

**AN ISOPERIMETRIC INEQUALITY
AND THE GEOMETRIC SOBOLEV
EMBEDDING FOR VECTOR FIELDS**

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1. Introduction

The classical embedding theorem of Sobolev $W^{1,p}(\mathbb{R}^n) \hookrightarrow L^q(\mathbb{R}^n)$ was originally proved in the case $1 < p < n$, with $q = \frac{np}{n-p}$. It was only in the late fifties that by means of an elegant integral inequality Gagliardo and Nirenberg were independently able to obtain the limiting case $p = 1$ and prove that: (*) $W^{1,1}(\mathbb{R}^n) \hookrightarrow L^{\frac{n}{n-1}}(\mathbb{R}^n)$ (see, e.g., [S]). Meanwhile, in his fundamental work [DG] De Giorgi introduced the notion of total variation of an L^1 distribution and laid down his theory of generalized perimeters. Soon after, Fleming and Rishel [FR] gave a beautiful geometric new proof of (*) based on Federer's co-area formula and the celebrated isoperimetric inequality: (**) $P(E) \geq c_n |E|^{\frac{n-1}{n}}$, where $P(E)$ denotes the perimeter according to De Giorgi and $c_n = n\Gamma(\frac{1}{2})\Gamma(\frac{n}{2} + 1)^{-\frac{1}{n}}$. It turns out that, in fact, (*) is equivalent to (**), see e.g. [T].

The purpose of this note is to announce an optimal embedding theorem similar to (*) for the Sobolev spaces associated to some general families of vector fields satisfying certain geometric conditions. A priori, we do not need to require C^∞ smoothness of the vector fields. To keep some unity of presentation, however, we have confined our discussion to the case of C^∞ vector fields satisfying Hörmander's condition on the Lie algebra [H]. For instance, operators of Baouendi–Grushin type

$$\mathcal{L}_\alpha = \Delta_z + |z|^{2\alpha} \Delta_t, \quad z \in \mathbb{R}^n, \quad t \in \mathbb{R}^m, \quad \alpha > 0,$$

are a typical example of non-Hörmander type operators to which our results apply.

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In our general setting, the idea of Gagliardo and Nirenberg does not apply. Instead, we have proved a notable isoperimetric inequality (Theorem 5) whose dimensional optimality is easily tested in the case of nilpotent homogeneous Lie groups. We mention that, in the special context of the Heisenberg group $\mathbb{H}^1 \simeq \mathbb{C} \times \mathbb{R}$, Pansu [P] had proved an isoperimetric inequality. His method, however, is different from ours. Our approach departs slightly from the classical one in that we infer the isoperimetric inequality from a weak version of the Sobolev embedding (Theorem 2). Then, we use it to prove the strong embedding (Theorem 1). The latter, in turn, implies the isoperimetric inequality, thus closing the circle. As it is well known the case $p = 1$ of the Sobolev embedding is the strongest result of its category, in the sense that, from it, the case $p > 1$ with optimal exponents can be trivially obtained.

A distinctive aspect of our approach is that the geometric Sobolev embedding (Theorem 1) is deduced from two rather general facts: (I) The doubling condition (2.1) for the balls in the Carnot–Carathéodory metric associated to the vector fields; (II) The possibility of representing compactly supported functions in a ball, in terms of a metric fractional integral involving the (degenerate) gradient associated to the fields, see (2.3). We mention that interpolation is never used in the course of the proofs.

