracts and bigraded suspensions.

Proposition 13.11. (Banded genericity (part 2)) Let

$$
A \xrightarrow{f} B \xrightarrow{g} C \xrightarrow{\delta} \Sigma A
$$

be a cofiber sequence of synthetic spectra such that the following two conditions hold:

- A has a $v_{1}$-banded vanishing line with parameters $\left(b_{A} \leqslant d_{A}, v_{A}, m, c_{A}, r_{A}\right)$;
- C has a $v_{1}$-banded vanishing line with parameters $\left(b_{C} \leqslant d_{C}, v_{C}, m, c_{C}, r_{C}\right)$. Then, $B$ has a banded vanishing line with parameters $\left(b_{B} \leqslant d_{B}, v_{B}, m, c_{B}, r_{B}\right)$, where

$$
\begin{aligned}
& b_{B}=\min \left(b_{A}, b_{C}-r_{A}\right) \leqslant \max \left(d_{A}, d_{C}\right)=d_{B} \\
& v_{B}=\max \left(v_{A}+1, v_{C}, \frac{c_{B}-b_{B}}{(2 p-2)^{-1}-m}\right) \\
& c_{B}=\max \left(c_{A}+r_{C}, c_{C}\right) \\
& r_{B}=r_{A}+\max \left(r_{C},\left\lfloor\max \left(d_{A}, \min \left(d_{A}+r_{C}, d_{C}\right)\right)-b_{C}-\frac{1}{2 p-2}\right\rfloor\right) .
\end{aligned}
$$

In order to prevent expressions such as $F^{k /(2 p-2)+b_{A}} \pi_{k}\left(\tau^{-1} A\right)$ from cluttering the proof of Proposition 13.11, we introduce the following compact notation (which will not appear outside this section):

$$
\lambda:=(2 p-2)^{-1}, \quad L:=L_{K(1)}, \quad \bar{A}:=\tau^{-1} A, \quad \bar{B}:=\tau^{-1} B, \quad \bar{C}:=\tau^{-1} C
$$

Before starting the proof of Proposition 13.11, we prove two lemmas.
Lemma 13.12. Suppose that $A \xrightarrow{f} B \xrightarrow{g} C$ is a cofiber sequence of synthetic spectra, where every $\tau$-power torsion element of $\pi_{k, k+s}(C)$ is $\tau^{r}$-torsion. Then, the indicated lift exists in the diagram below:


Proof. Let $D_{c}$ denote the long exact sequence of bigraded homotopy groups for $A \rightarrow B \rightarrow C$ considered as an acyclic chain complex such that $\pi_{k, k+c}(B)$ is placed in degree zero. The complex $D_{c}$ fits into a level-wise short exact sequence $D_{c}^{\mathrm{tor}} \rightarrow D_{c} \rightarrow D_{c}^{\mathrm{tf}}$,
where $D_{c}^{\mathrm{tor}}$ and $D_{c}^{\mathrm{tf}}$ are given by the same decorations applied level-wise. This lemma is equivalent to the statement that the map

$$
H_{0}\left(D_{s}^{\mathrm{tf}}\right) \xrightarrow{\tau^{r}} H_{0}\left(D_{s-r}^{\mathrm{tf}}\right)
$$

is zero. Using the cofiber sequence of chain complexes above this map is isomorphic to the map

$$
H_{-1}\left(D_{s}^{\text {tor }}\right) \xrightarrow{\tau^{r}} H_{-1}\left(D_{s-r}^{\text {tor }}\right)
$$

The latter map is zero because the map

$$
\pi_{k, k+s}(C)_{\mathrm{tor}} \xrightarrow{\tau^{r}} \pi_{k, k+s-r}(C)_{\mathrm{tor}}
$$

is zero.
Lemma 13.13. Under the hypotheses and notation of Proposition 13.11, the sequence

$$
F^{\kappa-1} \pi_{k+1}(\bar{C}) \longrightarrow F^{\kappa} \pi_{k}(\bar{A}) \longrightarrow F^{\kappa} \pi_{k}(\bar{B}) \longrightarrow F^{\kappa} \pi_{k}(\bar{C}) \longrightarrow F^{\kappa+1} \pi_{k-1}(\bar{A})
$$

is exact for any $\kappa$ such that $m k+c_{B} \leqslant \kappa \leqslant \lambda k+b_{B}$. Moreover, this sequence is exact at $F^{\kappa} \pi_{k}(\bar{A})$ under the weaker condition that

$$
m k+c_{A} \leqslant \kappa \leqslant \lambda(k+1)+b_{C}+1
$$

Proof. This sequence is a subsequence of the long exact sequence on homotopy groups for the cofiber sequence $\bar{A} \rightarrow \bar{B} \rightarrow \bar{C}$, and is therefore automatically a chain complex.

Exactness at $F^{\kappa} \pi_{k}(\bar{A})$. Consider the diagram

where the top left diagonal map exists because

$$
\kappa-1 \leqslant \lambda k+b_{B}-1 \leqslant \lambda(k+1)+b_{C}
$$

and the middle vertical map is injective because

$$
m k+c_{A} \leqslant m k+c_{B} \leqslant \kappa
$$

Exactness at $F^{\kappa} \pi_{k}(\bar{B})$. Consider the diagram

where the dashed arrow exists by Lemma 13.12, which applies because

$$
m k+c_{C} \leqslant m k+c_{B} \leqslant \kappa
$$

and the leftmost vertical arrow is an isomorphism because

$$
m k+c_{A} \leqslant m k+c_{B}-r_{C} \leqslant \kappa-r_{C} \leqslant \kappa \leqslant \lambda k+b_{B} \leqslant \lambda k+b_{A} .
$$

Exactness at $F^{\kappa} \pi_{k}(\bar{C})$. Consider the diagram

where the dashed arrow exists by Lemma 13.12, which applies because

$$
m(k-1)+c_{A} \leqslant m k+c_{B} \leqslant \kappa+r_{A}+1
$$

and the middle right vertical arrow is an isomorphism because

$$
m k+c_{C} \leqslant m k+c_{B} \leqslant \kappa \leqslant \kappa+r_{A} \leqslant \lambda k+b_{B}+r_{A} \leqslant \lambda k+b_{C} .
$$

Proof of Proposition 13.11. We will prove properties (1)-(4) of Definition 13.6 in reverse order. Property (4) is obvious from the long exact sequence on bigraded homotopy groups.

Assuming that

$$
m k+c_{B} \leqslant \lambda k+b_{B}
$$

which is true whenever $k \geqslant v_{B}$, we can construct the following diagram:


The second and third rows are exact by Lemma 13.13. The fifth and sixth rows are also exact. The indicated equalities follow easily from the hypotheses.

Proof of (3). We wish to show that

$$
F^{\lambda k+b_{B}} \pi_{k}(\bar{B}) \longrightarrow \pi_{k}(L \bar{B})
$$

is an isomorphism for $k \geqslant v_{B}$. The vertical maps from the top row to the bottom row of the previous diagram are isomorphisms by hypothesis. The vertical maps from the fourth row to the bottom row are also isomorphisms by hypothesis. Thus, we may apply the five lemma to the maps between the second and the bottom rows in order to conclude.

Proof of (2). We wish to show that

$$
F^{\lambda k+b_{B}} \pi_{k}(\bar{B}) \longrightarrow F^{m k+c_{B}} \pi_{k}(\bar{B})
$$

is an isomorphism for $k \geqslant v_{B}$. This map is automatically injective, so it suffices to apply the four lemma to the maps between the second and third rows of the previous diagram.

Proof of (1). Let $w \in \pi_{k, k+s}(B)_{\text {tor }}$ and assume that $s \geqslant m k+c_{B}$ and $k \geqslant v_{B}$. We would like to bound the $\tau$-torsion order of $w$.

Step 1. We have $w \in \pi_{k, k+s}(B)_{\text {tor }}$ such that

$$
m k+c_{B} \leqslant s \leqslant \lambda k+\max \left(d_{A}, d_{C}\right)
$$

If $s>\lambda k+d_{A}+r_{C}$, then $g\left(\tau^{r_{C}} w\right)=0$ so $\tau^{r_{C}} w$ lifts to $\pi_{k, k+s-r_{C}}(A)=0$ and thus $\tau^{r_{C}} w=0$, hence $\tau^{r_{B}} w=0$. On the other hand, if $s \leqslant \lambda k+d_{A}+r_{C}$, we move on to Step 2.

Step 2. We have $w \in \pi_{k, k+s}(B)_{\text {tor }}$ such that

$$
m k+c_{B} \leqslant s \leqslant \lambda k+\max \left(d_{A}, \min \left(d_{A}+r_{C}, d_{C}\right)\right) .
$$

Find the smallest $N$ such that $g\left(\tau^{N} w\right)=0$ and an $x \in \pi_{k, k+s-N}(A)$ such that $f(x)=\tau^{N} w$. We have a bound $N \leqslant r_{C}$ coming from the fact that $m k+c_{C} \leqslant m k+c_{B} \leqslant s$. From this, we may conclude that $s-N \geqslant m k+c_{B}-r_{C} \geqslant m k+c_{A}$.

Step 3. We have a $x \in \pi_{k, k+s-N}(A)$ such that $f(x)=\tau^{N} w$. If

$$
\lambda(k+1)+b_{C}+1<s-N
$$

we replace $x$ by $\tau^{L} x$, where $L$ satisfies

$$
m k+c_{A} \leqslant s-N-L \leqslant \lambda(k+1)+b_{C}+1
$$

This is possible because

$$
m k+c_{A} \leqslant \lambda k+b_{B} \leqslant \lambda(k+1)+b_{C}
$$

which holds since $k \geqslant v_{B}$.
Step 4. We have a $y \in \pi_{k, k+\kappa}(A)$ such that $f(y)=\tau^{M} w$, where

$$
m k+c_{A} \leqslant \kappa \leqslant \lambda(k+1)+b_{C}+1
$$

Consider the diagram

where the second row is exact by Lemma 13.13, and the dashed arrow exists because any $\tau$-torsion element of $\pi_{k, k+\kappa}(A)$ has torsion order bounded by $r_{A}$. The image of $y$ in
$F^{\kappa} \pi_{k}(\bar{B})$ is zero by hypothesis, so we can use exactness and surjectivity to produce a lift $z \in \pi_{k+1, k+\kappa}(C)$ such that $\tau^{r_{A}} \delta(z)=\tau^{r_{A}} y$. From this, we may conclude that $\tau^{r_{A}+M} w=0$. We may now read off that

$$
\begin{aligned}
r_{A}+M & \leqslant r_{A}+\max \left(r_{C},\left\lfloor\lambda k+\max \left(d_{A}, \min \left(d_{A}+r_{C}, d_{C}\right)\right)\right\rfloor-\left\lfloor\lambda(k+1)+b_{C}+1\right\rfloor\right) \\
& \leqslant r_{A}+\max \left(r_{C}, \lambda k+\max \left(d_{A}, \min \left(d_{A}+r_{C}, d_{C}\right)\right)-\lambda(k+1)-b_{C}\right) \\
& \leqslant r_{A}+\max \left(r_{C}, \max \left(d_{A}, \min \left(d_{A}+r_{C}, d_{C}\right)\right)-b_{C}-\lambda\right) \\
& =r_{B}
\end{aligned}
$$

## 14. A banded vanishing line for $Y$

In Example 13.9 we observed that Miller's computation of the $T(1)$-local homotopy of a Moore spectrum at odd primes [72] can be summarized by saying that $C(p)$ admits a $v_{1-}-$ banded vanishing line of slope $1 /\left(p^{2}-p-1\right)$. The corresponding calculation at the prime 2 is Mahowald's computation of the $T(1)$-local homotopy of the spectrum $Y:=C(2) \otimes C(\eta)$ [66]. Unfortunately, Mahowald's proof does not provide a $v_{1}$-banded vanishing line. In this section, we adapt Miller's methods to the prime 2 in order to obtain a $v_{1}$-banded vanishing line on $Y$.

Theorem 14.1. The $\mathrm{HF}_{2}$-Adams spectral sequence for $Y$ has a $v_{1}$-banded vanishing line with parameters $\left(-\frac{3}{2} \leqslant 0,15, \frac{1}{5}, \frac{13}{5}, 1\right)$.

To prove Theorem 14.1, we apply the Miller square technique of [72] ( ${ }^{10}$ ) to compute the $\mathrm{HF}_{2}$-Adams spectral sequence of $Y$ above a line of slope $\frac{1}{5}$. The Miller square technique relates the differentials in the $\mathrm{HF}_{2}$-Adams spectral sequence to those in the algebraic Novikov spectral sequence. We will use this relation to prove Theorem 14.1 by producing many differentials in the $\mathrm{HF}_{2}$-Adams spectral sequence for $Y$. Another major input to this section is a computation of Davis and Mahowald [28] that determines the $\mathrm{E}_{2}$-page of this spectral sequence above a line of slope $\frac{1}{5}$.

Remark 14.2. In classical language, Theorem 14.1 is likely well-known to experts (though no proof appears in print) and the authors thank Mark Behrens for a helpful conversation on the subject.

Although the statement of Theorem 14.1 involves synthetic spectra, its proof is essentially classical. In fact, the bulk of this proof is simply a collation of statements from [72] and [28].
$\left({ }^{10}\right)$ See $[6, \S 9]$ for a corrected and improved exposition of this technique.

Remark 14.3. More recently, work of Gheorghe, Wang and Xu has identified the Miller square as arising via the motivic Adams spectral sequence [38].(11) In their formulation, the algebraic Novikov spectral sequence is identified with the motivic Adams spectral sequence for the motivic cofiber of $\tau$. The link between the two sides of the Miller square is then provided by the motivic Adams spectral sequence for the sphere which has maps out to both the classical Adams spectral sequence (by inverting $\tau$ ) and the motivic Adams spectral sequence for the cofiber of $\tau$ (by modding out by $\tau$ ). We encourage the reader interested in extending the computations from this section to read [38].

Remark 14.4. At the end of this section, we will show in Corollary 14.26 that Theorem 14.1 implies the height- 1 prime- 2 telescope conjecture, recovering the main result of [66].

Notation 14.5. Throughout this section, we will fix a prime $p$ and write $H_{*}(X)$ for the mod- $p$ homology of a spectrum $X$.

Let us begin by describing the Miller square technique, which applies to certain spectra $X$, as we recall below. The Miller square consists of the following diagram of spectral sequences:


The reader will of course notice that, as we have drawn it, the diagram is not a square. This is because we want to emphasize the fact that the $\mathrm{E}_{2}$-pages of the algebraic Novikov and Cartan-Eilenberg spectral sequences do not agree in general, but only under the assumption that $X$ is $\left(\mathrm{BP}, \mathrm{HF}_{p}\right)$-good as defined below.

[^5]Definition 14.6. We say that a spectrum $X$ is $\left(\mathrm{BP}, \mathrm{HF}_{p}\right)$-good if the $\mathrm{HF}_{p}$-Adams spectral sequence for $\mathrm{BP} \otimes X$ converges strongly and collapses on the $\mathrm{E}_{2}$-page, ( ${ }^{12}$ ) and the $\mathrm{HF}_{p}$-Adams filtration on $\mathrm{BP}_{*}(X)$ agrees with the $\left(p, v_{1}, v_{2}, \ldots\right)$-adic filtration.

Example 14.7. The mod- $p$ Moore spectrum $C(p)$ is $\left(\mathrm{BP}, \mathrm{HF}_{p}\right)$-good for any prime $p$. The spectrum $Y$ is $\left(\mathrm{BP}, \mathrm{HF}_{2}\right)$-good.

Let us now recall from [72] the definitions of the spectral sequences labeled algebraic Novikov and Cartan-Eilenberg in the above diagram.

Before we describe the algebraic Novikov spectral sequence, we require some notation.

Notation 14.8. Let $I=\left(p, v_{1}, \ldots\right) \subset \mathrm{BP}_{*}$. Given a $\mathrm{BP}_{*} \mathrm{BP}$-comodule $M$, we let $E_{0} M$ denote the associated graded of $M$ with respect to the $I$-adic topology. We equip $E_{0} M$ with the bigrading $(i, t)$, where $i$ is the $I$-adic grading and $t$ is the grading inherited from $M$.

Example 14.9. In the grading above, we have

$$
E_{0} \mathrm{BP}_{*} \cong \mathbb{F}_{p}\left[q_{0}, q_{1}, \ldots\right] \quad \text { with }\left|q_{i}\right|=\left(1,2\left(p^{i}-1\right)\right)
$$

and

$$
E_{0} \mathrm{BP}_{*} \mathrm{BP} \cong E_{0} \mathrm{BP}_{*}\left[t_{0}, t_{1}, \ldots\right] \quad \text { with }\left|t_{i}\right|=\left(0,2\left(p^{i}-1\right)\right)
$$

To obtain the algebraic Novikov spectral sequence for a $\mathrm{BP}_{*} \mathrm{BP}$-comodule $M$, equip the cobar complex $\Omega^{*}\left(\mathrm{BP}_{*} \mathrm{BP}, M\right)$ by the tensor product filtration determined by the $I$-adic filtrations on $\mathrm{BP}_{*} \mathrm{BP}$ and $M$. This makes $\Omega^{*}\left(\mathrm{BP}_{*} \mathrm{BP}, M\right)$ into a filtered complex, and the algebraic Novikov spectral sequence is the associated spectral sequence.

FACT 14.10. ([72, Remark 8.4]) The algebraic Novikov spectral sequence converges strongly under the assumption that $M$ is of finite type as a $\mathrm{BP}_{*}$-module.

On the other hand, the Cartan-Eilenberg spectral sequence in the above diagram is that associated to the extension of Hopf algebras

$$
P_{*} \longrightarrow \mathcal{A}_{*} \longrightarrow E_{*},
$$

where, for an odd prime $p, P_{*} \cong \mathbb{F}_{p}\left[\xi_{1}, \xi_{2}, \ldots\right]$ and $E_{*} \cong \Lambda_{\mathbb{F}_{p}}\left[\tau_{0}, \tau_{1}, \ldots\right]$. At the prime 2 , one has $P_{*} \cong \mathbb{F}_{2}\left[\zeta_{1}^{2}, \zeta_{2}^{2}, \ldots\right]$ and $E_{*} \cong \mathbb{F}_{2}\left[\zeta_{1}, \zeta_{2}, \ldots\right] /\left(\zeta_{1}^{2}, \zeta_{2}^{2}, \ldots\right)$.

[^6]Convention 14.11. Here we follow Milnor [73] in calling the polynomial generators of the mod-2 Steenrod algebra $\zeta_{i}$ rather than the now more common notation $\xi_{i}$, which conflicts with the notation for an odd prime.

Let us now explain the top horizontal arrow in the above diagram.
Lemma 14.12. If $X$ is $\left(\mathrm{BP}, \mathrm{HF}_{p}\right)$-good, then there exists a natural isomorphism

$$
\operatorname{Ext}_{E_{0} \mathrm{BP}_{*} \mathrm{BP}}^{s, i, t}\left(E_{0} \mathrm{BP}_{*}, E_{0} \mathrm{BP}_{*}(X)\right) \cong \operatorname{Ext}_{P_{*}}^{s, t}\left(\mathbb{F}_{p}, \operatorname{Ext}^{i, *}\left(\mathbb{F}_{p}, \mathrm{H}_{*}(X)\right)\right)
$$

Proof. First, one notes that $E_{0} \mathrm{BP}_{*} \mathrm{BP}$ is a split Hopf algebroid in the sense of [72, §7]. Indeed, $E_{0} \mathrm{BP}_{*} \mathrm{BP}_{*}$ splits as $E_{0} \mathrm{BP}_{*} \tilde{\otimes} P_{*}$ [72, p. 305], which implies by [72, Proposition 7.6] that

$$
\operatorname{Ext}_{E_{0} \mathrm{BP}_{*} \mathrm{BP}}^{s, i, t}\left(E_{0} \mathrm{BP}_{*}, E_{0} \mathrm{BP}_{*}(X)\right) \cong \operatorname{Ext}_{P_{*}}^{s, i, t}\left(\mathbb{F}_{p}, E_{0} \mathrm{BP}_{*}(X)\right)
$$

Now, since $\operatorname{Ext}_{E_{*}}^{*, *}\left(\mathbb{F}_{p}, \mathrm{H}_{*}(X)\right)$ is the $\mathrm{E}_{2}$-page of the $\mathrm{HF}_{p}$-Adams spectral sequence converging to $\mathrm{BP}_{*}(X)$, the desired isomorphism follows from the definition of ( $\mathrm{BP}, \mathrm{HF}_{p}$ )good.

The main tool that we use from [72] is the following theorem, which relates the $d_{2}$-differentials in the algebraic Novikov spectral sequence to those in the $\mathrm{HF}_{p}$-Adams spectral sequence, under the assumption that the Cartan-Eilenberg spectral sequence collapses. We first state a piece of notation, and then the theorem.

Notation 14.13. We let $F^{\bullet} \operatorname{Ext}_{\mathcal{A}_{*}}^{s, t}\left(\mathbb{F}_{p}, \mathrm{H}_{*}(X)\right)$ denote the filtration induced by the Cartan-Eilenberg spectral sequence on $\operatorname{Ext}_{\mathcal{A}_{*}}^{s, t}\left(\mathbb{F}_{p}, \mathrm{H}_{*}(X)\right)$.

Theorem 14.14. ([72, Theorem 6.1]) Let $X$ denote a (BP, $\mathrm{HF}_{p}$ )-good spectrum, and let $s$ and $t$ be integers such that the Cartan-Eilenberg spectral sequence converging to $\mathrm{Ext}_{\mathcal{A}_{*}}^{s, t}\left(\mathbb{F}_{p}, \mathrm{H}_{*}(X)\right)$ collapses at the $\mathrm{E}_{2}$-page in total degrees $(s, t)$ and $(s+2, t+1)$.

Then, the $d_{2}$-differential $d_{2}^{\mathrm{HF}_{2}-A S S}$ induces a map

$$
d_{2}^{\mathrm{HF}_{2}-\mathrm{ASS}}: F^{\bullet} \operatorname{Ext}_{\mathcal{A}_{*}}^{s, t}\left(\mathbb{F}_{p}, \mathrm{H}_{*}(X)\right) \longrightarrow F^{\bullet+1} \operatorname{Ext}_{\mathcal{A}_{*}}^{s+2, t+1}\left(\mathbb{F}_{p}, \mathrm{H}_{*}(X)\right)
$$

and hence a map

Moreover, this associated-graded map may be identified with $-d_{2}^{\text {alg-Nov }}$, where $d_{2}^{\text {alg-Nov }}$ is the $d_{2}$-differential in the algebraic Novikov spectral sequence.

Miller's main application is to the mod- $p$ Moore spectrum $X=C(p)$ for an odd prime $p$. In this case, the Cartan-Eilenberg spectral sequence automatically collapses, so Theorem 14.14 applies. Miller is therefore able to compute the $\mathrm{HF}_{p}$-Adams spectral sequence above a line of slope $1 /\left(p^{2}-p-1\right)$ by studying the algebraic Novikov spectral sequence.

The main obstacle to carrying out Miller's program at the prime 2 is that the Cartan-Eilenberg spectral sequence no longer collapses. What allows us to proceed is a computation of Davis and Mahowald [28] that implies that the Cartan-Eilenberg spectral sequence for $Y$ collapses above a line of slope $\frac{1}{5}$.

The main steps in the proof of Theorem 14.1 are as follows:
(1) Using Davis and Mahowald's computation [28] of $v_{1}^{-1} \mathrm{Ext}_{\mathcal{A}_{*}}^{s, t}\left(\mathbb{F}_{2}, \mathrm{H}_{*}(Y)\right)$, deduce that the $v_{1}$-localized Cartan-Eilenberg spectral sequence collapses for $Y$.
(2) Recall from [72] the structure of the $v_{1}$-localized algebraic Novikov spectral sequence for $Y$.
(3) Show that the $v_{1}$-local computations above agree with those before $v_{1}$-localizing above a line of slope $\frac{1}{5}$.
(4) Use Theorem 14.14 to compute the $\mathrm{HF}_{2}$-Adams spectral sequence for $Y$ above a line of slope $\frac{1}{5}$. Conclude that Theorem 14.1 holds.

We begin by recalling some basic facts about $Y$.
Proposition 14.15. ([27, Theorem 1.2]) There is a $v_{1}$-self map $v_{1}: \Sigma^{2} Y \rightarrow Y$ of $Y$, which is of $\mathrm{HF}_{2}$-Adams filtration 1 .

Lemma 14.16. There is a non-zero element $w_{1} \in \pi_{5}(Y)$ which is represented in the Adams spectral sequence of $Y$ by the cocycle $h_{2,1}=\left[\zeta_{2}^{2}\right]$.

Proof. This follows immediately from calculating the first five stems of the $\mathrm{E}_{2}$-page of the Adams spectral sequence for $Y$. See, for example, the chart on [27, p. 620].

We now collect the computation of some $v_{1}$-inverted Ext groups.
Theorem 14.17. There are algebra isomorphisms

$$
\begin{align*}
v_{1}^{-1} \operatorname{Ext}_{\mathcal{A}_{*}}^{*, *}\left(\mathbb{F}_{2}, \mathrm{H}_{*}(Y)\right) \cong \mathbb{F}_{2}\left[v_{1}^{ \pm 1}\right]\left[h_{j, 1}: j \geqslant 2\right],  \tag{1}\\
q_{1}^{-1} \operatorname{Ext}_{P_{*}^{* * *}}^{*, *}\left(\mathbb{F}_{2}, E_{0} \operatorname{BP}_{*}(C(2))\right) \cong \mathbb{F}_{2}\left[q_{1}^{ \pm 1}\right]\left[h_{j, 1}: j \geqslant 1\right],  \tag{2}\\
q_{1}^{-1} \operatorname{Ext}_{P_{*}}^{*, *, *}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(Y)\right) \cong \mathbb{F}_{2}\left[q_{1}^{ \pm 1}\right]\left[h_{j, 1}: j \geqslant 2\right], \tag{3}
\end{align*}
$$

where

$$
\left|h_{j, 1}\right|=\left(1,2^{j+1}-2\right) \quad \text { in }(1)
$$

and

$$
\left|h_{j, 1}\right|=\left(1,0,2^{j+1}-2\right) \quad \text { in }(2) \text { and }(3) .
$$

Proof. We first need to justify that these localized Ext groups admit the structure of algebras. In the case of the second listed group, this follows from the fact that $\mathrm{BP}_{*}(C(2)) \cong \mathrm{BP}_{*} / 2$ is a comodule algebra over $\mathrm{BP}_{*} \mathrm{BP}$. The case of the first group is [28, Theorem 3.1], and that of the third follows from its proof.

Now, the first isomorphism is [28, Theorem 1.3]. The second isomorphism follows from [71, Corollary 3.5]. Finally, the third isomorphism is obtained from the second because the self-map $\eta$ of $C(2)$ induces multiplication by $h_{1,1}$ on localized Ext groups.

We next recall from [72] the computation of the the $v_{1}$-localized algebraic Novikov spectral sequence for $C(2)$, from which we deduce it for $Y$.

ThEOREM 14.18. ([72, equation (9.20)]) The $d_{2}$-differentials in the $v_{1}$-localized algebraic Novikov spectral sequence for $C(2)$,

$$
q_{1}^{-1} \operatorname{Ext}_{P_{*}}^{s, i, t}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(C(2))\right) \Longrightarrow v_{1}^{-1} \operatorname{Ext}_{\mathrm{BP}_{*} \mathrm{BP}}^{s, t}\left(\mathrm{BP}_{*}, \mathrm{BP}_{*}(C(2))\right)
$$

are derivations and are determined by

$$
d_{2}\left(h_{n, 1}\right)=q_{1} h_{n-1,1}^{2} \quad \text { for } n \geqslant 3
$$

The spectral sequence collapses at the $\mathrm{E}_{3}$-term with $\mathrm{E}_{3}=\mathrm{E}_{\infty}$-page

$$
\mathbb{F}_{2}\left[q_{1}^{ \pm 1}\right]\left[h_{1,1}, h_{2,1}\right] /\left(h_{2,1}^{2}\right)
$$

Corollary 14.19. The $d_{2}$-differentials in the $v_{1}$-localized algebraic Novikov spectral sequence for $Y$,

$$
q_{1}^{-1} \operatorname{Ext}_{P_{*}}^{s, i, t}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(Y)\right) \Longrightarrow v_{1}^{-1} \operatorname{Ext}_{\mathrm{BP}_{*} \mathrm{BP}}^{s, t}\left(\mathrm{BP}_{*}, \mathrm{BP}_{*}(Y)\right)
$$

are derivations and are determined by

$$
d_{2}\left(h_{n, 1}\right)=q_{1} h_{n-1,1}^{2} \quad \text { for } n \geqslant 3 .
$$

The spectral sequence collapses at the $\mathrm{E}_{3}$-term with $\mathrm{E}_{3}=\mathrm{E}_{\infty}$-page

$$
\mathbb{F}_{2}\left[q_{1}^{ \pm 1}\right]\left[h_{2,1}\right] /\left(h_{2,1}^{2}\right)
$$

This gives rise to a convenient computation of the $K(1)$-local homotopy of $Y$.
Corollary 14.20. The $K(1)$-local homotopy of $Y$ is

$$
\pi_{*}\left(L_{K(1)} Y\right) \cong \mathbb{F}_{2}\left[v_{1}^{ \pm 1}\right]\left[w_{1}\right] /\left(w_{1}^{2}\right)
$$

as a $\mathbb{Z}\left[v_{1}\right]$-module.

Proof. The $v_{1}$-localized Adams-Novikov spectral sequence for $Y$ converges to the homotopy of $L_{K(1)} Y$ by the localization theorem [81, Theorem 7.5.2]. By Corollary 14.19, the $\mathrm{E}_{2}$-page is concentrated in filtrations 0 and 1 , so the spectral sequence collapses to the desired isomorphism.

Our next goal is to show that the $v_{1}$-localized computations above are in fact valid above a line of slope $\frac{1}{5}$.

Lemma 14.21. We have

$$
\operatorname{Ext}_{P_{*}}^{s, i, t}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(Y) / q_{1}\right)=0
$$

when $s+i>\frac{1}{5}(t-s)+\frac{4}{5}$ and

$$
\mathrm{Ext}_{\mathcal{A}_{*}}^{s, t}\left(\mathbb{F}_{2}, \mathrm{H}_{*}\left(\operatorname{cof}\left(Y \xrightarrow{v_{1}} Y\right)\right)\right)=0
$$

for $s>\frac{1}{5}(t-s)+\frac{4}{5}$. As a consequence, the maps

$$
\operatorname{Ext}_{P_{*}}^{s, i, t}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(Y)\right) \longrightarrow q_{1}^{-1} \operatorname{Ext}_{P_{*}}^{s, i, t}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(Y)\right)
$$

and

$$
\operatorname{Ext}_{\mathcal{A}_{*}}^{s, t}\left(\mathbb{F}_{2}, \mathrm{H}_{*}(Y)\right) \longrightarrow v_{1}^{-1} \operatorname{Ext}_{\mathcal{A}_{*}}^{s, t}\left(\mathbb{F}_{2}, \mathrm{H}_{*}(Y)\right)
$$

are isomorphisms for $s+i>\frac{1}{5}(t-s)+\frac{7}{5}$ and $s>\frac{1}{5}(t-s)+\frac{7}{5}$, respectively. Moreover, they are surjections for $s+i>\frac{1}{5}(t-s)+\frac{1}{5}$ and $s>\frac{1}{5}(t-s)+\frac{1}{5}$, respectively.

Proof. We begin with the vanishing statement for $\operatorname{Ext}_{P_{*}}^{s, i, t}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(Y) / q_{1}\right)$. Let $M$ denote the sub-comodule of $P_{*}$ spanned by 1 and $\zeta_{1}^{2}$, and recall that there is a degree-doubling isomorphism $\mathcal{A}_{*} \cong P_{*}$ which sends $\zeta_{i}$ to $\zeta_{i}^{2}$. Under this isomorphism, $M$ corresponds to the $\mathcal{A}_{*}$-comodule $\mathrm{H}_{*}(C(2))$. By [3, Theorem 2.1], Ext ${ }_{\mathcal{A}_{*}}^{s, t}\left(\mathbb{F}_{2}, \mathrm{H}_{*}(C(2))\right)$ vanishes for $s>\frac{1}{2}(t-s)+1$. It follows that $\operatorname{Ext}_{P_{*}}^{s, t}\left(\mathbb{F}_{2}, M\right)$ vanishes for $s>\frac{1}{2}\left(\frac{1}{2} t-s\right)+1$, i.e. for $s>\frac{1}{5}(t-s)+\frac{4}{5}$.

We now note that $E_{0} \mathrm{BP}_{*}(Y) / q_{1} \cong M \otimes_{\mathbb{F}_{2}} \mathbb{F}_{2}\left[q_{2}, q_{3}, \ldots\right]$. There are therefore a series of Bockstein spectral sequences starting from $\operatorname{Ext}_{P_{*}}^{s, i, t}\left(\mathbb{F}_{2}, M\right)$ and converging to $\operatorname{Ext}_{P_{*}}^{s, i, t}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(Y) / q_{1}\right)$. Since each of the $q_{i}$ for $i \geqslant 2$ lies below the plane of interest, this implies the result.

The vanishing result for $\operatorname{Ext}_{\mathcal{A}_{*}}^{s, t}\left(\mathbb{F}_{2}, \mathrm{H}_{*}\left(\operatorname{cof}\left(Y \xrightarrow{v_{1}} Y\right)\right)\right.$ ) follows from the above vanishing result and the Cartan-Eilenberg spectral sequence.

The translation of these vanishing results into the desired isomorphisms and surjections follows from the long exact sequences

$$
\begin{array}{r}
\left.\cdots \longrightarrow \operatorname{Ext}_{P_{*}}^{s-1, i+1, t+2}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(Y) / q_{1}\right) \longrightarrow \operatorname{Ext}_{P_{*}}^{s, i, t}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(Y)\right)\right] \\
\\
\rightarrow \operatorname{Ext}_{P_{*}}^{s, i+1, t+2}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(Y)\right) \longrightarrow \operatorname{Ext}_{P_{*}}^{s, i+1, t+2}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(Y) / q_{1}\right) \longrightarrow \ldots
\end{array}
$$

and

$$
\begin{aligned}
\cdots \longrightarrow & \operatorname{Ext}_{\mathcal{A}_{*}}^{s, t+3}\left(\mathbb{F}_{2}, \mathrm{H}_{*}\left(\operatorname{cof}\left(Y \xrightarrow{v_{1}} Y\right)\right)\right) \longrightarrow \operatorname{Ext}_{\mathcal{A}_{*}}^{s, t}\left(\mathbb{F}_{2}, \mathrm{H}_{*}(Y)\right) \\
& \rightarrow \operatorname{Ext}_{\mathcal{A}_{*}}^{s+1, t+3}\left(\mathbb{F}_{2}, \mathrm{H}_{*}(Y)\right) \longrightarrow \operatorname{Ext}_{\mathcal{A}_{*}}^{s+1, t+3}\left(\mathbb{F}_{2}, \mathrm{H}_{*}\left(\operatorname{cof}\left(Y \xrightarrow{v_{1}} Y\right)\right)\right) \longrightarrow \ldots
\end{aligned}
$$

Corollary 14.22. For $s+i>\frac{1}{5}(t-s)+\frac{7}{5}$, the Cartan-Eilenberg spectral sequence

$$
\operatorname{Ext}_{P_{*}}^{s, i, t}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(Y)\right) \Longrightarrow \operatorname{Ext}_{\mathcal{A}_{*}}^{s+i, t+i}\left(\mathbb{F}_{2}, \mathrm{H}_{*}(Y)\right)
$$

collapses at the $\mathrm{E}_{2}$-page.
Proof. It suffices to show that the $\mathrm{E}_{2}$-page and the target are of the same finite dimension as bigraded $\mathbb{F}_{2}$-vector spaces in this range. This follows from Theorem 14.17 and Lemma 14.21.

Corollary 14.23. For $s+i>\frac{1}{5}(t-s)+\frac{18}{5}$, the algebraic Novikov spectral sequence

$$
\operatorname{Ext}_{P_{*}}^{s, i, t}\left(\mathbb{F}_{2}, E_{0} \mathrm{BP}_{*}(Y)\right) \Longrightarrow \operatorname{Ext}_{\mathrm{BP}_{*} \mathrm{BP}}^{s, t}\left(\mathrm{BP}_{*}, \mathrm{BP}_{*}(Y)\right)
$$

agrees with the $v_{1}$-localized algebraic Novikov spectral sequence.
Proof. There is a map from the algebraic Novikov spectral sequence to its $v_{1}$ localized version, which by Lemma 14.21 is an equivalence on $\mathrm{E}_{2}$-pages for

$$
s+i>\frac{1}{5}(t-s)+\frac{7}{5}
$$

We may therefore lift all $d_{2}$-differentials that lie entirely in this range, which shows that the map from the $\mathrm{E}_{3}$-page of the algebraic Novikov spectral sequence to the $v_{1}$-localized algebraic Novikov spectral sequence is an equivalence for $s+i>\frac{1}{5}(t-s)+\frac{18}{5}$, since all entering $d_{2}$-differentials in this range originate in the range $s+i>\frac{1}{5}(t-s)+\frac{7}{5}$.

The classes left on the $\mathrm{E}_{3}$-page in the region $s+i>\frac{1}{5}(t-s)+\frac{18}{5}$ cannot be the source of higher differentials by sparsity, and they cannot be the targets of higher differentials because they are detected in the $v_{1}$-localized Ext groups. It follows that $\mathrm{E}_{3}=\mathrm{E}_{\infty}$ in the region $s+i>\frac{1}{5}(t-s)+\frac{18}{5}$, as desired.

Finally, we are able to combine the above results with Theorem 14.14 to compute the $\mathrm{HF}_{2}$-Adams spectral sequence of $Y$ above a line of slope $\frac{1}{5}$, at least up to an associated graded. From this, we will deduce Theorem 14.1.

Proposition 14.24. For $s>\frac{1}{5}(t-s)+\frac{12}{5}$, the $\mathrm{HF}_{2}$-Adams spectral sequence

$$
\operatorname{Ext}_{\mathcal{A}_{*}}^{s, t}\left(\mathbb{F}_{2}, \mathrm{H}_{*}(Y)\right) \Longrightarrow \pi_{t-s}(Y)
$$

collapses at the $E_{3}$-page. Moreover, the map

$$
F^{k / 5+13 / 5} \pi_{k}(Y) \longrightarrow \pi_{k}\left(L_{K(1)} Y\right)
$$

is an isomorphism for $k \geqslant 15$.
Proof. Note that, in the range $s>\frac{1}{5}(t-s)+\frac{29}{5}$, all entering $d_{2}$-differentials originate in the range $s>\frac{1}{5}(t-s)+\frac{18}{5}$. Thus, it follows from Theorem 14.14 and Corollaries 14.19, 14.22 , and 14.23 that at most the elements $v_{1}^{i}$ and $v_{1}^{i} h_{2,0}$ survive to the $\mathrm{E}_{3}$-page of the spectral sequence in this range. These elements do in fact survive to represent non-zero elements of the $\mathrm{E}_{\infty}$-page by Proposition 14.15, Lemma 14.16, and Corollary 14.20. It follows that, for $s>\frac{1}{5}(t-s)+\frac{29}{5}$, the spectral sequence collapses at the $\mathrm{E}_{3}$-page, and the $v_{1}^{i}$ and $v_{1}^{i} h_{2,0}$ are all of the non-zero classes on the $\mathrm{E}_{3}$-page.