2. Statements of the Results

Let X_1, \dots, X_m be C^∞ vector fields in \mathbb{R}^n satisfying Hörmander’s condition for hypoellipticity [H]: $\text{rank Lie}[X_1, \dots, X_m] = n$ at every point. The Carnot–Carathéodory distance associated to (X_1, \dots, X_m) is defined by $d(x, y) = \inf\{T > 0 \mid \text{There exists a sub-unitary curve } \gamma : [0, T] \rightarrow \mathbb{R}^n \text{ such that } \gamma(0) = x, \gamma(T) = y\}$. We recall that a piecewise C^1 curve $\gamma : [0, T] \rightarrow \mathbb{R}^n$ is called sub-unitary if for every $\xi \in \mathbb{R}^n$ and $t \in (0, T)$ for which $\gamma'(t)$ is defined one has: $\langle \gamma'(t), \xi \rangle^2 \leq \sum_{j=1}^m \langle X_j(\gamma(t)), \xi \rangle^2$. Denote by $B(x, R) = \{y \in \mathbb{R}^n \mid d(x, y) < R\}$. A fundamental consequence of the works [FP] and [NSW] is the following: *Given a bounded set $U \subset \mathbb{R}^n$ there exist $C_1 > 0$ and $R_0 > 0$ such that for any $x \in U$, $0 < R \leq R_0$*

$$(2.1) \quad |B(x, 2R)| \leq C_1 |B(x, R)|.$$

An immediate corollary of (2.1) is the existence of a number $Q > 0$ such that: *For any $x \in U$, $0 < R \leq R_0$ and $0 < t < 1$*

$$(2.2) \quad |B(x, R)| \leq C_1 t^{-Q} |B(x, tR)|.$$

We note that $Q = \frac{\log C_1}{\log 2}$, with C_1 as in (2.1), so that in the case of a nilpotent, homogeneous Lie group, the number Q in (2.2) is constant

throughout the group and is, in fact, the homogeneous dimension of the group, see [FS]. For this reason we call the number Q in (2.2) the *local homogeneous dimension* (of the vector fields X_1, \dots, X_m) relative to U . In what follows for a function u denote by $Xu = (X_1u, \dots, X_mu)$ its so-called subelliptic gradient. For $1 \leq p < \infty$ consider the functional

$$J_{p,\Omega}(u) = \int_{\Omega} |Xu|^p dx = \int_{\Omega} \left[\sum_{j=1}^m (X_ju)^2 \right]^{\frac{p}{2}} dx,$$

where $\Omega \subset \mathbb{R}^n$ is an open set. We define $\mathring{S}^{1,p}(\Omega)$ to be the completion of $C_0^1(\Omega)$ in the norm $\|u\|_{\mathring{S}^{1,p}(\Omega)} = [J_{p,\Omega}(u) + \|u\|_{L^p(\Omega)}^p]^{1/p}$.

The main result in this note is the following:

Theorem 1. *Let $U \subset \mathbb{R}^n$ be a bounded set and Q be the local homogeneous dimension relative to U . There exist $C_2 > 0$ and $R_0 > 0$ such that for any $x \in U$, $B_R = B(x, R)$, with $0 < R \leq R_0$, and every $u \in \mathring{S}^{1,1}(B_R)$ one has*

$$\left(\frac{1}{|B_R|} \int_{B_R} |u|^k dx \right)^{\frac{1}{k}} \leq C_2 R \left(\frac{1}{|B_R|} \int_{B_R} |Xu| dx \right),$$

where $1 \leq k \leq \frac{Q}{Q-1}$.

Remark. The exponent $\frac{Q}{Q-1}$ in the left-hand side of the above inequality is optimal. This can be easily tested in the case of nilpotent homogeneous Lie groups.

Our strategy to prove Theorem 1 is based on the following weak form of the latter.

Theorem 2. *Let $U \in \mathbb{R}^n$ be a bounded set and Q be the local homogeneous dimension relative to it. There exist $C > 0$ and $R_0 > 0$ such that for any $x \in U$, $B_R = B(x, R)$, with $0 < R \leq R_0$, and every Lipschitz function u compactly supported in B_R one has*

$$\left| \{x \in B_R \mid |u(x)| > \lambda\} \right| \leq \frac{C}{\lambda^q} R^q |B_R|^{1-q} \|Xu\|_{L^1(B_R)}^q$$

for any $\lambda > 0$. Here $q = \frac{Q}{Q-1}$.