We may in fact extend the above description to the range $s>\frac{1}{5}(t-s)+\frac{12}{5}$ as follows. Since $v_{1}$ lifts to a self-map of $Y$ by Proposition 14.15, multiplying by $v_{1}$ commutes with differentials in the $\mathrm{HF}_{2}$-Adams spectral sequence. Now, it follows from Lemma 14.21 that multiplication by $v_{1}$ induces an isomorphism on $\operatorname{im}\left(d_{2}\right)$ for any $d_{2}$ with target in the range $s>\frac{1}{5}(t-s)+\frac{12}{5}$, hence source in the range $s>\frac{1}{5}(t-s)+\frac{1}{5}$. This is because the source lies in the $v_{1}$-surjectivity region and the target lies in the $v_{1}$-periodic region. It follows that the description of the spectral sequence appearing in the previous paragraph applies in fact to the range $s>\frac{1}{5}(t-s)+\frac{12}{5}$.

We conclude that the only classes in $\pi_{k}(Y)$ detected in Adams filtration at least $\frac{1}{5} k+\frac{13}{5}$ are $v_{1}^{i}$ and $v_{1}^{i} w_{1}$. By Corollary 14.20 , these classes map isomorphically to the homotopy of $L_{K(1)} Y$. Thus, to check that

$$
F^{k / 5+13 / 5} \pi_{k}(Y) \longrightarrow \pi_{k}\left(L_{K(1)} Y\right)
$$

is an isomorphism, it suffices to check that the classes $v_{1}^{i}$ and $v_{1}^{i} h_{2,1}$ are in the range $s \geqslant \frac{1}{5}(t-s)+\frac{13}{5}$. A short calculation shows that this happens when $i \geqslant 5$, hence when the total degree is at least 15 .

Proof of Theorem 14.1. By Proposition 13.8, we see that there are two things left to check beyond Proposition 14.24. The first is that $\operatorname{Ext}_{\mathcal{A}_{*}}^{s, t}\left(\mathbb{F}_{2}, \mathrm{H}_{*}(Y)\right)=0$ for $s>\frac{1}{2}(t-s)$, which follows from the computation

$$
\operatorname{Ext}_{\mathcal{A}(1)_{*}}^{s, t}\left(\mathbb{F}_{2}, \mathrm{H}_{*}(Y)\right) \cong \operatorname{Ext}_{\mathbb{F}_{2}\left[\bar{\zeta}_{2}\right] /\left(\bar{\zeta}_{2}^{2}\right)}\left(\mathbb{F}_{2}, \mathbb{F}_{2}\right) \cong \mathbb{F}_{2}\left[v_{1}\right]
$$

and [70, Proposition 3.2]. The second is that the classes $v_{1}^{i}$ and $v_{1}^{i} h_{2,1}$ lie in the region $s \geqslant \frac{1}{2}(t-s)-\frac{3}{2}$, which is easily verified.

Finally, we note down a proof of the telescope conjecture at chromatic height 1 and the prime 2, based on Theorem 14.1. It is similar to Miller's proof at an odd prime [72] and different from the 2-primary proof of Mahowald [66], which uses bo-resolutions. We begin with the following proposition.

Proposition 14.25. Let $X$ be a type- 1 finite spectrum $\left({ }^{13}\right)$ whose $\mathrm{HF}_{p}$-Adams spectral sequence admits a $v_{1}$-banded vanishing line with parameters $(b \leqslant d, w, m, c, r)$, and suppose $v: \Sigma^{n(2 p-2)} X \rightarrow X$ is a $v_{1}$-self map of $\mathrm{HF}_{p}$-Adams filtration $n$. Then, the map

$$
v^{-1} \pi_{*} X \longrightarrow \pi_{*}\left(L_{K(1)} X\right)
$$

is an isomorphism.
Proof. Inverting $v$ in the $\mathrm{HF}_{p}$-Adams spectral sequence gives rise to the $v$-periodic $H \mathbb{F}_{p}$-Adams spectral sequence, which converges to $v^{-1} \pi_{*}(X)$ by [67, Theorem 2.13]. This theorem applies by the assumption on the Adams filtration of $v$, as well as the fact that $\nu_{\mathrm{HF}_{p}}(X)$ has a finite-page vanishing line of slope $1 /(2 p-2)$ by definition of $v_{1}$-banded vanishing line.

By the assumption on the $\mathrm{HF}_{p}$-Adams filtration of $v$,

$$
\bigoplus_{k} F^{m k+c} \pi_{k}(X)
$$

is a $\mathbb{Z}[v]$-submodule of $\pi_{k}(X)$, so that we have a factorization

$$
F^{m k+c} \pi_{k}(X) \longrightarrow v^{-1} F^{m k+c} \pi_{k}(X) \longrightarrow v^{-1} \pi_{k}(X) \longrightarrow \pi_{k}\left(L_{K(1)} X\right)
$$

Since both $v^{-1} \pi_{k}(X)$ and $\pi_{k}\left(L_{K(1)} X\right)$ are $v$-periodic, it suffices to show that

$$
v^{-1} \pi_{k}(X) \longrightarrow \pi_{k}\left(L_{K(1)} X\right)
$$

is an equivalence for $k \gg 0$. By the assumption that the $\mathrm{HF}_{p}$-Adams spectral sequence of $X$ admits a $v_{1}$-banded vanishing line, the map

$$
F^{m k+c} \pi_{k}(X) \longrightarrow \pi_{k}\left(L_{K(1)} X\right)
$$

is an equivalence for $k \geqslant w$. This implies that

$$
F^{m k+c} \pi_{k}(X) \longrightarrow v^{-1} F^{m k+c} \pi_{k}(X)
$$

[^7]is an equivalence for $k \geqslant w$. Therefore, it suffices to show that
$$
v^{-1} F^{m k+c} \pi_{k}(X) \longrightarrow v^{-1} \pi_{k}(X)
$$
is an equivalence, which follows from the fact that $v$ acts nilpotently on
$$
\pi_{k}(X) /\left(F^{m k+c} \pi_{k}(X)\right)
$$
since $m<1 /(2 p-2)$.
Corollary 14.26. (Telescope conjecture at height 1 and the prime 2) Suppose that the prime is 2. Then, the Bousfield classes of $K(1)$ and $v^{-1} X$ are equal for any type- 1 spectrum $X$ with $v_{1}$-self map $v: \Sigma^{n(2 p-2)} X \rightarrow X$.

Proof. Since $v_{1}: \Sigma^{2} Y \rightarrow Y$ has $\mathrm{HF}_{2}$-Adams filtration one, Theorem 14.1 and Proposition 14.25 imply that $v^{-1} Y \rightarrow L_{K(1)} Y$ is an equivalence, so this follows as in [17, §4] and the proof of [79, Theorem 10.12].

## 15. The mod- 8 Moore spectrum

Our main goal in this section is to prove Theorem 15.1, which was a key input to our proof of Theorem 1.1 in $\S 8$.

ThEOREM 15.1. Let $F^{s} \pi_{k}(C(8)) \subseteq \pi_{k}(C(8))$ denote the elements of $\mathrm{HF}_{2}$-Adams filtration at least $s$. Then, for $k \geqslant 126$, the image of the map

$$
F^{k / 5+15} \pi_{k}(C(8)) \longrightarrow \pi_{k-1}(\mathbb{S})
$$

is contained in the subgroup of $\pi_{k-1}(\mathbb{S})$ generated by the image of $J$ and the $\mu$-family.
We will prove Theorem 15.1 by combining the banded genericity techonology of $\S 13$ with the main result of $\S 14$. Before we explain further, let us fix some notation.

Convention 15.2. In this section, synthetic spectra will always be taken with respect to $\mathrm{HF}_{2}$, and we will denote $\Sigma^{*, *} \nu_{\mathrm{HF}_{2}}\left(\mathbb{S}_{2}^{\wedge}\right)$ by $\mathbb{S}_{2}^{* * *}$. Similarly, we will let $\mathbb{S}_{2}$ denote the 2-complete sphere.

Notation 15.3. By the calculations of Proposition A.20, we see that that there are classes $\tilde{2} \in \pi_{0,1} \mathbb{S}_{2}^{0,0}, \tilde{\eta} \in \pi_{1,2} \mathbb{S}_{2}^{0,0}$, and $\tilde{\nu} \in \pi_{3,4} \mathbb{S}_{2}^{0,0}$ which satisfy relations $\tau \tilde{2}=\nu(2)=2$, $\tau \tilde{\eta}=\nu(\eta)$, and $\tau \tilde{\nu}=\nu(\nu)$. Moreover, we let $\widetilde{2^{n}}=\tilde{2}^{n}$.

Lemma 15.4. The natural map

$$
\left[\mathbb{S}_{2}^{a, b}, \mathbb{S}_{2}^{0,0}\right] \longrightarrow \pi_{a, b}\left(\mathbb{S}_{2}^{0,0}\right)
$$

is an isomorphism for all $a$ and $b$. Furthermore, for any $n \geqslant 0$, there is an equivalence

$$
\nu C\left(2^{n}\right) \simeq \operatorname{cof}\left(\mathbb{S}_{2}^{0,1} \xrightarrow{\tau^{n-1} \tilde{2}^{n}} \mathbb{S}_{2}^{0,0}\right)
$$

Proof. The first claim follows from [77, Proposition 5.6], which implies that $\mathbb{S}_{2}^{0,0}$ is the $\nu \mathrm{HF}_{2}$-localization of $\mathbb{S}^{0,0}$.

To prove the second claim, we note that the cofiber sequence $\mathbb{S}_{2}^{0} \rightarrow C\left(2^{n}\right) \rightarrow \mathbb{S}_{2}^{1}$ is short exact on $\mathrm{HF}_{2}$-homology, so by Lemma 9.7 it induces a cofiber sequence

$$
\mathbb{S}_{2}^{0,0} \longrightarrow \nu C\left(2^{n}\right) \longrightarrow \mathbb{S}_{2}^{1,1}
$$

Thus, $\nu C\left(2^{n}\right)$ is the cofiber of a map $\mathbb{S}_{2}^{0,1} \rightarrow \mathbb{S}_{2}^{0,0}$ whose image under the functor $\tau^{-1}$ is $2^{n}$. The result therefore follows from the fact that $\pi_{0, *}\left(\mathbb{S}_{2}\right)$ is $\tau$-torsion free.

Notation 15.5. For convenience, we will use the following notation:

$$
C\left(\tau^{a} \tilde{2}^{b}\right):=\operatorname{Cof}\left(\mathbb{S}_{2}^{0, b-a} \xrightarrow{\tau^{a} \tilde{2}^{b}} \mathbb{S}_{2}^{0,0}\right)
$$

Remark 15.6. The synthetic spectrum $C\left(\tilde{2}^{n}\right)$ encodes the modified $\mathrm{HF}_{2}$-Adams spectral sequence for $C\left(2^{n}\right)$. See [13, §3] for the notion of a modified Adams spectral sequence.

Our next goal will be to establish a $v_{1}$-banded vanishing line of slope $\frac{1}{5}$ for $C(\tilde{8})$ with explicit parameters. We will do this via a thick subcategory argument.

Lemma 15.7. There is a splitting of synthetic spectra

$$
C(\tilde{2}) \otimes C\left(\tilde{\eta}^{3}\right) \simeq C(\tilde{2}) \oplus \Sigma^{4,6} C(\tilde{2})
$$

Proof. After inverting $\tau$ this splitting becomes the classical fact that

$$
C(2) \otimes C\left(\eta^{3}\right) \simeq C(2) \oplus \Sigma^{4} C(2)
$$

and the proof we give simply lifts this argument to the synthetic setting.
The splitting follows two statements: that $\tilde{\eta}^{3}=\tilde{4} \tilde{\nu}$ as self-maps of $C(\tilde{2})$ and that $\tilde{4}$ is null as a self-map of $C(\tilde{2})$. The first fact follows from Proposition A.20, which shows that
the relation $\tilde{\eta}^{3}=\tilde{4} \tilde{\nu}$ holds in the homotopy of $\mathbb{S}_{2}^{0,0}$. To prove that $\tilde{4}$ is null as a self-map of $C(\tilde{2})$, we examine the following commutative diagram:

where the rows are cofiber sequences and the dashed arrows exist because of the canonical nullhomotopies of

$$
C(\tilde{2}) \longrightarrow \mathbb{S}_{2}^{1,1} \xrightarrow{\tilde{2}} \mathbb{S}_{2}^{1,1} \quad \text { and } \quad \mathbb{S}_{2}^{0,0} \xrightarrow{\tilde{2}} \mathbb{S}_{2}^{0,0} \longrightarrow C(\tilde{2}) .
$$

We wish to show that the composite of the middle two vertical arrows is null. Using the dashed arrows, we may factor this through the composition of the middle two horizontal arrows, which is null because they form a cofiber sequence.

Proposition 15.8. The synthetic spectra $X$ in the table below admit $v_{1}$-banded vanishing lines of slope $\frac{1}{5}$ and remaining parameters as follows:

| $X$ | $b$ | $d$ | $v$ | $c$ | $r$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $C(\tilde{2}) \otimes C(\tilde{\eta})$ | -1.5 | 0 | 15 | 2.6 | 1 |
| $C(\tilde{2}) \otimes C\left(\tilde{\eta}^{2}\right)$ | -2.5 | 0.5 | 23 | 4.4 | 2 |
| $C(\tilde{2}) \otimes C\left(\tilde{\eta}^{3}\right)$ | -3.5 | 1 | $32+\frac{1}{3}$ | 6.2 | 4 |
| $C(\tilde{2})$ | -3.5 | 1 | $28+\frac{1}{3}$ | 5 | 4 |
| $C(\tilde{4})$ | -7.5 | 2 | $58+\frac{1}{3}$ | 10 | 9 |
| $C(\tilde{8})$ | -12.5 | 3 | $91+\frac{2}{3}$ | 15 | 15 |

Proof. Inductively apply Lemma 13.10 and Proposition 13.11 to the Bockstein cofiber sequences

$$
\begin{gathered}
\Sigma^{1,2} C(\tilde{2}) \otimes C(\tilde{\eta}) \longrightarrow C(\tilde{2}) \otimes C\left(\tilde{\eta}^{2}\right) \longrightarrow C(\tilde{2}) \otimes C(\tilde{\eta}), \\
\Sigma^{1,2} C(\tilde{2}) \otimes C\left(\tilde{\eta}^{2}\right) \longrightarrow C(\tilde{2}) \otimes C\left(\tilde{\eta}^{3}\right) \longrightarrow C(\tilde{2}) \otimes C(\tilde{\eta}), \\
\Sigma^{0,1} C(\tilde{2}) \longrightarrow C(\tilde{4}) \longrightarrow C(\tilde{2}), \\
\Sigma^{0,1} C(\tilde{4}) \longrightarrow C(\tilde{8}) \longrightarrow C(\tilde{2})
\end{gathered}
$$

using Theorem 14.1 as a base case and Lemma 15.7 to go from the second to the third sequence.

Remark 15.9. The numbers in Proposition 15.8 can likely be improved by more carefully accounting for the behavior of the classes in the band under the cofiber sequences used in the proof. In particular, we believe that one could improve the torsion order bound in the $v_{1}$-banded vanishing line for $C(\tilde{2})$ to 3 . This would imply by Proposition 13.8 that the $v_{1}$-localized Adams spectral sequence for $C(2)$ collapses at the $\mathrm{E}_{5}$-page. This result was announced by Mahowald [64, Theorem 5], but to the best of our knowledge a proof has never appeared in the literature.

Proposition 15.10. If $C\left(\tilde{2}^{n}\right)$ admits a banded vanishing line with parameters

$$
(m, c, r, b, d, v)
$$

then the image of the map

$$
F^{m k+c} \pi_{k} C\left(2^{n}\right) \longrightarrow \pi_{k-1}(\mathbb{S})
$$

is contained in the subgroup of $\pi_{k-1}(\mathbb{S})$ generated by the image of $J$ and the $\mu$-family as long as $k \geqslant v$ and

$$
\frac{1}{2} k+b-n+1 \geqslant \frac{3}{10}(k-1)+4+v_{2}(k+1)+v_{2}(k) .
$$

Recall that $v_{2}(k)$ denotes the 2-adic valuation of $k$.
Proof. First, we note that the conclusion holds trivially for $k \leqslant 1$. Next, using that $\pi_{k-1}(\mathbb{S}) \cong \pi_{k-1}\left(\mathbb{S}_{2}\right)$ for $k>1$ and that the $\mathrm{HF}_{2}$-Adams filtrations on each group agree, we may replace $\mathbb{S}$ in the theorem statement by $\mathbb{S}_{2}$.

Consider the diagram below, where each row is a cofiber sequence and the middle and right vertical maps are projection onto the top cell:


By Lemma 15.4, there is an equivalence $\nu C\left(2^{n}\right) \simeq C\left(\tau^{n-1} \tilde{2}^{n}\right)$. Note that, under $\tau^{-1}$, the $\operatorname{map} \nu C\left(2^{n}\right) \rightarrow \mathbb{S}^{1, n}$ becomes projection onto the top cell. This implies that projection to the top cell induces maps

$$
F^{s} \pi_{k}\left(C\left(2^{n}\right)\right) \longrightarrow F^{s} \pi_{k}\left(\tau^{-1} C\left(\tilde{2}^{n}\right)\right) \longrightarrow F^{s-n+1} \pi_{k-1} \mathbb{S},
$$

where $F^{s} \pi_{k}\left(\tau^{-1} C\left(\tilde{2}^{n}\right)\right)$ is as in Definition 13.2. $\left({ }^{14}\right)$ We finish by using the hypothesis that $C\left(\tilde{2}^{n}\right)$ has a banded vanishing line. It follows that, for $k \geqslant v$, the maps induced by projection to the top cell factor as

$$
\begin{aligned}
F^{m k+c} \pi_{k}\left(C\left(2^{n}\right)\right) & \longrightarrow F^{m k+c} \pi_{k}\left(\tau^{-1} C\left(\tilde{2}^{n}\right)\right)=F^{\frac{1}{2} k+b} \pi_{k}\left(\tau^{-1} C\left(\tilde{2}^{n}\right)\right) \\
& \longrightarrow F^{k / 2+b-n+1} \pi_{k-1} \mathbb{S}_{2}
\end{aligned}
$$

It therefore suffices to find a $k \geqslant v$ large enough so that every element of $\pi_{k-1} \mathbb{S}$ which has $\mathrm{HF}_{2}$-Adams filtration at least $\frac{1}{2} k+b-n+1$ is in the subgroup generated by the image of $J$ and the $\mu$-family.

Theorem 7.8 (1) states that every element in $\pi_{k-1} \mathbb{S}$ which has $\mathrm{HF}_{2}$-Adams filtration at least $\frac{3}{10}(k-1)+4+v_{2}(k+1)+v_{2}(k)$ is in the subgroup generated by the image of $J$ and the $\mu$-family. The result follows.

Proof of Theorem 15.1. Using Propositions 15.8 and 15.10 , it will suffice to show that the following inequality holds for all $k \geqslant 126$ :

$$
\frac{1}{2} k-14.5 \geqslant \frac{3}{10}(k-1)+4+v_{2}(k+1)+v_{2}(k) .
$$

Rearranging, clearing denominators and applying the bound

$$
\log _{2}(k+1) \geqslant v_{2}(k+1)+v_{2}(k),
$$

we find that it suffices to show that

$$
k \geqslant 91+5 \log _{2}(k+1)
$$

Taking derivatives, we find that the left-hand side increases faster than the right-hand side as soon as $k \geqslant 9$. Thus, to show the inequality holds for $k \geqslant 126$ it suffices to note that

$$
126 \geqslant 91+5 \log _{2}(127) \approx 125.94
$$

$\left({ }^{14}\right)$ Remark 15.6 allows us to identify this filtration with the modified $\mathrm{HF}_{2}$-Adams filtration.

## Appendix A. Synthetic homotopy groups

In this appendix, we provide the technical details of the proof of Theorem 9.19, as well as a computation of the $\mathrm{HF}_{2}$-synthetic bigraded homotopy groups in the Toda range. The computation of synthetic homotopy groups highlights many of the subtleties within the statement of Theorem 9.19. We have tried to make this appendix as self-contained as possible. Understanding the techniques introduced in this appendix is not necessary in order to read the remainder of the paper. For convenience, we recall the statement of Theorem 9.19.

Theorem A.1. (Theorem 9.19) Let $X$ denote an E-nilpotent complete spectrum with strongly convergent E-based Adams spectral sequence. Then, we have the following description of the bigraded homotopy groups of $\nu X$.

Let $x$ denote a class in topological degree $k$ and filtration $s$ of the $\mathrm{E}_{2}$-page of the $E$-based Adams spectral sequence for $X$. The following are equivalent:
(1a) Each of the differentials $d_{2}, \ldots, d_{r}$ vanish on $x$;
(1b) $x$, viewed as an element of $\pi_{k, k+s}(C \tau \otimes \nu X)$, lifts to $\pi_{k, k+s}\left(C \tau^{r} \otimes \nu X\right)$;
(1c) $x$ admits a lift to $\pi_{k, k+s}\left(C \tau^{r} \otimes \nu X\right)$ whose image under the $\tau$-Bockstein

$$
C \tau^{r} \otimes \nu X \longrightarrow \Sigma^{1,-r} C \tau \otimes \nu X
$$

is equal to $-d_{r+1}(x)$.
If we moreover assume that $x$ is a permanent cycle, then there exists a (not necessarily unique) lift of $x$ along the map

$$
\pi_{k, k+s}(\nu X) \longrightarrow \pi_{k, k+s}(C \tau \otimes \nu X)
$$

For any such lift $\tilde{x}$, the following statements are true:
(2a) If $x$ survives to the $\mathrm{E}_{r+1}$-page, then $\tau^{r-1} \tilde{x} \neq 0$;
(2b) If $x$ survives to the $\mathrm{E}_{\infty}$-page, then the image of $\tilde{x}$ in $\pi_{k}(X)$ is of $E$-Adams filtration $s$ and detected by $x$ in the E-based Adams spectral sequence.

Furthermore, there always exists a choice of lift $\tilde{x}$ satisfying additional properties:
(3a) If $x$ is the target of a $d_{r+1}$-differential, then we may choose $\tilde{x}$ so that $\tau^{r} \tilde{x}=0$;
(3b) If $x$ survives to the $\mathrm{E}_{\infty}$-page, and $\alpha \in \pi_{k} X$ is detected by $x$, then we may choose $\tilde{x}$ so that $\tau^{-1} \tilde{x}=\alpha$; in this case we will often write $\tilde{\alpha}$ for $\tilde{x}$.

Finally, the following generation statement holds:
(4) Fix any collection of $\tilde{x}$ (not necessarily chosen according to (3)) such that the $x$ span the permanent cycles in topological degree $k$. Then, the $\tau$-adic completion of the $\mathbb{Z}[\tau]$-submodule of $\pi_{k, *}(\nu X)$ generated by those $\tilde{x}$ is equal to $\pi_{k, *}(\nu X)$.

Remark A.2. As a foreward to the proof, we provide some commentary on the provenance of Theorem 9.19. Through the equivalence between $\left(\mathrm{Syn}_{\mathrm{BP}}^{\mathrm{ev}}\right)_{p}$ and $\mathcal{S H}(\mathbb{C})_{p}^{\text {cell }}$ (see [77, Theorem 1.4]) this theorem specializes to provide a translation between the $p$-complete, bigraded motivic stable stems over $\mathbb{C}$ and the Adams-Novikov spectral sequence. In fact, the proof we give was directly inspired by the literature on motivic stable stems and their connection to the Adams-Novikov spectral sequence.

The core argument originates in [48, Lemma 15], where is it observed that at the prime 2 the differentials in the motivic Adams-Novikov spectral sequence can be formally deduced from those in the classical Adams-Novikov spectral sequence. $\left({ }^{15}\right)$ The corresponding result in our setting is Theorem A.8, where we identify the $\nu E$-based Adams spectral sequence for $\nu X$ in terms of the $E$-based Adams spectral sequence for $X$.

Building on knowledge from extensive calculations of motivic stable stems, Isaksen then recognized that not only do these spectral sequences determine one another, but the motivic stable stems and Adams-Novikov spectral sequence (with its hidden extensions) contain essentially equivalent information (see the introduction to [49, Chapter 6]). The remainder of the proof of Theorem 9.19 involves formalizing these ideas and dealing with questions of convergence.

## A.1. The proof of Theorem 9.19

This subsection is generally organized in order of increasing strength of hypotheses and some results are proved in greater generality than stated in Theorem 9.19. Before we begin, we will need to recall more material from [77].

Recollection A.3. In [77, §4.2, Lemma 4.29 and Proposition 4.35], Pstragowski introduces a $t$-structure on $\operatorname{Syn}_{E}$ which satisfies the following properties:
(1) The heart, $\operatorname{Syn}_{E}^{\rho}$, is equivalant to the abelian category of $E_{*} E$-comodules.
(2) Given a spectrum $X$, the zeroth homotopy object of $\nu X$ with respect to this $t$-structure is naturally equivalent to $E_{*} X$ as an $E_{*} E$-comodule and naturally equivalent to $C \tau \otimes \nu(X)$ as an object of $\operatorname{Syn}_{E}$.
(3) If we let $Y(-)$ denote the right adjoint to inverting $\tau$, then we have a natural equivalence between the connective cover of $Y(X)$ and $\nu X$.
(4) This $t$-structure is right complete and compatible with filtered colimits.

Notation A.4. In view of (2), we will refer to the $t$-structure introduced above as the homological t-structure on $\mathrm{Syn}_{E}$. For notational brevity, we will use subscripts to denote

[^8]truncation with respect to this $t$-structure, so that $A_{\geqslant n}$ refers to the $n$-connective cover of a synthetic spectrum $A$ in the homological $t$-structure.

Convention A.5. For the remainder of this subsection, $X$ will denote a spectrum.
Our analysis of the relation between the bigraded homotopy groups of $\nu X$ and the $E$-based Adams spectral sequence for $X$ will hinge on an understanding of the $\nu E$-based Adams spectral sequence for $\nu X$. We begin by considering the canonical $E$-Adams tower for $X$, constructed below:


Each of the $f_{i}$ is zero on $E$-homology. Therefore, using Remark 9.5 and Lemma 9.7, we may identify the canonical $\nu E$-Adams tower of $\nu X$ as


Notation A.6. The above tower gives rise to a spectral sequence

$$
\mathrm{E}_{1}^{s, k, w}:=\pi_{k, k+w}\left(\nu E \otimes \Sigma^{0, s} \nu X_{s}\right) \Longrightarrow \pi_{k, k+w}(\nu X)
$$

with differentials of tridegree $(r,-1,1)$. Note that multiplication by $\tau$ lowers the $w$ grading by 1 , but preserves the $s$ and $k$ gradings. We use the notation $\mathrm{E}_{r}^{s, k, w}$ for page $r$ of this spectral sequence.

Analogously, we use $\mathrm{E}_{r}^{s, k}$ to refer to the groups in the $E$-Adams spectral sequence for $X$ :

$$
\mathrm{E}_{1}^{s, k}:=\pi_{k}\left(E \otimes X_{s}\right) \Longrightarrow \pi_{k}(X),
$$

with differentials of bidegree $(r,-1) \cdot\left({ }^{16}\right)$

[^9]Note that inverting $\tau$ determines a map of spectral sequences

$$
\mathrm{E}_{r}^{s, k, w} \longrightarrow \mathrm{E}_{r}^{s, k}
$$

Notation A.7. Let $\mathrm{B}_{r}^{s, k}$ denote the subgroup of $\mathrm{E}_{2}^{s, k}$ generated by the images of the differentials $d_{2}$ through $d_{r}$. Let $\mathrm{Z}_{r}^{s, k}$ denote the larger subgroup of $\mathrm{E}_{2}^{s, k}$ given by those classes on which $d_{2}$ through $d_{r}$ vanish. Then,

$$
\mathrm{E}_{r+1}^{s, k} \cong \mathrm{Z}_{r}^{s, k} / \mathrm{B}_{r}^{s, k}
$$

Theorem A.8. The $\nu E$-based Adams spectral sequence for $\nu X$ is determined by the E-based Adams spectral sequence for $X$ in the following way:
(1) $\mathrm{E}_{1}^{s, k, w} \cong \mathrm{E}_{1}^{s, k} \otimes \mathbb{Z}[\tau]$, where $\mathrm{E}_{1}^{s, k}$ is considered to be in tridegree $(s, k, s)$;
(2) $\mathrm{E}_{2}^{s, k, w} \cong \mathrm{E}_{2}^{s, k} \otimes \mathbb{Z}[\tau]$, where $\mathrm{E}_{2}^{s, k}$ is considered to be in tridegree $(s, k, s)$;
(3) Given a differential $d_{r, \text { top }}(x)=y$, there is a differential $d_{r}(x)=\tau^{r-1} y$. Moreover, all differentials arise in this way.

Proof. The proof is very similar to that of [48, Lemma 15]. Statement (1) follows from [77, Proposition 4.21]. Statement (2) follows from (3). We now prove (3) by induction. Suppose that we have proved the statement through the $\mathrm{E}_{r}$-page. To prove it for the $\mathrm{E}_{r+1}$-page, we calculate the differential

$$
d_{r}: \mathrm{E}_{r}^{s, k, w} \longrightarrow \mathrm{E}_{r}^{s+r, k-1, w+1}
$$

Note that, by the inductive hypothesis, the $\mathrm{E}_{r}$-page in every tridegree which can be the target of a $d_{r}$ differential consists of $\tau$-torsion free elements. On the other hand, upon inverting $\tau$, we must obtain the differential

$$
\tau^{-1} d_{r}=d_{r, \text { top }}: \mathrm{E}_{r}^{s, k} \longrightarrow \mathrm{E}_{r}^{s+r, k-1}
$$

which determines the $d_{r}$ differential by the above.
As a corollary of this description of the $\nu E$-Adams spectral sequence, we obtain the following more explicit statement.

Corollary A.9. For $2 \leqslant r \leqslant \infty$, there are natural isomorphisms:
(1) $\mathrm{E}_{r}^{s, k, w} \cong 0$ for $w>s$;
(2) $\mathrm{E}_{r}^{s, k, w} \cong \mathrm{Z}_{r-1}^{s, k}$ for $w=s$;
(3) $\mathrm{E}_{r}^{s, k, w} \cong \mathrm{Z}_{r-1}^{s, k} / \mathrm{B}_{s-w+1}^{s, k}$ for $s-r+1<w<s$;
(4) $\mathrm{E}_{r}^{s, k, w} \cong \mathrm{E}_{r}^{s, k}$ for $w \leqslant s-r+1$ and $w \leqslant 0$.

In particular, the map

$$
\mathrm{E}_{r}^{s, k, w} \longrightarrow \mathrm{E}_{r}^{s, k, w-1}
$$

induced by multiplication by $\tau$ is surjective for $w \leqslant s$.
Our next order of business will be to determine the $\nu E$-based Adams spectral sequence for $C \tau^{p} \otimes \nu X$.

Notation A.10. We use the notation ${ }^{p} \mathrm{E}_{r}^{s, k, w}$ to denote the groups on page $r$ of the $\nu E$-based Adams spectral sequence

$$
{ }^{p} \mathrm{E}_{1}^{s, k, w}:=\pi_{k, k+w}\left(\nu E \otimes C \tau^{p} \otimes \Sigma^{0, s} \nu X_{s}\right) \Longrightarrow \pi_{k, k+w}(\nu X),
$$

and similarly for the later pages.
Corollary A.11. For $p \geqslant 1$ and $2 \leqslant r \leqslant \infty$, there are natural isomorphisms:
(1) ${ }^{p} \mathrm{E}_{r}^{s, k, w} \cong 0$ for $w>s$;
(2) ${ }^{p} \mathrm{E}_{\infty}^{s, k, w} \cong \mathrm{Z}_{p-s+w}^{s, k} / \mathrm{B}_{s-w+1}^{s, k}$ for $s \geqslant w>s-p$;
(3) ${ }^{p} \mathrm{E}_{r}^{s, k, w} \cong 0$ for $s-p \geqslant w$.

Proof. This follows from considering the map of $\nu E$-based Adams spectral sequences induced by the map

$$
\nu X \longrightarrow C \tau^{p} \otimes \nu X
$$

In order to use the theorem and corollaries we have just proved we will need to make a digression and discuss completeness and convergence.

Definition A.12. We say that a synthetic spectrum $A$ is $\tau$-complete if the $\tau$-Bockstein tower of $A$ is convergent: that is, if the canonical map

$$
A \longrightarrow \underset{n}{\lim _{n}} C \tau^{n} \otimes A
$$

is an equivalence.
Proposition A.13. The following are equivalent:
(1) $X$ is E-nilpotent complete;
(2) $\nu X$ is $\nu E$-nilpotent complete;
(3) $\nu X$ is $\tau$-complete.

The proof of Proposition A. 13 will rely on the following two lemmas.

## Lemma A.14. The synthetic spectrum $C \tau^{p} \otimes \nu X$ is $\nu E$-nilpotent complete.

Proof. By induction on $p$ via the the Bockstein sequences

$$
\Sigma^{0,-1} C \tau^{p-1} \otimes \nu X \longrightarrow C \tau^{p} \otimes \nu X \longrightarrow C \tau \otimes \nu X
$$

we see that it suffices to prove the lemma for $p=1$. Tensoring the canonical Adams resolution for $\nu X$ with $C \tau$, we obtain an Adams resolution of $C \tau \otimes \nu X$. Using [77, Lemma 4.29] repeatedly, we learn that $C \tau \otimes \Sigma^{0, s} \nu X$ is ( $-s$ )-coconnective in the homological $t$-structure. Thus, the inverse limit of this Adams resolution for $\nu X$ is trivial because this $t$-structure is right complete.

Lemma A.15. The synthetic spectrum $\nu E \otimes \nu X$ is $\tau$-complete.
Proof. In order to show that $\nu E \otimes \nu X$ is $\tau$-complete, we will show that the inverse limit under iterated multiplication by $\tau$ is trivial. From Remark 9.6 , it suffices to check triviality on maps in from suspensions of finite projectives. Pick a finite $E_{*}$-projective $P$ and an integer $k$. Using Remark 9.5 and the dualizability statement from Remark 9.6, we obtain an equivalence

$$
\operatorname{Hom}\left(\Sigma^{k} \nu P,{\underset{\tau}{\tau}}_{\lim }^{\Sigma^{0,-s}} \nu E \otimes \nu X\right) \simeq \underset{\tau}{\lim _{\tau}} \operatorname{Hom}\left(\mathbb{S}^{k, s}, \nu(E \otimes D P \otimes X)\right)
$$

Note that the spaces in the inverse limit on the right-hand side are each $(s-k)$-connective by [77, Proposition 4.21]. Therefore, as $s \rightarrow \infty$, the right-hand side becomes infinitely connective and thereby trivial.

Proof of Proposition A.13. First, we show that $E$-nilpotent completeness is equivalent to $\nu E$-nilpotent completeness. Using [77, Lemma 4.29 and Proposition 4.35], we may rewrite the canonical $\nu E$-Adams tower for $\nu X$ as

$$
\ldots \longrightarrow Y\left(X_{2}\right)_{\geqslant-2} \xrightarrow{\tilde{f}_{2}} Y\left(X_{1}\right)_{\geqslant-1} \xrightarrow{\tilde{f}_{1}} Y\left(X_{0}\right)_{\geqslant 0}
$$

where

$$
\ldots \longrightarrow X_{2} \longrightarrow X_{1} \longrightarrow X_{0}
$$

is the canonical Adams tower for $X$. Inverting $\tau$ on the $\nu E$-Adams tower recovers the image of the $E$-Adams tower under $Y(-)$, and there is a fiber sequence

The right-hand term vanishes because the homological $t$-structure is right complete [77, Proposition 4.16]. Furthermore, since $Y$ is a right adjoint, we may pull the inverse limit inside the functor $Y$ in the middle term. Thus, we obtain an equivalence

$$
\left({\underset{\stackrel{i m}{s}}{ }}_{\lim _{s}}\left(X_{s}\right) \geqslant-s\right) \simeq Y\left({\underset{\leftarrow}{\stackrel{1}{s}}}_{\lim } X_{s}\right) .
$$

From the fact that $Y$ is fully faithful, we conclude that the left-hand side vanishes if and only if the inverse limit of the $E$-Adams tower for $X$ vanishes.

Next, we show that $\nu E$-nilpotent completeness is equivalent to $\tau$-completeness. Consider the following diagram:


Here, the limits over $\tau$ refer to limits, as $p$ varies, under multiplication by $\tau$ maps. Using Lemma A.15, each object on the second row vanishes. We obtain an equivalence

$$
{\underset{\zeta}{s}}^{\lim _{\tau}}{\underset{\tau}{\tau}}^{\Sigma^{0, s-p}} \nu X_{s} \simeq{\underset{\overleftarrow{\tau}}{\tau}}^{\lim ^{0,-p}} X .
$$

Dually, using Lemma A.14, we learn that

$$
\varliminf_{\tau}{\underset{\tau}{m}}^{\varliminf_{s}} \Sigma^{0, s-p} \nu X_{s} \simeq \varliminf_{\stackrel{s}{ }} \Sigma^{0, s} \nu X_{s} .
$$

Together these equalities finish the proof.
We are now ready to prove the first part of Theorem 9.19.
Proof of Theorem 9.19 (1). Since $X$ is $E$-nilpotent complete, it follows from Proposition A. 13 that $C \tau^{r} \otimes \nu X$ is $\nu E$-nilpotent complete and $\tau$-complete. From Corollary A. 11 we can read off that the $\nu E$-based Adams spectral sequence for $C \tau^{r} \otimes \nu X$ converges strongly. Further, we can directly read off that (1a) and (1b) are equivalent. Clearly (1c) implies (1b). We will now prove (1c) assuming (1b). If $d_{r+1}(x)=0$, then we may finish by (1a), so we assume otherwise.

We will prove (1c) by working directly with the cofiber sequence of Adams towers associated to the relevant Bockstein sequence. Before we begin, we fix some notation,

$$
{ }^{r} \mathrm{D}^{s, k, w}:=\pi_{k, k+w}\left(C \tau^{r} \otimes \Sigma^{0, s} \nu X_{s}\right) .
$$

Applying homotopy groups to the smash product of the two extended cofiber sequences

$$
\Sigma^{-1,0} C \tau \longrightarrow C \tau^{r+1} \longrightarrow C \tau^{r} \longrightarrow C \tau
$$

and

$$
\Sigma^{0, s+1} \nu X_{s+1} \longrightarrow \Sigma^{0, s} \nu X_{s} \longrightarrow \nu E \otimes \Sigma^{0, s} \nu X_{s} \longrightarrow \Sigma^{1, s+1} \nu X_{s+1},
$$

we obtain the following diagram of exact sequences:


In this diagram, we may pick a representative of $x$ in ${ }^{r} \mathrm{E}_{1}^{s, k, s}={ }^{r+1} \mathrm{E}_{1}^{s, k, s}$ (which we will also denote $x)$. Let $y=d_{r}(x)$ denote the target of the relevant differential in the $E$-based Adams spectral sequence and consider $y$ as an element of ${ }^{1} \mathrm{D}^{s+1, k-1, s+r+1}$. We claim that there exists a $y^{\prime} \in^{r+1} \mathrm{D}^{s+1, k-1, s+r+1}$ such that $\partial_{r+1}(x)=\tau^{r} y^{\prime}$ and $y$ maps to $\tau^{r} y^{\prime}$. Indeed, this follows from Theorem A. 8 and the fact that $\tau^{r}$, as an endomorphism of $C \tau^{r+1}$, factors through $C \tau$.