The proof of Theorem 2 is only based on the following two ingredients:

- (I) The size estimate (2.1) of the metric balls $B(x, R)$.
- (II) A notable representation formula for any Lipschitz function u compactly supported in $B(x, R)$, see [D], [CDG]. This formula reads

$$(2.3) \quad |u(y)| \leq CI_1(|Xu|)(y), \quad y \in B(x, R).$$

Here, for every $0 < \alpha < Q$, I_α is the metric fractional integration operator

$$I_\alpha f(y) = \int_{B(x,R)} |f(\xi)| \frac{d(y, \xi)^\alpha}{|B(y, d(y, \xi))|} d\xi, \quad y \in B(x, R).$$

At this point we introduce a suitable generalization of the notion of total variation due to De Giorgi [DG], see also [FR].

Definition 3. Let $u \in L^1(\Omega)$. We define the X -variation of u in Ω as

$$\text{Var}_X(u; \Omega) = \sup_{\varphi \in \mathcal{F}} \int_{\Omega} u \sum_{j=1}^m X_j^* \varphi_j \, dx,$$

where X_j^* denotes the formal adjoint of the vector field X_j and \mathcal{F} denotes the class of all functions $\varphi = (\varphi_1, \dots, \varphi_m) \in C_0^1(\Omega)^m$ such that $\|\varphi\|_\infty = \sup_{x \in \Omega} (\sum_{j=1}^m |\varphi_j(x)|^2)^{\frac{1}{2}} \leq 1$.

Definition 4. Let E be a bounded measurable set in \mathbb{R}^n . The X -perimeter of E with respect to Ω is defined as $\text{Var}_X(\chi_E; \Omega)$, where χ_E is the characteristic function of E .

We will denote by $P_X(E; \Omega)$ the X -perimeter of E with respect to Ω .

Remark. Suppose that E is a bounded open set in \mathbb{R}^n with C^1 boundary. Then one has

$$P_X(E; \Omega) = \int_{\partial E \cap \Omega} \left[\sum_{j=1}^m \langle X_j, \eta \rangle^2 \right]^{\frac{1}{2}} dH_{n-1},$$

where η indicates the outward unit normal to ∂E and dH_{n-1} the $(n - 1)$ -dimensional Hausdorff measure in \mathbb{R}^n .

Applying Theorem 2 and the previous remark we obtain the following remarkable

Theorem 5. (Sub-elliptic isoperimetric inequality.) Let $U \subset \mathbb{R}^n$ be a bounded set and Q be the local homogeneous dimension relative to U . There exist constants $C > 0$ and $R_0 > 0$ such that for any $x \in U$ and $B_R = B(x, R)$, with $0 < R \leq R_0$, and for every C^1 open subset $E \subset\subset B_R$, one has

$$|E|^{\frac{Q-1}{Q}} \leq C \frac{R}{|B_R|^{1/Q}} P_X(E; B_R).$$

It is worth observing that, because of (2.2), the product $R|B_R|^{-\frac{1}{Q}}$ is bounded uniformly by a constant which is independent of $x \in U$ and $R \leq R_0$.

With Theorem 5 in hand we can prove Theorem 1 following a classical argument (see [FR]), after having observed that

$$\int_{B_R} |Xu| dx = \int_0^\infty P_X(E_t; B_R) dt,$$

with $E_t = \{x \in B_R | u(x) > t\}$, $u \in C_0^1(B_R)$, $u \geq 0$.

We close by remarking that the results of this note hold for any family of vector fields on \mathbb{R}^n (or more generally on a connected manifold M^n) for which a natural distance can be defined which generates a structure of space of homogeneous type, see [CW]. And for which, furthermore, a representation formula such as (2.3) above holds. Now, (2.1) and (2.3) can be proved for wide classes of families of vector fields under minimal smoothness assumptions on the coefficients.

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