Then, by standard manipulations of exact sequences arising from smash products of cofiber sequences (as in, e.g., [6, Lemma 9.3.2]), there is some $\tilde{x}$ in ${ }^{r} \mathrm{D}^{s, k, s}$ which maps to both $x$ in ${ }^{r} \mathrm{E}_{1}^{s, k, s}$ and $-f(y)$ in ${ }^{1} \mathrm{D}^{s, k-1, s+r+1}$. The image of $\tilde{x}$ along the map

$$
{ }^{r} \mathrm{D}^{s, k, s} \longrightarrow \pi_{k, k+s}\left(C \tau^{r} \otimes \nu X\right)
$$

is the desired class.
Proposition A.16. Let $X$ denote an E-nilpotent complete spectrum. Then, the following are equivalent:
(1) The E-based Adams spectral sequence for $X$ converges strongly;
(2) The $\nu E$-based Adams spectral sequence for $\nu X$ converges strongly;
(3) The $\tau$-Bockstein spectral sequence for $\nu X$ converges strongly.

In order to prove Proposition A. 16 we recall the following theorem of Boardman, which provides a useful characterization of strong convergence.

Theorem A.17. ([16, Theorem 7.3]) Given an E-nilpotent complete spectrum $X$, the following two conditions are equivalent:

- The E-based Adams spectral sequence of $X$ converges strongly;
- $\lim _{\gtrless}^{1} \mathrm{E}_{r}^{s, t}(X)=0$ for pair of integers $s$ and $t$.

Analogous $\lim ^{1}$ conditions determine strong convergence of $\nu E$-based Adams spectral sequences and $\tau$-Bockstein spectral sequences.

Note that the second bullet point in the above theorem makes sense because

$$
\mathrm{E}_{r+1}^{s, t} \subseteq \mathrm{E}_{r}^{s, t}
$$

as soon as $r>s$.
Proof of Proposition A.16. Since $X$ is $E$-nilpotent complete, it follows from Proposition A. 13 that $\nu X$ is $\nu E$-nilpotent complete and $\tau$-complete.

Using Theorem A.17, to prove that (1) is equivalent to (2) it suffices to show that

$$
\underset{r}{\lim _{r}} \mathrm{E}_{r}^{s, k}=0 \quad \text { if and only if } \underset{{ }_{r}}{\lim } \mathrm{E}_{r}^{s, k, w}=0
$$

In fact, these groups are isomorphic:

We next prove the equivalence of the second and third conditions. Let $\beta_{r}^{s, k, w}$ denote the groups in the $\tau$-Bockstein spectral sequence indexed, so that the spectral sequence takes the form

$$
\beta_{1}^{s, k, w} \cong \pi_{k, k+w}\left(\Sigma^{0,-s} C \tau \otimes \nu X\right) \Longrightarrow \pi_{k, k+w}(\nu X)
$$

Combining Theorem 9.19 (1) and Corollary A.9, we learn that

$$
\beta_{r}^{s, k, w} \cong \mathrm{E}_{r+1}^{w+s, k, w}
$$

Boardman's theorem applies since both of these spectral sequences are conditionally convergent. Since the spectral sequences are furthermore isomorphic, up to reindexing, one converges strongly if and only if the other does.

Notation A.18. We let $\mathrm{F}^{s} \pi_{k, k+w}(\nu X) \subseteq \pi_{k, k+w}(\nu X)$ denote the $\nu E$-Adams filtration, and we let $\mathrm{F}_{\tau}^{s} \pi_{k, k+w}(\nu X)$ denote the $\tau$-Bockstein filtration.

Corollary A.19. Suppose that $X$ is E-nilpotent complete and that its E-based Adams spectral sequence converges strongly. Then,

$$
\mathrm{F}^{s} \pi_{k, k+w}(\nu X)=\mathrm{F}_{\tau}^{s-w} \pi_{k, k+w}(\nu X)
$$

where, for $k<0$, we set

$$
\mathrm{F}_{\tau}^{k} \pi_{k, k+w}(\nu X)=\pi_{k, k+w}(\nu X)
$$

In particular, for $w \leqslant s$, the map

$$
\mathrm{F}^{s} \pi_{k, k+w}(\nu X) \xrightarrow{\cdot \tau} \mathrm{F}^{s} \pi_{k, k+w-1}(\nu X)
$$

is surjective.
Proof. By Proposition A.16, the $\nu E$-based Adams spectral sequence for $\nu X$ converges strongly.

Now, the inclusion

$$
\mathrm{F}_{\tau}^{s-w} \pi_{k, k+w}(\nu X) \subseteq \mathrm{F}^{s} \pi_{k, k+w}(\nu X)
$$

follows from a downward induction on $w$, starting from Corollary A. 9 (1), which implies the desired result for $w \geqslant s$. On the other hand, to see that

$$
\mathrm{F}^{s} \pi_{k, k+w}(\nu X) \subseteq \mathrm{F}_{\tau}^{s-w} \pi_{k, k+w}(\nu X)
$$

for all $s$, it suffices by strong convergence to show that, whenever $w \leqslant s$, multiplication by $\tau$ is surjective as a map $\mathrm{E}_{\infty}^{s, k, w-1} \rightarrow \mathrm{E}_{\infty}^{s, k, w}$. This is a consequence of Corollary A.9.

Proof of Theorem 9.19 (2)-(4). We begin by noting that Proposition A. 16 implies that the $\nu E$-based Adams spectral sequence for $\nu X$ converges strongly. Recall that this means that:
(1) $\mathrm{F}^{s} \pi_{k, k+w}(\nu X) / \mathrm{F}^{s+1} \pi_{k, k+w}(\nu X) \cong \mathrm{E}_{\infty}^{s, k, w}$;
(2) The filtration $\mathrm{F}^{\bullet} \pi_{k, k+w}(\nu X)$ is complete and Hausdorff.

Now, we examine the reduction map

$$
\nu X \longrightarrow C \tau \otimes \nu X
$$

through the $\nu E$-based Adams spectral sequence. As discussed in Corollary A.11, the $\nu E$-based Adams spectral sequence for $C \tau \otimes \nu X$ has $\mathrm{E}_{2}$-term given by

$$
{ }^{1} \mathrm{E}_{2}^{s, k, w} \cong \begin{cases}\mathrm{E}_{2}^{s, k}, & \text { if } s=w \\ 0, & \text { otherwise }\end{cases}
$$

It follows that the spectral sequence collapses at the $\mathrm{E}_{2}$-page, that there is no space for extension problems and that the map

$$
\mathrm{Z}_{\infty}^{s, k} \cong \mathrm{E}_{\infty}^{s, k, s} \longrightarrow{ }^{1} \mathrm{E}_{\infty}^{s, k, s} \cong \mathrm{E}_{2}^{s, k}
$$

is just the usual inclusion. This produces a factorization

$$
\pi_{k, k+s}(\nu X)=F^{s} \pi_{k, k+s}(\nu X) \rightarrow \mathrm{E}_{\infty}^{s, k, s} \cong \mathrm{Z}_{\infty}^{s, k} \subseteq \mathrm{E}_{2}^{s, k} \cong \pi_{k, k+s}(C \tau \otimes \nu X)
$$

The surjectivity of the first map implies that we can always pick an $\tilde{x}$.
(2a) On the associated graded, multiplication by $\tau^{r-1}$ can be identified with

$$
\mathrm{E}_{\infty}^{s, k, s} \cong \mathrm{Z}_{\infty}^{s, k}(X) \longrightarrow \mathrm{Z}_{\infty}^{s, k}(X) / \mathrm{B}_{r}^{s, k}(X)
$$

Therefore, as long as $x$ survives to the $\mathrm{E}_{r+1}$-page, any lift $\tilde{x}$ will have $\tau^{r-1} \tilde{x} \neq 0$.
(2b) It suffices to note that the $\nu E$-based Adams spectral sequence for $\nu X$ is sent to the $E$-based Adams spectral sequence for $X$ under $\tau^{-1}$ and that the induced map

$$
\mathrm{E}_{\infty}^{s, k, s} \cong \mathrm{Z}_{\infty}^{s, k}(X) \longrightarrow \mathrm{E}_{\infty}^{s, k}
$$

is just the usual projection.
(3a) For this, we now suppose that $x \in \mathrm{~B}_{r+1}^{s, k}$ and consider the following diagram:

where the rows are exact by Corollaries A. 9 and A.19. It will suffice to show that leftmost vertical map is surjective. This follows from the snake lemma together with the fact that the map

$$
\mathrm{F}^{s+1} \pi_{k, k+s}(\nu X) \xrightarrow{-\tau^{r}} \mathrm{~F}^{s+1} \pi_{k, k+s-r}(\nu X)
$$

is surjective, which follows from Corollary A.19.
(3b) We now suppose that we are given $\alpha \in \pi_{k}(X)$ detected by $x$. In particular, $x$ is not the target of a differential in the $E$-based Adams spectral sequence for $X$. Then, we may modify $\tilde{x}$ by elements of higher $\nu E$-filtration without affecting conditions (1a) through (2b). Let $\beta=\tau^{-1} \tilde{x}$. Then, $\alpha-\beta \in \mathrm{F}^{s+1} \pi_{k}(X)$. It follows from Lemma 9.15 that there exists some $e_{1} \in \pi_{k, k+s+1}(\nu X)$ such that $\tau^{-1} e_{1}=\alpha-\beta$. It follows from Corollary A. 9 that $e_{1}$ must be in $\nu E$-Adams filtration at least $s+1$. Replacing $\tilde{x}$ with $\tilde{x}+e_{1}$, we obtain $\tau^{-1} \tilde{x}=\alpha$, as desired.
(4) Finally, we verify the generation statement. Let $A$ denote the $\mathbb{Z}[\tau]$-submodule of $\pi_{k, *}(\nu X)$ generated by the $\tilde{x}$, and let $B$ denote the $\tau$-adic completion of $A$. Our first claim is that $B$ remains a natural submodule of $\pi_{k, *}(\nu X)$, which follows from the fact that the $\tau$-adic filtration on $\pi_{k, *}(\nu X)$ is complete and Hausdorff by strong convergence. Now, since the inclusion $B \rightarrow \pi_{k, *}(\nu X)$ is one between $\tau$-complete objects, we need only note that the map

$$
B / \tau \longrightarrow \pi_{k, k+*}(\nu X) / \tau \cong \mathrm{F}^{*} \pi_{k, k+*}(\nu X) / \mathrm{F}^{*+1} \pi_{k, k+*}(\nu X) \cong \mathrm{E}_{\infty}^{*, k, *}
$$

is a surjection. The middle isomorphism above follows from Corollary A.19.

## A.2. Bigraded homotopy groups in the Toda range

In order to illustrate the complexities present in synthetic homotopy groups, we will compute the bigraded groups $\pi_{k, *}\left(\nu_{\mathrm{HF}_{2}} \mathbb{S}_{2}^{\wedge}\right)$ in the Toda range $(k \leqslant 19)$. We will see that these groups reflect the entire structure of the $\mathrm{HF}_{2}$-Adams spectral sequence for $\mathbb{S}_{2}^{\wedge}$, including hidden extensions. For brevity, throughout this section $\pi_{a, b}$ will refer to $\pi_{a, b}\left(\nu_{\mathrm{HF}_{2}} \mathbb{S}_{2}^{\wedge}\right)$.

The $H \mathbb{F}_{2}$-Adams spectral sequence for $\mathbb{S}_{2}^{\wedge}$ converges strongly because $\mathbb{S}_{2}^{\wedge}$ is $H \mathbb{F}_{2^{-}}$ nilpotent complete and each of the groups on its $\mathrm{E}_{2}$-term are finite. There are no differentials in the $\mathrm{HF}_{2}$-Adams spectral sequence for $\mathbb{S}_{2}^{\wedge}$ in topological degree less than or equal to 13 . For topological degrees 14 through 19 we reproduce the spectral sequence below in Figure 5.

Proposition A.20. For $k \leqslant 19, \pi_{k, *}$ is presented as a $\tau$-adically complete algebra by generators

| $\tau \in \pi_{0,-1}$ | $\tilde{\sigma} \in \pi_{7,8}$ | $\tilde{\kappa} \in \pi_{14,18}$ | $\widetilde{P^{2} h_{1}} \in \pi_{17,26}$ |
| :--- | :---: | ---: | ---: |
| $\tilde{2} \in \pi_{0,1}$ | $\tilde{\varepsilon} \in \pi_{8,11}$ | $\tilde{\rho} \in \pi_{15,19}$ | $\widetilde{\nu^{*}} \in \pi_{18,20}$ |
| $\tilde{\eta} \in \pi_{1,2}$ | $\widetilde{P h_{1}} \in \pi_{9,14}$ | $\widetilde{\eta^{*}} \in \pi_{16,18}$ | $\tilde{c}_{1} \in \pi_{19,22}$ |
| $\tilde{\nu} \in \pi_{3,4}$ | $\widetilde{P h_{2}} \in \pi_{11,16}$ | $\widetilde{P c_{0}} \in \pi_{16,24}$ | $\widetilde{P^{2} h_{2}} \in \pi_{19,28}$ |

subject to relations
(0) $0=\tilde{2} \tilde{\eta}=\tilde{\eta} \tilde{\nu}=\tilde{2} \tilde{\nu}^{2}=\tilde{2}^{4} \tilde{\sigma}=\tilde{\nu} \tilde{\sigma}=\tilde{\eta} \tilde{\sigma}^{2}=\tilde{2} \tilde{\varepsilon}=\tilde{\eta}^{2} \tilde{\varepsilon}=\tilde{\nu} \tilde{\varepsilon}=\tilde{\sigma} \tilde{\varepsilon}$
$=\tilde{2} \widetilde{P h}_{1}=\tilde{\nu} \widetilde{P h}_{1}=\tilde{\eta} \widetilde{P h}_{2}=\tilde{\sigma} \widetilde{P h}_{2}=\tilde{\varepsilon} \widetilde{P h}_{2}=\tilde{2}^{3} \tilde{\kappa}=\tilde{2}^{5} \tilde{\rho}=\tilde{\nu} \tilde{\rho}$
$=\tilde{2} \widetilde{P c}_{0}=\tilde{\eta}^{2} \widetilde{P c}_{0}=\tilde{\nu} \widetilde{P c_{0}}=\tilde{2} \widetilde{\eta}^{*}=\tilde{\nu} \widetilde{\eta}^{*}=\tilde{2} \widetilde{P^{2} h_{1}}=\tilde{\eta} \tilde{\nu}^{*}=\tilde{2} \tilde{c}_{1}$,
(1) $\tilde{\eta}^{3}=\tilde{2}^{2} \tilde{\nu}$,
(4) $\tilde{\eta}^{2} \widetilde{P h}_{1}=\tilde{2}^{2} \widetilde{P h}_{2}$,
(7) $\tilde{\eta}^{2} \widetilde{\eta^{*}}=\tilde{2}^{2} \widetilde{\nu^{*}}$,
(2) $\tilde{\eta} \tilde{\rho}=\tau^{2} \widetilde{P c_{0}}$,
(5) $\tilde{\varepsilon} \widetilde{P h}_{1}=\tilde{\eta} \widetilde{P c}_{0}$,
(8) $\tilde{\eta}^{2} \widetilde{P^{2} h_{1}}=\tilde{2}^{2} \widetilde{P^{2} h_{2}}$,
(3) $\tilde{\nu}^{3}=\tilde{\eta}^{2} \tilde{\sigma}+\tau \tilde{\eta} \tilde{\varepsilon}$,
(6) $\widetilde{P h_{1}}{ }^{2}=\tilde{\eta} \widetilde{P^{2} h_{1}}$,
(9) $\tau \tilde{2}=2$,
(10) $0=2 \tilde{\sigma}^{2}$,
(12) $0=2 \tilde{\nu} \tilde{\kappa}$,
(14) $2 \tilde{\kappa}=\tilde{2}^{2} \tilde{\sigma}^{2}$,
(11) $0=\tau \tilde{\eta}^{2} \tilde{\kappa}$,
(13) $\tilde{\nu} \widetilde{P h}_{2}=\tilde{2}^{2} \tilde{\kappa}$,
(15) $\tilde{\varepsilon}^{2}=\tilde{\eta}^{2} \tilde{\kappa}=\tilde{\sigma} \widetilde{P h_{1}}+\tau \widetilde{P c_{0}}$.

Before proving Proposition A.20, we discuss some of the subtleties which appear in this range. The results of this proposition are also summarized in Figure 6.

Remark A.21. The first hidden extension in the Adams spectral sequence occurs in stem 9 , where on the $\mathrm{E}_{2}$-page $h_{2}^{3}=h_{1}^{2} h_{3}$, but in homotopy $\nu^{3}=\eta^{2} \sigma+\eta \varepsilon$. Synthetically the presence of this hidden term is reflected by the appearance of a $\tau$ in relation (3), where

$$
\tilde{\nu}^{3}=\tilde{\eta}^{2} \tilde{\sigma}+\tau \tilde{\eta} \tilde{\varepsilon}
$$

Similarly, in stem 16, the hidden extension from $h_{0}^{3} h_{4}$ to $P c_{0}$ is reflected by relation (2), where $\tilde{\eta} \tilde{\rho}=\tau^{2} \widetilde{P c_{0}}$. Note that in this case the multiplication jumps by two Adams filtrations and therefore two $\tau$ 's appear in the product. This product relation is depicted by the green line originating from $\tilde{\rho}$ in Figure 6.

Another subtlety is that products that are classically zero need not be zero synthetically (though they will be $\tau$-power torsion). In this range the key example of this is relation (14), where $\tilde{2}^{2} \tilde{\sigma}^{2}=\tau \tilde{2} \tilde{\kappa}$. In this relation, we see a product which is $\tau$-torsion hidden extend to a $\tau^{2}$-torsion class and is depicted by the bent green line in Figure 6. A combination of these features appears in relation (15).

Remark A.22. In Proposition A. 20 the generators are chosen using Theorem 9.19 (3). It is important to note that there are ambiguities in this notation. For some classes $\tilde{x}$, $x$ refers to an element of the homotopy $\mathbb{S}_{2}^{\wedge}$. In these cases, $\tilde{x}$ is determined up to $\tau$ power torsion classes of higher $\nu \mathrm{HF}_{2}$-Adams filtration. For other classes $\tilde{x}, x$ refers to a permanent cycle on the $E_{2}$-page of the Adams spectral sequence for $\mathbb{S}_{2}^{\wedge}$. These classes are only determined up to elements of higher $\nu \mathrm{HF}_{2}$-Adams filtration. However, in the case that $x$ is the target of a $d_{m+1}$-differential, we more precisely define $\tilde{x}$ up to elements of higher $\nu \mathrm{HF}_{2}$-filtration which are $\tau^{m}$-torsion.

In particular, note that the classes $\tilde{2}, \tilde{\eta}$ and $\tilde{\nu}$ are unambiguously determined. On the other hand, one could, for example, replace $\tilde{\kappa}$ with $3 \tilde{\kappa}$ or $\tilde{c}_{1}$ with $\tilde{c}_{1}+a \tau^{6} \widetilde{P^{2} h_{2}}$. Nevertheless, we claim that the proposition is valid for any collection of generators provided by Theorem $9.19(3)$, as long as we choose a $\tilde{c}_{1}$ which is 2 -torsion.

Remark A.23. It is also important to note that multiplication may not interact nicely with the tilde notation: $\tilde{x} \tilde{y}$ might not be a valid choice of representative for $\widetilde{x y}$ since $\tilde{x} \tilde{y}$ may not satisfy the $\tau$-torsion requirement that Theorem 9.19 (3) places on $\widetilde{x y}$. However, it is true that $\tilde{x} \tilde{y}-\widetilde{x y}$ is divisible by $\tau$, and often this can be used to show that $\tilde{x} \tilde{y}$ does in fact satisfy the $\tau$-torsion requirement.

Furthermore, when solving extension problems, one needs to be careful about exactly which bigraded homotopy elements one chooses. For example, both $\tilde{\sigma}^{2}$ and $\tilde{\sigma}^{2}+\tau^{2} \tilde{\kappa}$ are valid choices of $\widetilde{h_{3}^{2}}$, but $\tilde{\eta} \tilde{\sigma}^{2}=0$ whereas $\tilde{\eta}\left(\tilde{\sigma}^{2}+\tau^{2} \tilde{\kappa}\right)=\tau^{2} \tilde{\eta} \tilde{\kappa} \neq 0$.

Proof of Proposition A.20. Using Theorem 9.19, we may produce the generators listed above. This theorem also lets us conclude that the $\tau$-adic completion of the algebra they generate is equal to $\pi_{k, *}$ for $k \leqslant 19$.

Before we continue, we use Corollary 9.22 to find which bigraded groups have $\tau$ power torsion elements. The only bigraded groups with $k \leqslant 19$ for which $\pi_{k, k+s}^{\mathrm{tor}}$ is non-zero are

$$
\pi_{14,17}, \quad \pi_{14,18}, \quad \pi_{14,19}, \quad \pi_{14,20}, \quad \pi_{16,22}, \quad \pi_{17,23}, \quad \pi_{17,24}
$$

This means that $\tau^{-1}: \pi_{k, k+s} \rightarrow \pi_{k}$ is an inclusion in all other bidegrees. Moreover, since the functor $\tau^{-1}$ is symmetric monoidal, it follows that these inclusions respect the multiplicative structure on both sides. Thus, we may deduce that (0)-(9) follow from the associated relations in usual homotopy groups.

To prove the relation (10), note that the element $\tilde{\sigma}$ lives in an odd topological degree. Therefore, we learn that $2 \tilde{\sigma}^{2}=0$ by considering the $\mathbb{E}_{\infty}$-ring structure on $\nu_{\mathrm{HF}_{2}}\left(\mathbb{S}_{2}^{\wedge}\right)$ (see [77, Remark 4.10]).

Relations (11) and (12) follow from the fact that both $\eta^{2} \kappa$ and $2 \nu \kappa$ are zero in the usual homotopy groups of $\mathbb{S}_{2}^{\wedge}$. Therefore, both $\tilde{\eta}^{2} \tilde{\kappa}$ and $\tilde{2} \tilde{\nu} \tilde{\kappa}$ are $\tau$-power torsion. Since they live in bidegrees containing only simple $\tau$-torsion, it follows that $\tau$ times them is zero. Note that $\tau \tilde{2} \tilde{\nu} \tilde{\kappa}=2 \tilde{\nu} \tilde{\kappa}$.

To prove (13) and (15), we consider the ring map

$$
\nu_{\mathrm{HF}_{2}}\left(\mathbb{S}_{2}^{\wedge}\right) \longrightarrow C \tau \otimes \nu_{\mathrm{HF}_{2}}\left(\mathbb{S}_{2}^{\wedge}\right)
$$

Because there are no $\tau$-power torsion elements which are also divisible by $\tau$ in $\pi_{14,20}$ or $\pi_{16,22}$, this map induces isomorphisms

$$
\pi_{14,20}^{\mathrm{tor}} \cong \operatorname{Ext}_{\mathcal{A}_{*}}^{6,20}\left(\mathbb{F}_{2}, \mathbb{F}_{2}\right) \quad \text { and } \quad \pi_{16,22}^{\mathrm{tor}} \cong \operatorname{Ext}_{\mathcal{A}_{*}}^{6,22}\left(\mathbb{F}_{2}, \mathbb{F}_{2}\right)
$$



Figure 5. Synthetic and usual Adams spectral sequences for the 2-complete sphere.
Left: Adams spectral sequence for the sphere, with differentials color-coded by length.
Right: $\mathrm{E}_{\infty}$-page of the synthetic Adams spectral sequence for $\nu_{\mathrm{HF}} \mathbb{S}_{2}^{\wedge}$. Black dots indicate a copy of $\mathbb{F}_{2}[\tau]$, red dots indicate a copy of $\mathbb{F}_{2}[\tau] / \tau^{2}$ and blue dots indicate a copy of $\mathbb{F}_{2}[\tau] / \tau$.


Figure 6. A picture of $\pi_{k, k+s} \nu_{\mathrm{HF}_{2}}\left(\mathbb{S}_{2}^{\wedge}\right)$ for $13 \leqslant k \leqslant 19$.
We index the picture so that bidegree $(k, k+s)$ corresponds to position $(k, s)$. Black dots indicate non- $\tau$-torsion classes, red dots indicate $\tau^{2}$-torsion and blue dots indicate $\tau$-torsion. We suppress all $\tau$-multiples in this figure. Black lines correspond to $\tilde{2}, \tilde{\eta}$, and $\tilde{\nu}$ multiplications which are detected at the level of $C \tau$. Green lines are used for more complicated $\tilde{2}$ and $\tilde{\eta}$ multiplications. In this range, the green line indicate a multiplication which hits a power of $\tau$ times the indicated dot (see Remark A. 21 for further discussion).

Thus, once we know that each term is zero in the usual homotopy groups, we can read (13) and (15) off from the corresponding relation in the $\mathrm{E}_{2}$ page.

In the Toda range, (14) is the most difficult relation. To obtain it, we will make use of the long exact sequence

$$
\ldots \longrightarrow \pi_{k+1, k+s-1} \longrightarrow \operatorname{Ext}_{\mathcal{A}_{*}}^{s-2, k+s-1}\left(\mathbb{F}_{2}, \mathbb{F}_{2}\right) \longrightarrow \pi_{k, k+s} \xrightarrow{\cdot \tau} \pi_{k, k+s-1} \longrightarrow \ldots
$$

From (10) and the torsion bound on $\pi_{14,18}$, we know that $\tilde{2} \tilde{\sigma}^{2}$ and $2 \tilde{\kappa}$ are both simple $\tau$-torsion. Thus, they lift to non-zero classes in $\operatorname{Ext}_{\mathcal{A}_{*}}^{1,16}\left(\mathbb{F}_{2}, \mathbb{F}_{2}\right)$ and $\operatorname{Ext}_{\mathcal{A}_{*}}^{2,17}\left(\mathbb{F}_{2}, \mathbb{F}_{2}\right)$, respectively. These classes must be $h_{4}$ and $h_{0} h_{4}$, and hence are related by multiplication by $h_{0}$. This implies that their images are related by multiplication by $\tilde{2}$, as desired.

Finally, using parts (2a), (3a), (3b) and (4) of Theorem 9.19, one may compute the length of $\pi_{k, k+s}$ as a $\mathbb{Z}_{2}$-module for each $k \leqslant 19$ and all $s$. From this, we may conclude that there are no further relations for size reasons.

## Appendix B. Vanishing curves in Adams spectral sequences, by Robert Burklund

In this appendix we study vanishing curves in Adams spectral sequences via an explicit analysis of Adams towers and their Postnikov truncations. These techniques were developed in order to answer Question 3.33 from [69], which asks about the linear term in the vanishing curve of the $\mathrm{BP}\langle n\rangle$-Adams spectral sequence for the sphere. At the prime 3 our results provide the upper bound on the left-hand side of equation (7.1) necessary in the proof of Theorem 1.4. As a corollary, we obtain new bounds on the $p$-torsion order of the stable homotopy groups of spheres.

Before proceeding further, we should highlight several differences between the perspective on vanishing curves taken in $\S 11$ and this appendix. In the main body of the paper, vanishing curves are interpreted in terms of the bigraded homotopy groups of a synthetic spectrum, and are often implicitly linear and finite-page. The emphasis is mostly on genericity results. $\S 11$ inherits the technical assumption that we must work only with ring spectra which are of Adams type from [77]. In this appendix, we will not consider finite-page vanishing lines, instead confining ourselves to the vanishing curve present at the $E_{\infty}$ page. Our emphasis is on exploiting naturality in the choice of ring spectrum. This appendix works with the approach to descent developed by Akhil Mathew in [69] and thereby inherits the technical assumption that all ring spectra admit an $\mathbb{E}_{1}$ multiplication.

In $\S$ B. 1 we recall the definition of the vanishing curve, review previous results and state our main theorem, which is a collection of novel bounds on various vanishing curves.

In $\S$ B. 2 we give a comparison theorem for vanishing curves over different rings. This comparison theorem is the key technical advance in this appendix. In §B. 3 we finish the proof of the comparison theorem. In $\S B .4$ we use the comparison theorem and theorems of Davis-Mahowald [29] and González [40] to prove the main theorem.

Convention B.1. Throughout this appendix, we will adopt the following conventions:
(1) All spectra will be $p$-local for a fixed prime $p$.
(2) Rings and ring morphisms will refer to objects and morphisms of $\operatorname{Alg}(S p) \cdot\left({ }^{17}\right)$
(3) A ring $R$ will also be assumed to satisfy the following hypotheses:

- $R$ is $p$-local and connective;
- $\pi_{0}(R) \cong \mathbb{Z}_{(p)}$;
- $\pi_{i}(R)$ is a finitely generated $\mathbb{Z}_{(p)}$ module for all $i$.

Moreover, $A$ and $B$ will also denote rings satisfying the same hypotheses. $\left.{ }^{(18}\right)$
(4) In order to make concise statements about the asymptotics of various functions, we will make use both big $O$ and little $o$ notation.

Notation B.2. In this appendix we will adopt the following notation in order to simplify expressions:
(1) $q=2 p-2$;
(2) $v_{p}(k)$ will denote the $p$-adic valuation of an integer $k \in \mathbb{Z}$;
(3) if $p \neq 2$,

$$
\ell(k)= \begin{cases}v_{p}(k+2), & \text { if } k+2 \equiv 0 \bmod q \\ 0, & \text { if } k+2 \not \equiv 0 \bmod q\end{cases}
$$

if $p=2$,

$$
\ell(k)= \begin{cases}v_{2}(k+1), & \text { if } k \text { is odd } \\ v_{2}(k+2), & \text { if } k \text { is even }\end{cases}
$$

We will sometimes use that $\ell(k) \in O(\log (k))$.

## B.1. Preliminaries and statements

We begin by defining two functions attached to a ring $R$, which we will refer to as the $R$-Adams spectral sequence vanishing curves. Although the function $g_{R}$ defined below has a more direct interpretation as a vanishing curve, it will turn out that $f_{R}$ has more tractable properties. For example, $f_{R}$ is sub-additive, while $g_{R}$ has no such property.

[^10]Definition B.3. Given a ring spectrum $R$ as above, we give the following notation.

- Let $g_{R}(k)$ denote the minimal $m$ such that every $\alpha \in \pi_{k}(\mathbb{S})$ whose $R$-Adams filtration is strictly greater than $m$ is zero. ${ }^{19}$ )
- Let $f_{R}(k)$ denote the minimal $m$ such that, for every connective $p$-local spectrum $X, i<k$, and $\alpha \in \pi_{i}(X)$, if $\alpha$ has $R$-Adams filtration at least $m$, then $\alpha=0$.
- Let $\Gamma(k)$ denote the minimal $m$ such that every $\alpha \in \pi_{k}\left(\mathbb{S}^{0}\right)$ whose $\mathrm{HF}_{p}$-Adams filtration is strictly greater than $m$ is detected in the $K(1)$-local sphere ( $\Gamma$ does not depend on a choice of $R) \cdot\left({ }^{20}\right)$

Remark B.4. The $X=\mathbb{S}^{0}$ case in the definition of $f_{R}(k)$ implies that

$$
g_{R}(k) \leqslant f_{R}(k+1)-1
$$

Several classic results in stable homotopy theory can be reformulated as bounds on the functions $f_{R}, g_{R}$ and $\Gamma$ for various rings $R$. In [68] and [69], work of Adams [3] and Luilevicius [60] is reformulated into the pair of inequalities

$$
f_{\mathbb{Z}_{p}}(k) \leqslant \frac{1}{q} k+O(1) \quad \text { and } \quad \Gamma(k) \leqslant \frac{1}{q} k+O(1) .
$$

Later, in [29], Davis and Mahowald showed that, at the prime 2,

$$
g_{\mathrm{bo}}(k) \leqslant \frac{1}{5} k+O(\log (k)) \quad \text { and } \quad \Gamma(k) \leqslant \frac{3}{10} k+O(\log (k))
$$

In [42], Gonzalez proved the analogous results at odd primes,

$$
g_{\mathrm{BP}\langle 1\rangle}(k) \leqslant \frac{1}{p^{2}-p-1} k+O(\log (k)) \text { and } \Gamma(k) \leqslant \frac{(2 p-1)}{(2 p-2)\left(p^{2}-p-1\right)} k+O(\log (k)) .
$$

Finally, another formulation of the nilpotence theorem [30] worked out by Hopkins and Smith is that $\left({ }^{21}\right)$

$$
f_{\mathrm{BP}}(k)=o(k)
$$

One of the purposes of $\S 12$ was to provide the first effective bound on $f_{\mathrm{BP}}(k)$ which is not already present at the $\mathrm{E}_{2}$-page.

In the situation where $R$ is both an $\mathbb{E}_{1}$-ring and of Adams type, we have the following lemma which relates $f_{R}$ and $g_{R}$ to weak and strong vanishing lines in synthetic spectra.

[^11]Lemma B.5. Suppose $R$ is both an $\mathbb{E}_{1}$ ring and of Adams type. Then, the following statements hold:

- If $\nu_{R}\left(\mathbb{S}^{0}\right)$ has a finite-page vanishing line of slope $m$ and intercept $c$, then

$$
g_{R}(k) \leqslant m k+c
$$

- If $\nu_{R}\left(\mathbb{S}^{0}\right)$ has a strong finite-page vanishing line of slope $m$ and intercept $c$, then

$$
f_{R}(k) \leqslant m(k-1)+c+1
$$

Proof. By Lemma 9.15, each non-zero class $\alpha \in \pi_{j}(X)$ whose $R$-Adams filtration is $\geqslant n$ yields a non- $\tau$-torsion class $\tilde{\alpha} \in \pi_{j, j-n}(\nu X)$.

Applying Lemma B. 5 to Theorem 12.2, we obtain the following corollary.
Corollary B.6. For each odd prime p,

$$
f_{\mathrm{BP}}(k) \leqslant \frac{1}{p^{3}-p-1} k+2 p^{2}-4 p+10-\frac{2 p^{2}+2 p-9}{p^{3}-p-1}
$$

The main theorem of this appendix is the following.
Theorem B.7. (1) For each prime and $n \in \mathbb{Z} \geqslant 0$,

$$
f_{\mathrm{BP}\langle n\rangle}(k) \leqslant \frac{1}{\left|v_{n+1}\right|} k+\left(1+\frac{1}{\left|v_{n+1}\right|}\right) f_{\mathrm{BP}}(k)-\frac{1}{\left|v_{n+1}\right|}
$$

(2) For each prime,

$$
\Gamma(k) \leqslant \frac{(q+1)}{q\left|v_{2}\right|} k+\frac{(q+1)\left(\left|v_{2}\right|+1\right)}{q\left|v_{2}\right|} f_{\mathrm{BP}}(k)+\ell(k) .
$$

(3) For each odd prime,

$$
f_{\mathrm{BP}\langle 1\rangle}(k) \leqslant \frac{p+2}{2\left(p^{3}-p-1\right)} k+2 p^{2}-4 p+11
$$

(4) For $p=3$,

$$
\Gamma(k) \leqslant \frac{25}{184} k+19+\frac{1133}{1472}+\ell(k)
$$

and, for $p \geqslant 5$,

$$
\Gamma(k) \leqslant \frac{(2 p-1)(p+2)}{4(p-1)\left(p^{3}-p-1\right)} k+2 p^{2}-3 p+11+\ell(k)
$$

The proof of this theorem will occupy the remainder of this appendix. Once we have proved Theorem B.7(1), the rest of the theorem follows by relatively standard arguments. Note that Theorem B.7(1), when combined with the nilpotence theorem, implies the following corollary which appeared as Question 3.33 in [69].

Corollary B. 8 .

$$
f_{\mathrm{BP}\langle n\rangle}(k) \leqslant \frac{1}{\left|v_{n+1}\right|} k+o(k) .
$$

Remark B.9. Similarly, using the nilpotence theorem, the bound on $\Gamma$ given in Theorem B.7(2) at the prime 2 simplifies to

$$
\Gamma(k) \leqslant \frac{1}{4} k+o(k)
$$

Although this is asymptotically better than the result of Davis-Mahowald quoted above, because we do not have explicit control over the error term, it is unsuitable for use in §7. In fact, as observed by Stolz [90, p. XX], any further improvement of the slope of a linear bound on $\Gamma(k)$ would imply Theorem 1.4 at the prime 2 for $k \gg 0$. This would, at least for $k \gg 0$, bypass the need for Theorem 10.8.

Conjecture B. 10.

$$
\Gamma(k) \leqslant \frac{1}{\left|v_{2}\right|} k+O(1)
$$

The application of Theorem B.7(2) to bounding torsion exponents in the stable homotopy groups of spheres was explained in §3.3. Ultimately, torsion exponent bounds arise as a corollaries to bounds on $\Gamma(k)$. A more numerically precise result is obtained at odd primes by using Theorem B.7 (4). The mysterious "sublinear error term" present in Theorem 3.8 is a residue of the non-effective nature of the nilpotence theorem.

## B.2. Comparing vanishing lines

The novel part of the proof of Theorem B. 7 is the following comparison theorem, which allows us to relate vanishing lines for different rings.

Theorem B.11. (Comparison theorem) Let $i: A \rightarrow B$ be a ring map. Then, the following statements hold:
(1) $g_{A}(k) \leqslant g_{B}(k)$;
(2) $f_{A}(k) \leqslant f_{B}(k)$;
(3) if $i$ becomes an equivalence after applying $\tau_{<m}$, then

$$
f_{B}(k) \leqslant f_{A}(k)+\left\lfloor\frac{k+f_{A}(k)-1}{m}\right\rfloor \leqslant \frac{1}{m} k+\left(1+\frac{1}{m}\right) f_{A}(k)-\frac{1}{m} .
$$

Remark B.12. In [12], Conjecture 9.4.2 asks whether there is a finite-page vanishing line of slope $\frac{1}{13}$ in the tmf-Adams spectral sequence for a particular spectrum. We can provide the following evidence in favor of this conjecture: The map

$$
\operatorname{tmf} \longrightarrow \operatorname{tmf}_{1}(3)=\mathrm{BP}\langle 2\rangle
$$

allows us to apply Theorem B. 11 (2), Theorem B.7(1), and the nilpotence theorem in order to conclude that

$$
f_{\mathrm{tmf}}(k) \leqslant f_{\mathrm{BP}\langle 2\rangle}(k) \leqslant \frac{1}{14} k+o(k) .
$$

Note that the bound on $f_{\text {tmf }}$ is not guaranteed to appear at any finite page.
The first two statements of Theorem B. 11 follow easily from the fact that $i: A \rightarrow B$ induces a map of canonical Adams resolutions. The proof of the third statement will occupy most of Appendices B. 2 and B.3. In this proof, we will rely on an alternative interpretation of $f_{R}$ from [69]. In order to recall this interpretation we begin by defining a natural filtration on the thick $\otimes$-ideal generated by $R$.

Definition B.13. Given a set of spectra, $S$, the thick $\otimes$-ideal generated by $S$ consists of the smallest collection of spectra, Thick ${ }^{\otimes}(S)$, closed under finite (co)limits and retracts, such that $X \otimes s \in \operatorname{Thick}^{\otimes}(S)$ for all $s \in S$. We equip Thick ${ }^{\otimes}(S)$ with the following filtration:

- Thick $^{\otimes}(S)_{0}=\{0\} ;$
- Thick ${ }^{\otimes}(S)_{1}$ consists of retracts of spectra of the form $X \otimes s$ where $s \in S$;
- Thick ${ }^{\otimes}(S)_{n}$ consists of retracts of extensions of objects of Thick ${ }^{\otimes}(S)_{n-1}$ by objects of Thick ${ }^{\otimes}(S)_{1}$.

We will only make use of this definition in the case where $S=\{R\}$.
Remark B.14. For any $R$-module $M$, the unit map $M \rightarrow R \otimes M$ and the action map $R \otimes M \rightarrow M$ exhibit $M$ as a retract of $R \otimes M$, therefore $M \in \operatorname{Thick}^{\otimes}(R)_{1}$.

The function $f_{R}$ can then be interpreted in terms of this filtration.
Proposition B.15. ([69, Definitions 2.28 and 3.26, and Proposition 3.28]) Let

$$
I:=\operatorname{fib}(\mathbb{S} \rightarrow R)
$$

Then, the following are equivalent:
(1) $f_{R}(k) \leqslant n$;
(2) $\tau_{<k} \mathbb{S}^{0} \in$ Thick $^{\otimes}(R)_{n}$;
(3) the map $I^{\otimes n} \rightarrow \mathbb{S}^{0}$ becomes null after tensoring with $\tau_{<k} \mathbb{S}^{0}$.

Sadly, none of these conditions are particularly convenient for the proof we have in mind. In order to remedy this, we introduce two further equivalent conditions.

Proposition B.16. The list of equivalent conditions from Proposition B. 15 can be extended to include the following:
(4) $\tau_{<k} \mathbb{S}^{0}$ is a retract of an object which has a length-n resolution by connective $R$-modules;
(5) $\tau_{<k} \mathbb{S}^{0}$ is a retract of an object which has a length $-n$ resolution by connective induced $R$-modules.

Before proving Proposition B.16, we set up some notation and conventions for manipulating finite resolutions of spectra.

Definition B.17. A length- $N$ resolution of a spectrum $X_{0}$ will consist of a diagram

such that each

$$
X_{j+1} \longrightarrow X_{j} \longrightarrow F_{j}
$$

is a cofiber sequence with the convention that $X_{N-1}=F_{N-1}$. In this situation, we will say that we have a resolution of $X_{0}$ by $F_{N-1}, \ldots, F_{0}$.

Notation B.18. We will adopt the compact notation

$$
\left[F_{N}, \ldots, F_{1}, F_{0} ; X\right]
$$

to express a resolution of $X$ by $F_{N}, \ldots, F_{0}$. It is important to note that this notation suppresses much of the data of a resolution.

Warning B.19. Sometimes we will write $\left[\ldots, F_{1}, F_{0} ; X\right]$ for a resolution. Although this suggests an infinite-length resolution, in this appendix all resolutions will be finitelength and this will simply be used to avoid specifying the length of a resolution.

Remark B.20. In the length-2 case the notation $[A, B ; X]$ simply refers to a cofiber sequence

$$
A \longrightarrow X \longrightarrow B
$$

Proof of Proposition Proposition B.16. (5) $\Rightarrow$ (4) is clear.
$(4) \Rightarrow(2)$. As remarked above, every $R$-module is in Thick ${ }^{\otimes}(R)_{1}$, therefore $\tau_{<k} \mathbb{S}^{0}$ is a retract of an $n$-fold extension of elements of Thick ${ }^{\otimes}(R)_{1}$.
$(3) \Rightarrow(5)$. Consider the following length- $(n+1)$ resolution of $\mathbb{S}$ :


From it, we can produce the following length- $n$ resolution of $\operatorname{cof}\left(I^{\otimes n} \rightarrow \mathbb{S}\right)$ :


Upon tensoring with $\tau_{<k} \mathbb{S}^{0}$, we obtain a length- $n$ resolution of $\left(\tau_{<k} \mathbb{S}^{0}\right) \otimes\left(\mathbb{S} / I^{\otimes n}\right)$ by connective, induced $R$-modules. Finally, by hypothesis,

$$
\left(\tau_{<k} \mathbb{S}^{0}\right) \otimes\left(\mathbb{S} / I^{\otimes n}\right) \simeq\left(\tau_{<k} \mathbb{S}^{0}\right) \oplus\left(\tau_{<k} \mathbb{S}^{0} \otimes \Sigma I^{\otimes n}\right)
$$

Using condition (4), we reduce the proof of Theorem B. 11 to the following problem: take a resolution of $X$ by $A$-modules and produce from it the shortest possible resolution of $X$ by $B$-modules. In order to provide a simple illustration of the methods we will use in the general case, we first work the following example in detail.

Question. Suppose that a spectrum $X$ sits in a cofiber sequence $C \rightarrow X \rightarrow D$, where $C$ and $D$ are BP-modules and $C, D, X \in \mathrm{Sp}_{[0,10]}$. What is the shortest resolution of $X$ by $\mathrm{BP}\langle 1\rangle$-modules?

Strategy 1. We know that the map $\mathrm{BP} \rightarrow \mathrm{BP}\langle 1\rangle$ is an equivalence after we apply $\tau_{<6}$, therefore any BP module in $\mathrm{Sp}_{[k, k+5]}$ is automatically a $\mathrm{BP}\langle 1\rangle$ module. $\left({ }^{22}\right)$ Knowing this trick, we can break each of $C$ and $D$ into two $\mathrm{BP}\langle 1\rangle$-modules and produce a new resolution of $X$ which uses four $\mathrm{BP}\langle 1\rangle$-modules:


This is a start, but it turns out we can do better.
$\left({ }^{22}\right)$ A proof of this will appear in much greater generality in the next section.

Strategy 1. For our second approach, we will start with a slightly modified version of the first resolution we produced:


Now, we can expand this resolution into the following diagram, where each square is cartesian:


Notably, the cofiber sequence which $G$ sits in is "backwards". In fact, if we expand it a little bit

$$
\Sigma^{-1} \tau_{[6,10]} D \longrightarrow \tau_{[0,4]} C \longrightarrow G \longrightarrow \tau_{[6,10]} D
$$

we see that the attaching map must be zero for connectivity reasons, and therefore

$$
G \simeq \tau_{[0,4]} C \oplus \tau_{[6,10]} D
$$

As a direct sum of $\mathrm{BP}\langle 1\rangle$-modules, this is in fact a $\mathrm{BP}\langle 1\rangle$-module as well. Thus, we can produce the following length-3 resolution of $X$ :


Both strategies had four main steps:
(1) start with a resolution by bounded $A$-modules;
(2) construct a new resolution from the given one;
(3) count the length of the new resolution;
(4) show that the new resolution is in fact a resolution by $B$-modules.

In the proof of Theorem B.11, each of these elements will be replaced by a lemma (whose proofs we defer to the next section).

Lemma B.21. Given a resolution $\left[F_{N}, \ldots, F_{0} ; X\right]$ such that each $F_{j}$ is an $A$-module and all the $F_{j}$ are connective, there exists another resolution $\left[F_{N}^{\prime}, \ldots, F_{0}^{\prime} ; \tau_{\leqslant M-1} X\right]$ such that each $F_{j}^{\prime}$ is an $A$-module in $\mathrm{Sp}_{[0, M]}$.

Lemma B.22. Given a resolution $\left[F_{N}, \ldots, F_{0} ; X\right]$, where each $F_{j}$ lives in $\mathrm{Sp}_{[0, K]}$, we can construct another resolution

$$
\left[\ldots,\left(\bigoplus_{0 \leqslant i \leqslant j} \tau_{[(j-i) m-i,(j-i+1) m-i)} F_{i}\right), \ldots,\left(\tau_{[-1, m-1)} F_{1} \oplus \tau_{[m, 2 m)} F_{0}\right),\left(\tau_{[0, m)} F_{0}\right) ; X\right]
$$

Remark B.23. Since Lemma B. 22 is more complicated than the others, we pause here to note that, in the case where $N=0$, this lemma just produces the $m$-speed Postnikov tower for $X$. In general, the lemma takes Postnikov-type towers for each $F_{j}$ and shuffles them together. Ultimately, this is no more than a careful elaboration on the manipulations used in strategy 2 above.

Lemma B.24. The resolution produced by Lemma B. 22 has length

$$
1+N+\left\lfloor\frac{K+N}{m}\right\rfloor
$$

Lemma B.25. Given a ring map $A \rightarrow B$ which becomes an equivalence after applying $\tau_{<m}$, any $A$-module in $\mathrm{Sp}_{[a, a+m)}$ can be given the structure of a $B$-module.

Proof of Theorem B.11. Let $N+1=f_{A}(k)$. Then, by Proposition B. 16 (4), there exists a $Y$ such that the following conditions hold:
(1) $\tau_{<k} \mathbb{S}^{0}$ is a retract of $Y$;
(2) $Y$ has a resolution $\left[F_{N}, \ldots, F_{0} ; Y\right]$ by connective $A$-modules.

Next, we apply Lemma B. 21 to obtain a resolution $\left[G_{N}, \ldots, G_{0} ; \tau_{<k} Y\right]$, where each $G_{j}$ is an $A$-module in $\mathrm{Sp}_{[0, k]}$.

At this point, we apply Lemma B. 22 to $\left[G_{N}, \ldots, G_{0} ; \tau_{<k} Y\right]$ with $K=k$ and $m=m$ to obtain a new resolution $\left[\ldots, H_{1}, H_{0} ; \tau_{<k} Y\right]$. Each of the $H_{j}$ is a direct sum of finitely many terms of the form $\tau_{[a, a+m)} G_{i}$. By Lemma B.25, each of these terms is then a $B$ module, thus $H_{j}$ is a $B$-module as well. Finally, we note that $\tau_{<k} \mathbb{S}^{0}$ is a retract of $\tau_{<k} Y$, therefore, by Proposition B.16(4), $f_{B}(k)$ is bounded by the length of the resolution we have produced, and Lemma B. 24 lets us conclude that

$$
f_{B}(k) \leqslant 1+N+\left\lfloor\frac{k+N}{m}\right\rfloor .
$$

## B.3. Comparing vanishing lines (continued)

In this subsection we prove the four lemmas used in the proof of Theorem B.11. Lemmas B. 21 and B. 25 follow from standard manipulations of Postnikov towers for $R$ modules. Lemma B. 22 requires the iterated application of several simple maneuvers that modify finite resolutions. After laying out the necessary constructions, the proof is straightforward.

Lemma B.26. ([62, Proposition 7.1.1.13]) Let $U: \operatorname{LMod}_{R} \rightarrow$ Sp denote the functor which sends a left $R$-module to its underlying spectrum. Let $\operatorname{LMod} \underset{R}{\geqslant 0}\left(\right.$ resp. $\left.\operatorname{LMod}_{R}^{\leqslant 0}\right)$ denote the full subcategory of $\mathrm{LMod}_{R}$ on those left $R$-modules whose underlying spectrum is connective (coconnective). Then, $\operatorname{LMod}_{R}^{\geqslant 0}$ and $\operatorname{LMod}_{R}^{\leqslant 0}$ determine an accessible $t$ structure on $\operatorname{LMod}_{R}$ such that
(1) $U(\tau \geqslant 0 M) \simeq \tau_{\geqslant 0} U(M)$;
(2) $U\left(\tau_{\leqslant 0} M\right) \simeq \tau_{\leqslant 0} U(M)$;
(3) the natural functor $\pi_{0} U: \operatorname{LMod}_{R}^{\ominus} \rightarrow \mathrm{Sp}_{(p)}^{\ominus}$ is an equivalence. $\left({ }^{23}\right)$

Proof of Lemma B.25. It will suffice to prove the lemma in the case where $a=0$. We would like to show that the left $B$-module

$$
\tau_{<m}\left(B \otimes_{A} M\right)
$$

is equivalent to $M$. Consider the following diagram of spectra

where both rows are cofiber sequences. In order to produce a chain of equivalences

$$
\tau_{<m}\left(B \otimes_{A} M\right) \simeq \tau_{<m}\left(\tau_{<m} B \otimes_{A} M\right) \simeq \tau_{<m}\left(\tau_{<m} A \otimes_{A} M\right) \simeq \tau_{<m}\left(A \otimes_{A} M\right)
$$

it will suffice to show that $\left(\tau_{\geqslant m} B\right) \otimes_{A} M$ and $\left(\tau_{\geqslant m} A\right) \otimes_{A} M$ are $m$-connective. This follows from the fact that a relative tensor product of connective modules over a connective ring is connective.

Proof of Lemma B.21. We are given a resolution


[^12]From this, we construct the resolution


In order to finish the proof, we just need to analyze $F_{j}^{\prime}$. For $j \neq N$, we can construct the following diagram of spectra, where $Y$ and $Z$ are chosen so that each row is a cofiber sequence:


On long exact sequences of homotopy groups this diagram becomes

where $A, \pi_{M}\left(F_{j}^{\prime}\right)$, and $B$ are the kernels of the next map in the sequence. From this, we can read off that the sequence

$$
\tau_{\leqslant M} F_{j} \longrightarrow F_{j}^{\prime} \longrightarrow \tau_{\leqslant M-1} F_{j}
$$

becomes an equivalence after applying $\tau_{\leqslant M-1}$ and induces a surjection on $\pi_{M}$. In particular, this tells us that $F_{j}^{\prime} \in \mathrm{Sp}^{[0, M]}$. What remains is to show that $F_{j}^{\prime}$ is an $A$-module.

In order to do this, we recall [15, Proposition 1.3.15]: Let $\mathcal{C}$ be a triangulated category equipped with a left and right complete $t$-structure. Suppose we are given an
object $P \in \mathcal{C}$ and a quotient map $\pi_{M} P \rightarrow Q$ in $\mathcal{C}^{\complement}$. Then, there is a unique object $P^{\prime}$ equipped with a factorization

$$
\tau_{\leqslant M} P \longrightarrow P^{\prime} \longrightarrow \tau_{\leqslant M-1} P
$$

such that $P^{\prime} \in \mathcal{C} \leqslant M$ and after applying $\pi_{M}$ this sequence becomes

$$
\pi_{M}(P) \longrightarrow Q \longrightarrow 0
$$

Using the existence part of this proposition with $\mathcal{C}=\operatorname{LMod}_{R}$, we construct an $A$ module $P$. Using the properties of $U$ from Lemma B.26, we may apply the uniqueness assertion in the proposition to conclude that $U P \simeq F_{j}^{\prime}$.

In the $j=N$ case, we have $F_{N}^{\prime}:=\tau_{\leqslant M-1} F_{j}$. This objects clearly lives in $\operatorname{Sp}_{[0, M]}$ and is an $A$-module by Lemma B.26.

Before proceeding with the proof of Lemma B.22, we introduce several basic constructions which we will need in order to efficiently manipulate resolutions. The first pair of constructions (which are inverse to each other) codify the process of inserting a resolution into another resolution and extracting a piece of a resolution.

Construction B.27. (Compression) Given a resolution

$$
\left[\ldots, F_{j}, \ldots, F_{j-a}, \ldots, F_{0} ; X\right]
$$

we construct resolutions

$$
\left[\ldots, F_{j+1}, G, F_{j-a-1}, \ldots, F_{0} ; X\right] \quad \text { and } \quad\left[F_{j}, \ldots, F_{j-a} ; G\right]
$$

Proof. The desired resolution is given by


The resolution of $G$ is given by


Construction B.28. (Insertion) Given a resolution $\left[F_{n}, \ldots, F_{0} ; X\right]$ and another resolution $\left[G_{m}, \ldots, G_{0} ; F_{j}\right]$, we construct a third resolution

$$
\left[F_{n}, \ldots, F_{j+1}, G_{m}, \ldots, G_{0}, F_{j-1}, \ldots, F_{0} ; X\right]
$$

Proof. We will make our construction by induction on $m$. The $m=0$ case is trivial.
In the $m=1$ case, let $H$ denote the fiber of the composite $X_{j} \rightarrow F_{j} \rightarrow G_{0}$. Then, we obtain a natural maps $X_{j+1} \rightarrow H \rightarrow X_{j}$, and the desired resolution is given by


For the induction step, we compress $\left[G_{m}, \ldots, G_{0} ; F_{j}\right]$ into $\left[G_{m}, \ldots, G_{2}, K ; F_{j}\right]$, then we insert this new resolution into the given one, and apply insertion again, this time with $\left[G_{1}, G_{0} ; K\right]$ instead, which finishes the construction.

When appropriate connectivity hypotheses are satisfied, we can use compression and insertion to swap the order of the terms in a resolution.

Lemma B.29. (Splitting lemma) When the compression construction is applied with $a=1$, if $F_{j-1}$ is $k$-connective and $F_{j}$ is $(k-2)$-coconnective, then $G \simeq F_{j} \oplus F_{j-1}$.

Proof. The attaching map in the cofiber sequence building $G$ is zero for connectivity reasons.

Construction B.30. (Swapping) Given a resolution

$$
\left[F_{n}, \ldots F_{j}, A \oplus B, F_{j-1}, \ldots, F_{0} ; X\right]
$$

we can construct another resolution

$$
\left[F_{n}, \ldots, F_{j}, A, B, F_{j-1}, \ldots, F_{0} ; X\right]
$$

by inserting the resolution $[A, B ; A \oplus B]$ into the given one.
Finally, we have a second pair of inverse constructions where we slice off the leading object of a resolution or add a new leading term.

Construction B.31. (Slicing) Given a resolution $\left[F_{n}, \ldots, F_{0} ; X\right]$, we will construct another resolution $\left[F_{n}, \ldots, F_{1} ; X_{1}\right.$ ], where $X_{1}$ sits in a cofiber sequence $X_{1} \rightarrow X \rightarrow F_{0}$.

Proof. The desired resolution is given by

together with the cofiber sequence $X_{1} \rightarrow X \rightarrow F_{0}$.
Construction B.32. (Appending) Given a resolution $\left[F_{n}, \ldots, F_{0} ; X\right]$ and a cofiber sequence $X \rightarrow Y \rightarrow A$, we can construct another resolution $\left[F_{n}, \ldots, F_{0}, A ; Y\right]$.

Proof. The desired resolution is given by


Proof of Lemma B.22. We will prove the proposition by induction on $N$. For the base case, we replace the resolution $[X ; X]$ with

$$
\left[\ldots, \tau_{[2 m, 3 m)} X, \tau_{[m, 2 m)} X, \tau_{[0, m)} X ; X\right]
$$

which is a variant on the Postnikov resolution. For the induction step, we start by slicing and suspending the given resolution to obtain a new resolution

$$
\left[\Sigma F_{N}, \ldots, \Sigma F_{1} ; \Sigma X_{1}\right] .
$$

Next, we apply the $N-1$ case of this proposition to this resolution, obtaining

$$
\left[\cdots,\left(\bigoplus_{0 \leqslant i \leqslant j} \tau_{[(j-i) m-i,(j-i+1) m-i)}\left(\Sigma F_{i+1}\right)\right), \ldots,\left(\tau_{[0, m)}\left(\Sigma F_{1}\right)\right) ; \Sigma X_{1}\right]
$$

After desuspending this resolution and appending $X$ to the front, we obtain a resolution

$$
\left[\ldots,\left(\bigoplus_{1 \leqslant i \leqslant j} \tau_{[(j-i) m-i,(j-i+1) m-i)} F_{i}\right), \ldots,\left(\tau_{[-1, m-1)} F_{1}\right), F_{0} ; X\right] .
$$

In order to simplify notation, we will define

$$
G_{j}:=\left(\bigoplus_{1 \leqslant i \leqslant j} \tau_{[(j-i) m-i,(j-i+1) m-i)} F_{i}\right) .
$$

Now we make two observations that will let us finish the proof.
(1) We are trying to produce a resolution whose terms are $G_{j} \oplus \tau_{[j m,(j+1) m)} F_{0}$.
(2) $G_{j}$ is $(j m-2)$-coconnective.

Next, we insert the the same variant of the Postnikov resolution considered in the base case (this time applied to $F_{0}$ ). This produces the resolution

$$
\left[\ldots, G_{2}, G_{1}, \ldots, \tau_{[2 m, 3 m)} F_{0}, \tau_{[m, 2 m)} F_{0}, \tau_{[0, m)} F_{0} ; X\right] .
$$

We now apply the splitting lemma and the swap construction repeatedly, in order to move the terms $\tau_{[a m,(a+1) m)} F_{0}$ to the left until we saturate the coconnectivity from (2). This yields a resolution

$$
\left[\ldots, \tau_{[2 m, 3 m)} F_{0} \oplus G_{2}, \tau_{[m, 2 m)} F_{0} \oplus G_{1}, \tau_{[0, m)} F_{0} ; X\right]
$$

which completes the proof.
Proof of Lemma B.24. The last term in the resolution from Lemma B. 22 which contains a truncation of $F_{i}$ as a summand has $j$ such that

$$
K \in[(j-i) m-i,(j-i+1) m-i) .
$$

Thus, there are $j+1$ terms in the resolution, where $j$ is the integer such that

$$
K \in[(j-N) m-N,(j-N+1) m-N) .
$$

From this, we may conclude that

$$
j+1=1+N+\left\lfloor\frac{K+N}{m}\right\rfloor .
$$

## B.4. The proof of Theorem B. 7

For clarity of exposition, we prove the various parts of Theorem B. 7 as separate lemmas. Before proceeding, we summarize each of these parts.
(i) Theorem B. 7 (1) is a direct corollary of Theorem B.11.
(ii) Theorem B. $7(2)$ is a corollary of Theorem B.7(1) and a bound on $\Gamma(k)$ in terms of $f_{\mathrm{BP}\langle 1\rangle}(k)$, due to Davis and Mahowald [29] at $p=2$ and González [40] at odd primes.
(iii) Theorem B. $7(3)$ is a corollary of the $n=1$ case of Theorem B.7 (1) combined with Corollary B.6.
(iv) Theorem B. 7 (4) is proved in the same way as Theorem B.7 (2), except using Theorem B. 7 (3) instead of Theorem B. 7 (1).

Corollary B.33. (Theorem B.7(1))

$$
f_{\mathrm{BP}\langle n\rangle}(k) \leqslant \frac{1}{\left|v_{n+1}\right|} k+\left(1+\frac{1}{\left|v_{n+1}\right|}\right) f_{\mathrm{BP}}(k)-\frac{1}{\left|v_{n+1}\right|}=\frac{k}{\left|v_{n+1}\right|}+o(k) .
$$

Proof. Apply Theorem B. 11 to the map of $\mathbb{E}_{1}$-algebras $\mathrm{BP} \rightarrow \mathrm{BP}\langle n\rangle$, which exists by [7, Corollary 3.2]. While the statement of [7, Corollary 3.2] asks for $R$ to be an $\mathbb{E}_{\infty}$-ring spectrum, its proof only requires that $R$ be $\mathbb{E}_{2}$. The spectrum BP admits the structure of an $\mathbb{E}_{4}$-ring (and therefore $\mathbb{E}_{2}$-ring) by [11].

This corollary used only very coarse information about $\mathrm{BP}\langle n\rangle$. In fact, the same conclusions hold with $\mathrm{BP}\langle n\rangle$ replaced by $\tau_{<\left|v_{n+1}\right|} \mathrm{BP}$. We believe that the actual vanishing curve for $\mathrm{BP}\langle n\rangle$ has only a constant "error term". As such, we make the following conjecture.

Conjecture B. 34 .

$$
f_{\mathrm{BP}\langle n\rangle}(k)=\frac{k}{\left|v_{n+1}\right|}+O(1)
$$

Remark B.35. The $n=0$ case of this conjecture is essentially due to Adams and Luilevicius and appeared in the discussion following Remark B.4. For $n>0$, this conjecture is open.

In order to prove Theorem B. 7 (2), we need a technique which allows us to bound $\Gamma(k)$. This is provided by the following pair of theorems proved by Davis-Mahowald at $p=2$ and González at $p \neq 2$.

Theorem B.36. ([29, Theorem 5.1]) Let

$$
\mathbb{S}^{0}=S_{0} \stackrel{f_{1}}{\longleftarrow} S_{1} \stackrel{f_{2}}{\longleftarrow} S_{2} \stackrel{f_{3}}{\longleftarrow} \ldots
$$

denote the canonical bo-Adams resolution of $\mathbb{S}^{0}$, and suppose we are given $\alpha_{s} \in \pi_{n}\left(S_{s}\right)$ such that $\alpha_{s}$ maps to zero under the composite

$$
\pi_{n}\left(S_{s}\right) \longrightarrow \pi_{n}\left(S_{0}\right) \longrightarrow \pi_{n}\left(L_{K(1)} \mathbb{S}\right)
$$

and $\operatorname{AF}\left(\alpha_{s}\right) \geqslant \varepsilon(n, s) .\left({ }^{24}\right)$ Then, there exists an $\alpha_{s+1}$ such that $f_{s}\left(f_{s+1}\left(\alpha_{s+1}\right)\right)=f_{s}\left(\alpha_{s}\right)$ and $\operatorname{AF}\left(\alpha_{s+1}\right) \geqslant \operatorname{AF}\left(\alpha_{s}\right)-\delta(n, s)$, where the values of $\varepsilon(n, s)$ and $\delta(n, s)$ are given in the following table:

| $s$ | $\varepsilon(n, s)$ | $\delta(n, s)$ |
| :---: | :---: | :---: |
| 0 | 1 | 1 |
| 1 | $\max \left(1, v_{2}(n+1)-1\right)$ | $\max \left(1, v_{2}(n+1)-1\right)$ |
| 2 | $v_{2}(n+2)+1$ | $v_{2}(n+2)+1$ |
| $\geqslant 3$ | 2 | $\begin{cases}2, & \text { if } n+s \equiv 0,1,2,4 \bmod 8, \\ 1, & \text { if } n+s \equiv 3,5,6,7 \bmod 8\end{cases}$ |

$\left({ }^{24}\right)$ If $\alpha \in \pi_{*}(X)$, then $\mathrm{AF}(\alpha)$ denotes the $\mathrm{HF}_{p}$-Adams filtration of the class $\alpha$.

Note that $\alpha_{s}$ maps to zero in $L_{K(1)} \mathbb{S}$ automatically if $s \geqslant 2$.
Theorem B.37. ([40, Theorem 7.5]) Let

$$
\mathbb{S}^{0}=S_{0} \stackrel{f_{1}}{\longleftarrow} S_{1} \stackrel{f_{2}}{\longleftarrow} S_{2} \stackrel{f_{3}}{\longleftarrow} \ldots
$$

denote the canonical $\mathrm{BP}\langle 1\rangle$-Adams resolution of $\mathbb{S}^{0}$, and suppose we are given $\alpha_{s} \in \pi_{n}\left(S_{s}\right)$ such that $\alpha_{s}$ maps to zero under the composite

$$
\pi_{n}\left(S_{s}\right) \longrightarrow \pi_{n}\left(S_{0}\right) \longrightarrow \pi_{n}\left(L_{K(1)} \mathbb{S}\right)
$$

and $\operatorname{AF}\left(\alpha_{s}\right) \geqslant \varepsilon(n, s)$. Then, there exists an $\alpha_{s+1}$ such that $f_{s}\left(f_{s+1}\left(\alpha_{s+1}\right)\right)=f_{s}\left(\alpha_{s}\right)$ and $\operatorname{AF}\left(\alpha_{s+1}\right) \geqslant \operatorname{AF}\left(\alpha_{s}\right)-\varepsilon(n, s)$, where the values of $\varepsilon(n, s)$ are given in the following table:

| $s$ | $\varepsilon(n, s)$ |
| :---: | :---: |
| 0,1 | 1 |
| 2 | $1+\ell(n)$ |
| $\geqslant 3$ | $\left\{\begin{array}{ll\|}2, & \text { if } n+s \equiv 0 \bmod q, \\ 1, & \text { if } n+s \not \equiv 0 \bmod q\end{array}\right.$ |

Note that $\alpha_{s}$ maps to zero in $L_{K(1)} \mathbb{S}$ automatically if $s \geqslant 2$.
Corollary B.38. At $p=2$,

$$
\Gamma(k) \leqslant \frac{3}{2} g_{\mathrm{bo}}(k)+\frac{3}{2}+\ell(k)
$$

and, at $p \neq 2$,

$$
\Gamma(k) \leqslant \frac{q+1}{q} g_{\mathrm{BP}\langle 1\rangle}(k)+1-\frac{2}{q}+\ell(k) .
$$

Proof. Suppose $p=2$. Then, we can read off from Theorem B. 36 that, if $\alpha \in \pi_{k}(\mathbb{S})$ is a class which maps to zero in $L_{K(1)} \mathbb{S}$ and

$$
\begin{aligned}
\mathrm{AF}(\alpha) \geqslant 1 & +\max \left(1, v_{2}(k+1)-1\right)+\left(1+v_{2}(k+2)\right) \\
& +(N-3)+|\{(k+s) \equiv 0,1,2,4 \bmod 8: 3 \leqslant s<N\}|+1
\end{aligned}
$$

then $\alpha$ has bo-Adams filtration at least $N$. Once $N>g_{\mathrm{bo}}(k)$, we automatically have $\alpha=0$. Stated another way, we have

$$
\begin{aligned}
\Gamma(k)+1 \leqslant & 1+\max \left(1, v_{2}(n+1)-1\right)+\left(1+v_{2}(n+2)\right) \\
& +\left(g_{\mathrm{bo}}(k)-2\right)+\left|\left\{(n+s) \equiv 0,1,2,4 \bmod 8: 3 \leqslant s<\left(g_{\mathrm{bo}}(k)+1\right)\right\}\right|+1 \\
\leqslant & 3+\left(g_{\mathrm{bo}}(k)-2\right)+\frac{1}{2}\left(g_{\mathrm{bo}}(k)-2\right)+\frac{5}{2}+ \begin{cases}v_{2}(n+1), & \text { if } n \text { is odd } \\
v_{2}(n+2), \quad \text { if } n \text { is even }\end{cases} \\
\leqslant & \frac{3}{2} g_{\mathrm{bo}}(k)+\frac{5}{2}+\ell(k) .
\end{aligned}
$$

Suppose $p \neq 2$. Then, we can read off from Theorem B. 37 that, if $\alpha \in \pi_{k}(\mathbb{S})$ is a class which maps to zero in $L_{K(1)} \mathbb{S}$ and

$$
\mathrm{AF}(\alpha) \geqslant 3+\ell(k)+(N-3)+|\{(k+s) \equiv 0 \bmod q: 3 \leqslant s<N\}|
$$

then $\alpha$ has $\mathrm{BP}\langle 1\rangle$-Adams filtration at least $N$. Once $N>g_{\mathrm{BP}\langle 1\rangle}(k)$, we automatically have $\alpha=0$. Stated another way, we have

$$
\begin{aligned}
\Gamma(k)+1 & \leqslant 3+\ell(k)+\left(g_{\mathrm{BP}\langle 1\rangle}(k)-2\right)+\left|\left\{(k+s) \equiv 0 \bmod q: 3 \leqslant s<\left(g_{\mathrm{BP}\langle 1\rangle}(k)+1\right)\right\}\right| \\
& \leqslant 1+\ell(k)+g_{\mathrm{BP}\langle 1\rangle}(k)+\frac{1}{q}\left(g_{\mathrm{BP}\langle 1\rangle}(k)-2\right)+1 \\
& \leqslant 2-\frac{2}{q}+\ell(k)+\frac{q+1}{q} g_{\mathrm{BP}\langle 1\rangle}(k) .
\end{aligned}
$$

Corollary B.39. (Theorem B. 7 (2)) At $p=2$,

$$
\Gamma(k) \leqslant \frac{1}{4} k+\frac{7}{4} f_{\mathrm{BP}}(k+1)+\ell(k),
$$

and, at $p \neq 2$,

$$
\Gamma(k) \leqslant \frac{q+1}{q\left|v_{2}\right|} k+\frac{(q+1)\left(\left|v_{2}\right|+1\right)}{q\left|v_{2}\right|} f_{\mathrm{BP}}(k+1)-\frac{3}{q}+\ell(k) .
$$

Proof. At $p=2$, using Corollary B.38, Remark B.4, and Theorems B. 11 and B. 7 (1), we obtain

$$
\begin{aligned}
\Gamma(k) & \leqslant \frac{3}{2} g_{\mathrm{bo}}(k)+\frac{3}{2}+\ell(k) \\
& \leqslant \frac{3}{2}\left(f_{\mathrm{bo}}(k+1)-1\right)+\frac{3}{2}+\ell(k) \\
& \leqslant \frac{3}{2} f_{\mathrm{BP}\langle 1\rangle}(k+1)+\ell(k) \\
& \leqslant \frac{3}{2}\left(\frac{1}{6}(k+1)+\frac{7}{6} f_{\mathrm{BP}}(k+1)-\frac{1}{6}\right)+\ell(k) \\
& \leqslant \frac{1}{4} k+\frac{7}{4} f_{\mathrm{BP}}(k+1)+\ell(k)
\end{aligned}
$$

At $p \neq 2$, using Corollary B. 38 , Remark B.4, and Theorem B. 7 (1), we obtain

$$
\begin{aligned}
\Gamma(k) & \leqslant \frac{q+1}{q} g_{\mathrm{BP}\langle 1\rangle}(k)+1-\frac{2}{q}+\ell(k) \\
& \leqslant \frac{q+1}{q}\left(f_{\mathrm{BP}\langle 1\rangle}(k+1)-1\right)+1-\frac{2}{q}+\ell(k) \\
& \leqslant \frac{q+1}{q}\left(\frac{1}{\left|v_{2}\right|}(k+1)+\frac{\left|v_{2}\right|+1}{\left|v_{2}\right|} f_{\mathrm{BP}}(k+1)-\frac{1}{\left|v_{2}\right|}\right)-\frac{3}{q}+\ell(k) \\
& \leqslant \frac{q+1}{q\left|v_{2}\right|} k+\frac{(q+1)\left(\left|v_{2}\right|+1\right)}{q\left|v_{2}\right|} f_{\mathrm{BP}}(k+1)-\frac{3}{q}+\ell(k) .
\end{aligned}
$$

Corollary B.40. (Theorem B. 7 (3)) For each odd prime p,

$$
f_{\mathrm{BP}\langle 1\rangle}(k) \leqslant \frac{p+2}{2\left(p^{3}-p-1\right)} k+2 p^{2}-4 p+11
$$

Proof. We specialize Corollary B. 33 to the $n=1$ case and plug in the bound on $f_{\mathrm{BP}}$ obtained in Corollary B.6:

$$
\begin{aligned}
f_{\mathrm{BP}\langle 1\rangle}(k) & \leqslant \frac{1}{\left|v_{2}\right|} k+\frac{1+\left|v_{2}\right|}{\left|v_{2}\right|} f_{\mathrm{BP}}(k)-\frac{1}{\left|v_{2}\right|} \\
& \leqslant \frac{1}{\left|v_{2}\right|} k+\frac{1+\left|v_{2}\right|}{\left|v_{2}\right|}\left(\frac{1}{p^{3}-p-1} k+2 p^{2}-4 p+10-\frac{2 p^{2}+2 p-9}{p^{3}-p-1}\right)-\frac{1}{\left|v_{2}\right|} \\
& \leqslant \frac{p+2}{2\left(p^{3}-p-1\right)} k+2 p^{2}-4 p+11-\frac{2 p-6}{p^{2}-1}-\frac{\left(2 p^{2}+2 p-9\right)\left(2 p^{2}-1\right)}{\left(2 p^{2}-2\right)\left(p^{3}-p-1\right)} \\
& <\frac{p+2}{2\left(p^{3}-p-1\right)} k+2 p^{2}-4 p+11
\end{aligned}
$$

Corollary B.41. (Theorem B. 7 (4)) For $p=3$,

$$
\Gamma(k) \leqslant \frac{25}{184} k+19+\frac{1133}{1472}+\ell(k)
$$

and, for $p \geqslant 5$,

$$
\Gamma(k) \leqslant \frac{(2 p-1)(p+2)}{4(p-1)\left(p^{3}-p-1\right)} k+2 p^{2}-3 p+11+\ell(k) .
$$

Proof. In the proof of Theorem B.7 (2) we obtained

$$
\Gamma(k) \leqslant \frac{q+1}{q}\left(f_{\mathrm{BP}\langle 1\rangle}(k+1)-1\right)+1-\frac{2}{q}+\ell(k)
$$

for each odd prime. Using the intermediate bound on $f_{\mathrm{BP}\langle 1\rangle}(k)$ from equation (B.1), we obtain a bound on $\Gamma(k)$ which simplifies to

$$
\Gamma(k) \leqslant \frac{(2 p-1)(p+2)}{4(p-1)\left(p^{3}-p-1\right)} k+2 p^{2}-3 p+10+\frac{-4 p^{5}+26 p^{4}+19 p^{3}-52 p^{2}-27 p+35}{(2 p-2)\left(2 p^{2}-2\right)\left(p^{3}-p-1\right)}+\ell(k)
$$

For all $p \geqslant 5$, the second to last term is less than 1 .

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[^0]:    ${ }^{2}$ ) The statement of Theorem B. 7 (4) in Appendix B contains a term depending on a function $\ell(k)$, but this function vanishes by definition when $k=8 n-1$.

[^1]:    $\left({ }^{3}\right)$ The condition that a cofiber sequence become short exact on $E$-homology is exactly the condition under which there is a long exact sequence on the level of Adams $\mathrm{E}_{2}$-pages.

[^2]:    $\left.{ }^{4}\right)$ While [77, Lemma 4.43] as written does not state that $E$ needs to be homotopy commutative, this hypothesis is necessary: we refer the reader to Lemma 4.44 in the second arXiv version of [77].

[^3]:    ( ${ }^{7}$ ) Indeed, an argument of Hopkins and Smith shows that the Devinatz-Hopkins-Smith nilpotence theorem is equivalent to the following statement: given any positive slope $\varepsilon>0$, the Adams-Novikov spectral sequence for $\mathbb{S}^{0}$ admits a vanishing line of slope $\varepsilon$ at some finite page (see [69, Theorem 3.30] for a published account of this argument). By Proposition 11.6, this is equivalent to saying that $\nu_{\mathrm{BP}} \mathbb{S}^{0}$ has a finite-page vanishing line of slope $\varepsilon$ for every positive $\varepsilon$.

[^4]:    $\left(^{8}\right)$ For the notion of a modified Adams spectral sequence, see $[13, \S 3]$.

[^5]:    $\left.{ }^{(11}\right)$ One could equally well phrase things in terms of the $\nu \mathrm{HF}_{2}$-based Adams spectral sequence in BP-synthetic spectra.

[^6]:    $\left({ }^{12}\right)$ Note that under this collapse assumption, strong convergence is implied by conditional convergence.

[^7]:    $\left({ }^{13}\right)$ A finite spectrum $X$ is said to be of type 1 if $\mathrm{H}_{*}(X ; \mathbb{Q})=0$ and $K(1)_{*}(X) \neq 0$.

[^8]:    $\left({ }^{15}\right)$ See [89, Proposition 5.6] for a version at odd primes.

[^9]:    $\left({ }^{16}\right)$ Our grading choices do not agree with the usual conventions for Adams spectral sequences. However, we prefer them because each of the indices has a clear interpretation: $k$ is the topological degree, $w$ is the weight, and $s$ is the filtration.

[^10]:    (17) The results of this appendix remain true if we replace $\operatorname{Alg}(S p)$ with the full subcategory of $\operatorname{Alg}^{\mathbb{E}_{0}}(\mathrm{Sp})$ on those objects that admit an $\mathbb{A}_{2}$ structure. We opt to work in less generality for convenience, and so that we can avoid reproving many statements from [69].
    ${ }^{(18)}$ This convention ensures that the Adams spectral sequence based on $R$ converges for every connective $p$-local spectrum.

[^11]:    $\left.{ }^{19}\right)$ Our function $g_{\mathrm{BP}}$ is equal to the function $g$ defined by Hopkins in [46].
    $\left({ }^{20}\right)$ Definition 7.3 is equivalent to the definition given here, by our knowledge of the homotopy of the $K(1)$-local sphere.
    $\left({ }^{21}\right)$ See [69, Theorem 3.30] for a published account of this argument.

[^12]:    $\left(^{23}\right)$ Recall that, by convention, $\pi_{0} R \cong \mathbb{Z}_{(p)}$.

